6D. AUTUMN FASHION NUMBER. 6D.

Myra's Journal

With which is Incorporated Myra's Threepenny Journal & Children's Bazaar

VOL. XXI. No. 10. Price Sixpence. OCTOBER, 1895.

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CALFMAN'S ROSE and JESSAMINE FOR THE COMPLEXION and SKIN.

It frequently happens, either from natural or accidental causes, such for instance as the scorching sunbeam of summer, or the harsh bleak winds of winter, that ladies find the appearance of the arms, face, and neck far from what they would desire, being rough and red; indicating a condition little in accordance with that exquisite tint of flesh which is, *par excellence*, the distinguishing mark of the *beau monde*.

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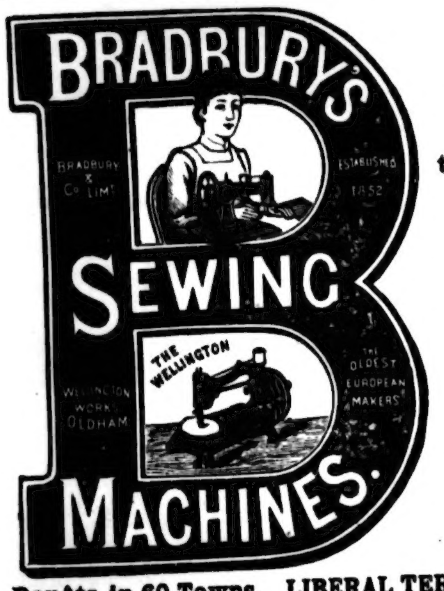

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Oriental (Smyrna) Rugs

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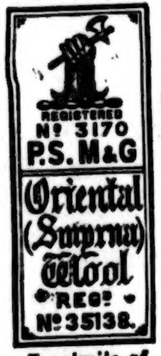

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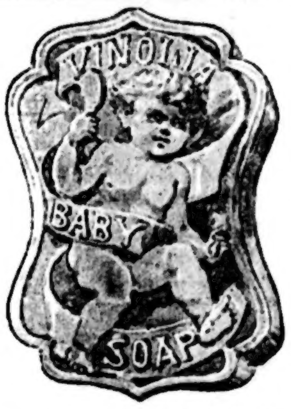

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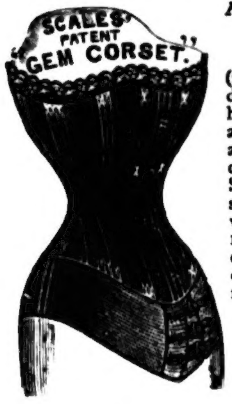
WITH ELASTIC ABDOMINAL BELT COMBINED.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FOR ITCHING, FACE SPOTS, &c.

A PLASTIC EMOLLIENT CREAM
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FOR ITCHING, FACE SPOTS, &c.

FOR THE SKIN IN HEALTH AND DISEASE.

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1/1½ and 1/9 per Box.

FOR REDNESS, ROUGHNESS, TOILET, &c.

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Soothing. Soluble. Safe.

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In White, Pink, and Cream Tints.

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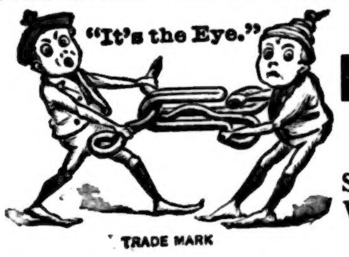

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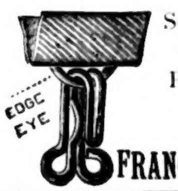

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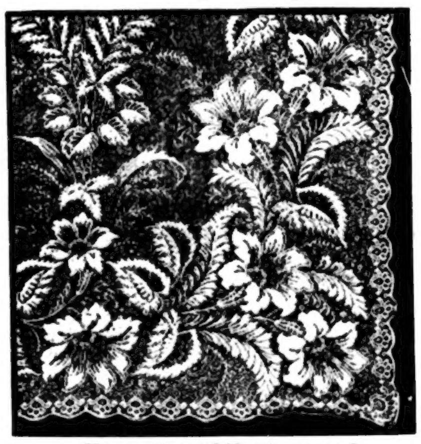

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"SIX YARDS" Butter coloured Lace Insertion, 20 yards good Lace, 1 spotted Fall, 1 Lace Collarette, 1 Lace Handkerchief, 1 bunch Beads, 1s. 6d., carriage paid; samples of Laces free.

WM. COTTON, Weekday Cross, NOTTINGHAM.
Established 50 Years.

STARTLED BY FALLING CINDERS

To sit by the fire on a winter day; to fix the eyes dreamily on the glowing coals; to feel the genial warmth; to watch the smoke, punctuated with sparks, go wandering off up the chimney's throat; to do this in health and with no sense of wasted time, is a bit of heaven for a man with an imagination and a wholesome capacity for solitude. Every sound of nature, or natural human movement, serves but to intensify the restfulness of the situation. And then, when it becomes monotonous, you (a person full of latent life) can shake off the reverie and become active in an instant.

Ay, that is a pleasant thing; but our good friend Mrs. Wall looked at a similar assemblage of circumstances from a very different point of view. To her there was nothing soothing, or even agreeable, in them. When she sat gazing at the fire she felt like one who expects to hear the "death watch" in the woodwork or a fateful messenger at the door. "*A cinder falling on the fender would startle me*," she says. Still it was all due to morbid fancies; she had no enemies to fear; a healthy woman might have laughed at her. I say a healthy woman, merely; not a good and sensible one, for Mrs. Wall was entitled to the sympathy of all who know what illness means, when body and mind are rent and torn like a silken banner in a tempest.

"To make you understand my case," writes the lady, "I shall have to turn back twenty years, to the spring of 1875. It was then I began to feel weak and ailing. I was strangely languid and tired, and everything was a trouble and a burden to me. I had a bad taste in the mouth, a poor appetite, and after partaking of food I had a horrible pain at my chest and back, and also a cutting pain under the shoulder-blades.

"There was, too, a constant pain in my stomach, with a burning heat. For days and days I never tasted any proper food—living on soda water and milk. I was much troubled with constipation, and had difficulty in voiding my secretions. Later on a hacking cough set in which shook and racked me terribly. I had night sweats so bad that my linen was completely saturated with them.

"At night I got little sleep as a rule and sometimes none at all. And when I did fall asleep I was so haunted and tormented with horrible dreams that I was afraid to close my eyes through sheer dread of them.

"As time dragged wearily by the disease obtained a deeper hold upon me and, as you will suppose, I became more and more feeble and emaciated. There were occasions on which I was confined to my bed for weeks together. And yet I struggled against my complaint as best I could, having a large family to look after.

"I consulted doctor after doctor and took many kinds of medicines, but none of them seemed to have power to check the ailment that was wearing away my strength and my life. All the doctors said I was in a consumption, and one doctor in Sheffield *said that my left lung was entirely gone*. What I suffered during those long years is simply past description. I have no words to give you any proper idea of it. I was often in such agony that I feared I should go out of my mind.

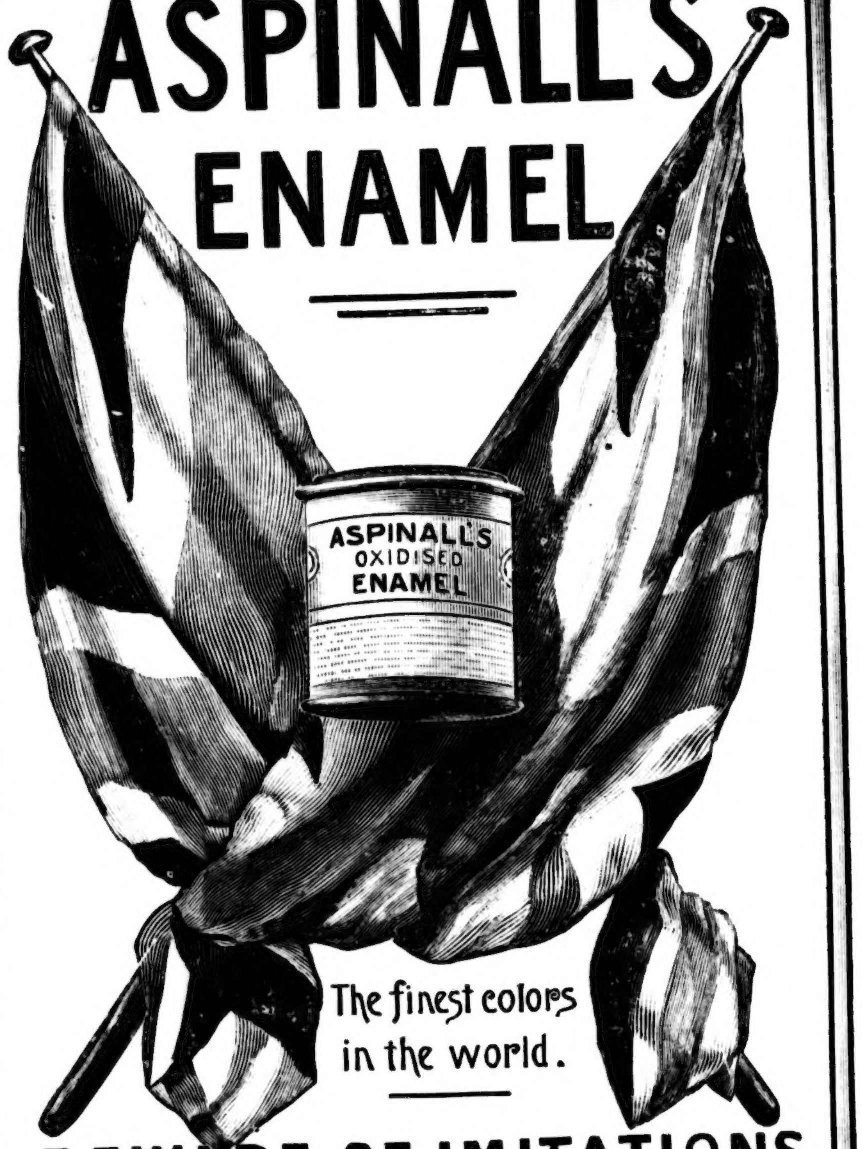
"I was so dejected, low, miserable and nervous that I could not bear the least noise. *As I sat by the fire even a cinder falling on the fender would startle me*. I was so sensitive and irritable that it was a misery to be living.

"Without taxing you with further details I will merely say that after I had suffered in this manner for *over fourteen years*, one day in October, 1889, a book was left at my house in which I read of cases like mine having been cured by Mother Seigel's Curative Syrup. Faintly hoping that this medicine might at least give me some relief I got a bottle from Mr. Greenhow, chemist, Aire Street, Knottingsley; and in a few days I was able to take light food without pain, and my spirits revived. I continued with the medicine, and it wasn't long before any solid food agreed with me. I now gained strength rapidly, and by-and-by the cough and nervousness left me. Since then I have enjoyed good health, taking an occasional dose of Mother Seigel's Syrup when I feel temporarily out of sorts, as any one will. I tell everybody—what I am convinced is true—that the Syrup saved my life; and I am willing that you should publish the facts as I have thus hastily stated them. (Signed) B. M. Wall, grocer and provision dealer, Lower Aire Street, Knottingsley, Yorkshire, April 17th, 1895."

No words of mine are needed to impress such a case as this upon the reader's attention. The only regret is that it cannot be read and known as widely as human suffering is spread abroad through the world. However, let us bear strongly upon the fact of the erroneous treatment which so long retarded Mrs. Wall's recovery and permitted so vast an amount of uncalled-for suffering. She had *no consumption*; she had *not* lost one of her lungs; nothing whatever ailed her respiratory organs. She was a victim of indigestion, or chronic inflammatory dyspepsia; and the symptoms, which so closely resemble those of consumption, most unhappily deceived and misled her doctors. Her final and rapid recovery was due to the fact that at last she providentially used a medicine (Mother Seigel's Syrup) which is adapted to *the disease she really had*—the dreadful and yet curable malady, dyspepsia.

And now the thrilling question is, how many thousands of others are there who are slowly dying, through years of misery, of a complaint which Mother Seigel's Syrup always cures—often in a fleeting month? We may be sure at all events, that Mrs. Wall, as she sits thinking by the fire, no longer starts in alarm at the falling cinders.

ASPINALL'S
ENAMEL



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BEWARE OF IMITATIONS.

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ALBION MILK AND SULPHUR SOAP
LUXURY IN THE BATH
PURE AND PLEASANT
UNEQUALLED FOR THE COMPLEXION
INVALUABLE FOR CHILDREN
NEVER IRRITATES THE SKIN
DELICATELY PERFUMED.

LADY CONSTANCE HOWARD
WRITES:
"I like the Soap very much, it is pleasant to use and softens and whitens the skin."

LADY DOROTHY NEVILL
WRITES:
"I find the Soap very pleasant, and like it very much."

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FOR LADIES' AND CHILDREN'S BOOTS AND SHOES, TRAVELLING BAGS, ETC.
HIGHEST AWARD WHEREVER EXHIBITED.
Latest, Paris Exhibition, 1889.

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MAGIC BRONZE
Gives to old Boots and Shoes, Ornaments, &c., the appearance of New.

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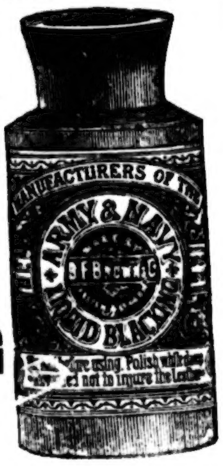
For Brown and Russian Leather Boots and Shoes.



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Gives a Brilliant Jet Black Polish Quickly.

SOLD EVERYWHERE.

SLEEP AND REST

Are out of the question with Eczema.
It is an agony of agonies.
A torture of tortures.
It is an itching and burning of the skin almost beyond endurance.
It is thousands of pin-headed vesicles, filled with an acrid fluid, ever forming, ever bursting, ever flowing upon the raw, excoriated skin.
No part of the human skin is exempt.
It tortures, disfigures, humiliates more than all other skin diseases.
Tender babies are among its most numerous victims.
They are often born with it.
Most remedies and the best physicians generally fail even to relieve.
If CUTICURA did no more than cure Eczema, it would be entitled to the gratitude of mankind.
It not only cures but
A single application is often sufficient to afford instant relief, permit rest and sleep, and point to a speedy cure.
CUTICURA works wonders because it is the most wonderful skin cure of modern times.

Sold throughout the world.
Price, CUTICURA, 2*s*. 3*d*.; SOAP, 1*s*.; RESOLVENT, 2*s*. 3*d*. F. Newbery & Sons, 1, King Edward-st., London, E. C.
"All about the Skin, Scalp, and Blood," free.

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Use CUTICURA SOAP

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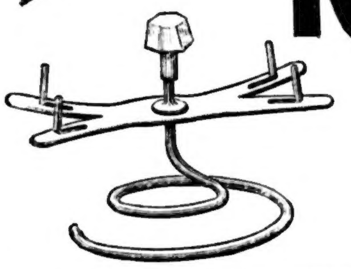

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PERFECT FASTENER.
HAT PINS
ENTIRELY DISCARDED.
PERFECT SECURITY
IN ANY STORM.

Simple in action. Cannot injure the head. Does not drag or injure the hair, as is usual with the *rake* or *comb* class of hat grip. No Stitching required. Fixed permanently in less time than it takes to thread a needle, consequently always at hand. *No searching for pins.* Without consent of the wearer, it is utterly impossible to remove a hat fixed by it. Will last a lifetime. To be obtained of all Drapers, **6½d.** each, to suit any hat.

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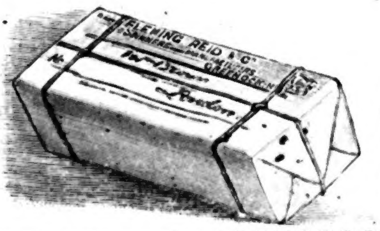

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VOL. XXI.—No. 10. OCTOBER 1, 1895.

MYRA'S JOURNAL

THE LADY'S MONTHLY MAGAZINE

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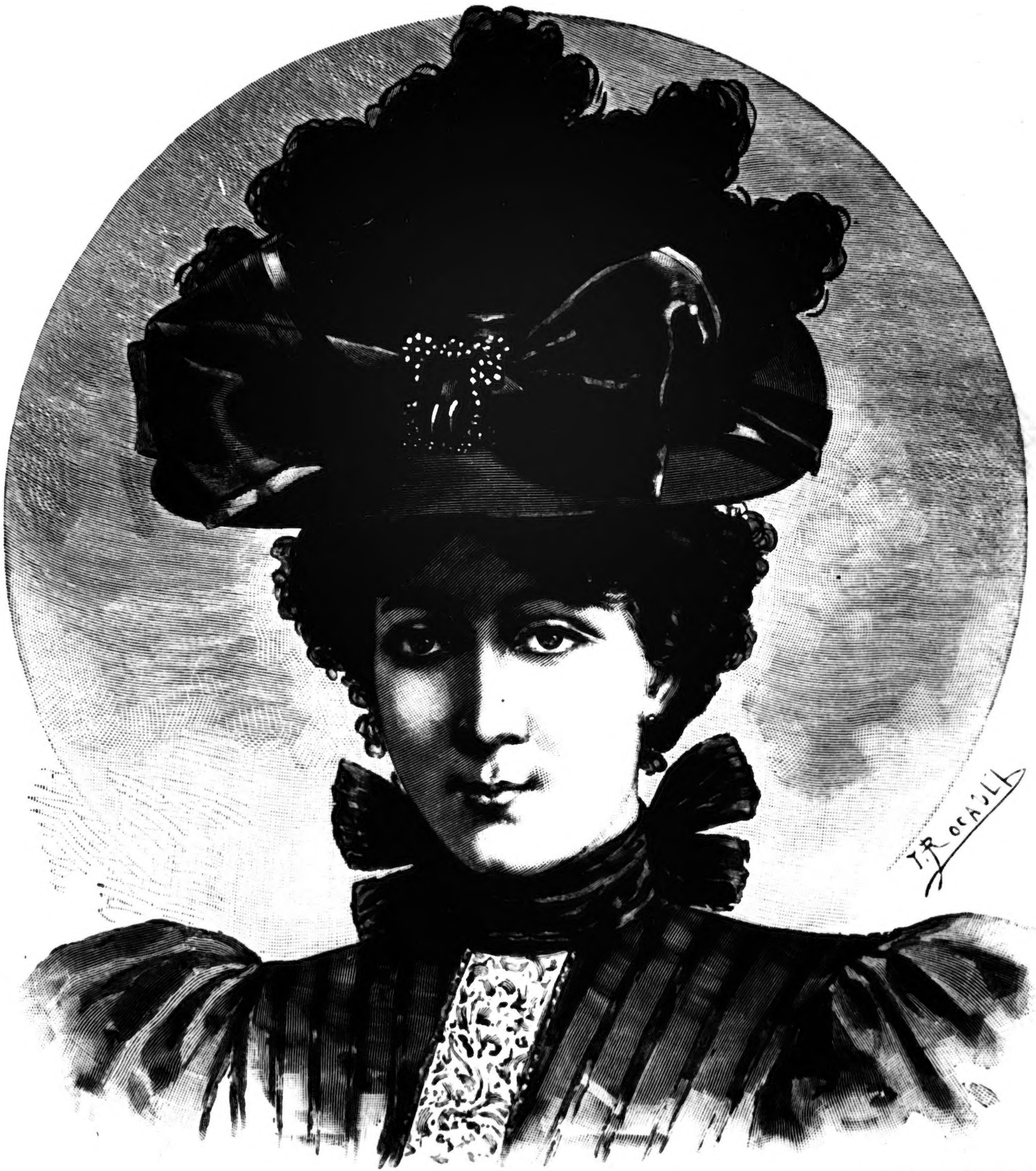


Black Felt Hat Trimmed with a Large Bow of Black Gauze Ribbon with Raised Border Passed Through a Paste Buckle, and a Plume of Five Black Feathers.

FROM OURSELVES TO OUR READERS.

WE hardly think it necessary to remind our readers that our great object is to make MYRA'S JOURNAL thoroughly and practically useful to all those who from choice or economy, or because it is their profession, are more or less engaged in dressmaking. We are already giving an immense variety of illustrations of fashions for all classes and purposes, and we, with some show of reason, flatter ourselves that we present these in a high style of drawing and printing that renders it easy for the trained eye to take in the details of the costume and copy it accurately. But, as some of our readers are beginners in the difficult but necessary art of dressmaking, we purpose in future, whenever it appears likely to be desirable or necessary, as in the case of a novelty in sleeve-cutting, skirt-mounting, or so on, to give detailed descriptions of such models, so that, with the help of our carefully cut and cheap paper patterns, the most inexperienced amateur *couturières* may safely attack a complicated costume without fear as to the final result of their efforts. Detailed practical descriptions of many of the newest and most useful dresses in this number will be found on pages 28 and 29.

Our Special Autumn Number contains, according to our promise, a wealth of fashions for the autumn and early winter, both pictured and described, and we would also specially draw our readers' attention to the first set of warm clothing in knitting and crochet for little children illustrated on page 26. This series will be continued from time to time, and we shall give none but pretty, novel, and carefully worked out models.

We give the usual supplements of a coloured plate, a cut-out paper pattern, and the Fashion Supplement, which in itself is a gallery of fashionable styles.

The competition this month is the last in the series of eight, for which the cumulative prize of £15 will be given, and decides the momentous question as to who is the winner of this handsome sum.

In November we shall give various illustrations of winter mantles, jackets, and costumes, with some useful notes on furs and their uses as mantle and dress ornaments.

DRESS AND FASHION IN PARIS.

OUR winter gear is to be elegant; of that there is now no doubt. This satisfactory certainty, however, is trammelled with the invariable companion of elegance—expense. Some cheap things are pretty, even charming, to the young especially, but as a rule what is *chic* has to be paid for.

We can hardly call the new bouclé fabrics cheap, those charming figured mohair crêpons with bouclé ground, or those soft plaids of perfect texture covered with a light down or loop pile. Nor will styles be cheap, because the excellent finish of a high-class English tailor is considered necessary for the one type, while the elaborate workmanship of our Parisiennes' fairy fingers are called into requisition for the more delicate models of the contrasting type.

What work there is in evening bodices and dressy silk blouses! We have chiffon and soft silk elaborately tucked, cut away in stripes and embroidered, separated by lines of lace insertion. Velvet and satin dresses are superbly embroidered, or—what is equally effective—elegantly painted. The painted velvet dresses and blouses will be quite a feature of the winter styles. The embroidery follows any style of design. The painting generally copies flowers, with perhaps a few butterflies and birds interspersed.

Wonders are being done with ribbons on bodices. Bretelles are gracefully arranged, the broad ribbon being cleverly twisted to lie flat in places and in others (on the shoulder, for instance) to stand upright on its edge in intricate flutings. In silk blouses some marvellous effects are obtained by some such arrangement of the material or ribbon.

Although chiffon is not a winter material, it is being largely used to trim evening bodices and dressy blouses. It forms elaborate jabots, collarettes, sleeves or sleeve decorations; yards upon yards of chiffon are employed, accordion-pleated or plain, to form the voluminous yet soft sleeve which barely reaches the elbow.

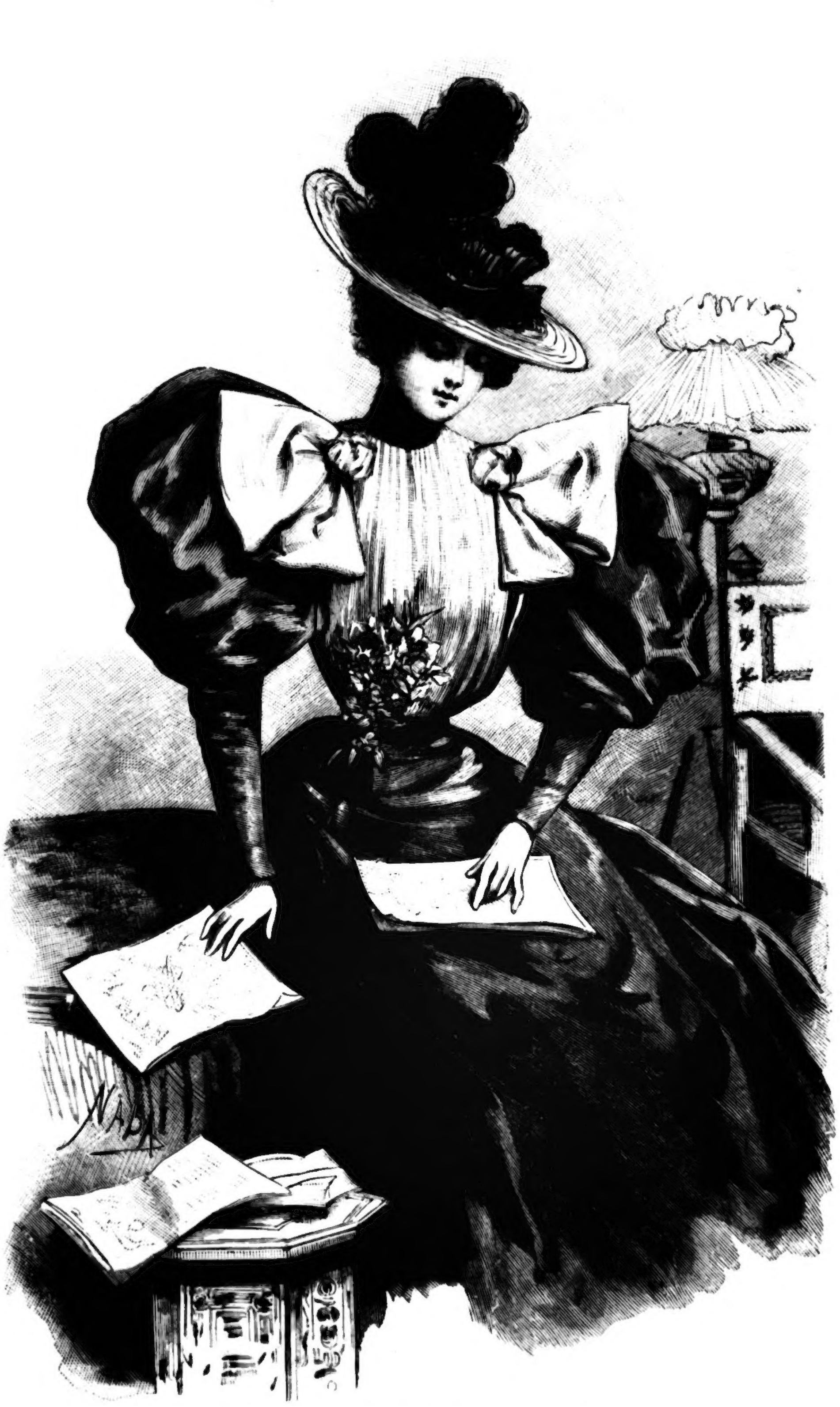
On the whole there is little novelty in *shape* Sleeves can be very large or quite moderate and small. There is the new *gored* sleeve which is a much puffed gigot, cut in gores so that the top is very large and standing out, while the wrist is quite tight and fitting—all this without the slightest drapery. A few folds are inevitable in the ordinary gigot sleeve.

Skirts are to be more moderate. The *godet* is dying fast. The favourite skirt just now is a moderate bell, less sharply gored at the back so that enough materia is left at the waist to furnish two handsome pleats. This skirt is well adapted to the handsome winter materials, which are rich and firm, though supple, and hang splendidly.

Shot and mirror velvets are to the fore again, for dresses and mantles as well as for millinery. Many dressy blouses are of shot velvet, trimmed with ribbon and lace, or else embroidered with beads or painted with flowers.

There are a great number of striped fabrics both in silk and woollens, and the taste for stripes has even invaded the usually barricaded domain of fur. As a rule fur is used each kind by itself, but now we have capes of striped caracul and seal, the stripes of the two furs being broad or narrow according to taste, and alternated. I cannot say that I quite like the effect. The entire cape of caracul or of seal is preferable.

The capes this year are not very long. The



PARISIAN TOILETTE FOR A YOUNG LADY.

Godet skirt and sleeves of black satin merveilleux. Bodice of red accordion-pleated mousseline de soie over silk to match, with belt and collar of black velvet, and white satin bows on each side of the chest. Red straw hat trimmed with a pleating of black satin rising above the crown and plume of black feathers. Quantity of satin merveilleux required, 16 yards.

Prices of Flat Patterns, Skirt, 6½*d.*, *Bodice*, 6½*d.*, *of* MADAME MYRA, 95, *Regent Street, W.*

jackets have quite short basques. Both are to be seen entirely in fur.

There is a splendid selection of brown tints in the new materials, especially those warm bright browns belonging to the "burnt bread" order. The green tints are soft and rich, bright without being crude. Green and brown are a favourite combination for figured materials. Brown dresses are being trimmed with green, and *vice versa*.

And among the new hats with beef-eater crowns of velvet or cloth and with brim of felt, the one is often green and the other brown. These hats are trimmed with large bows of satin ribbon, two or more pen plumes and handsome paste buckles.

A new colour is "Eminence," the violet affected by high dignitaries of the Romish Church. It is really the well-known colour called petunia, but "Eminence" is the newer name for an old friend.

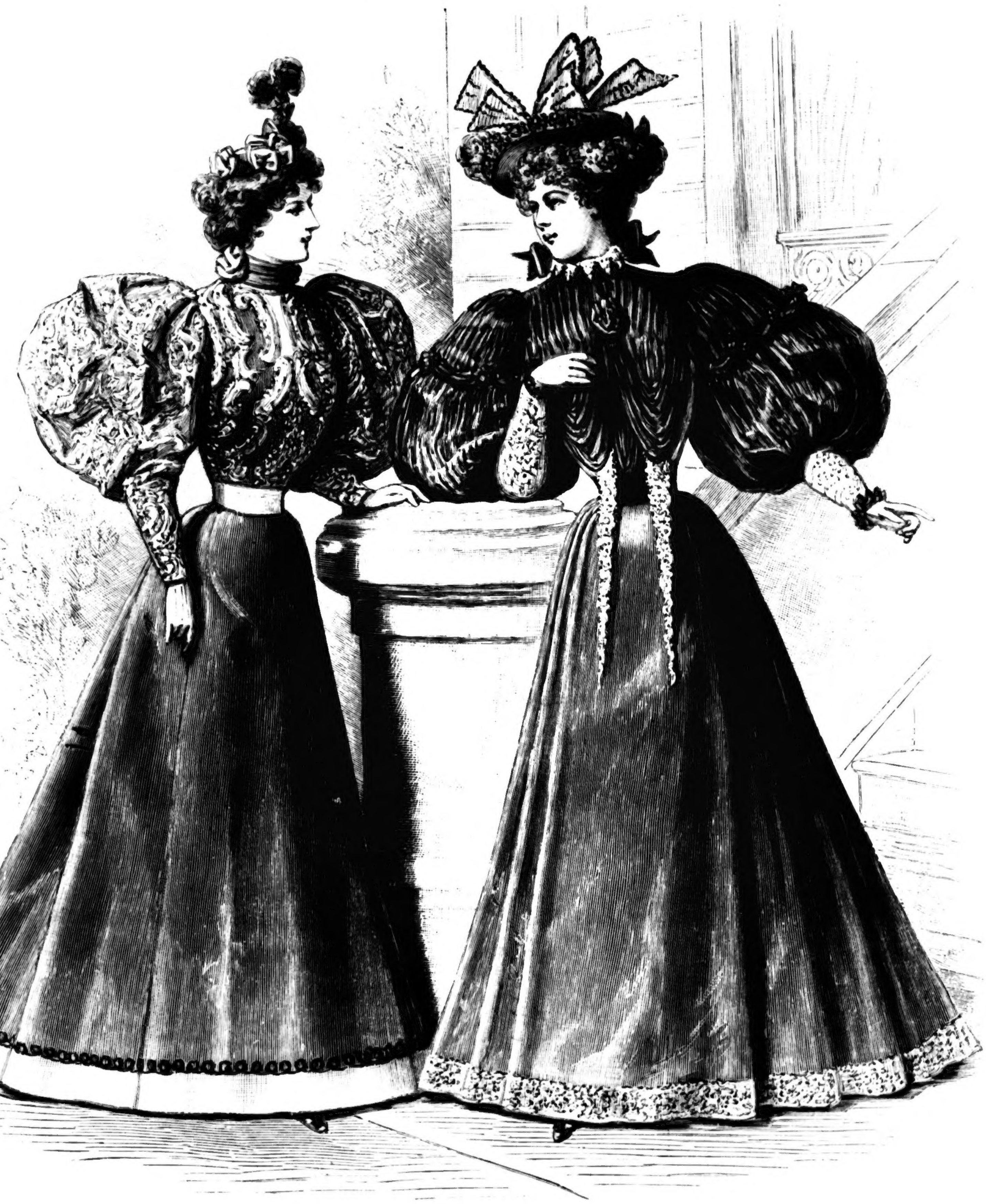
The passementeries for mantles and for evening dresses are exceptionally rich. An evening Figaro bodice of brocade is edged with gold passementerie studded with jewels recalling the colours of the brocaded pattern. Such bodices are worn over a closely pleated under-bodice of pink, blue, or white chiffon.

Passementeries of gold and pearl are sewn as panels up evening skirts of silver-white or coloured mirror satins. There is a quantity of spangle embroidery to be seen on the revers of mantles, as well as on the bodices of dresses.

A driving costume of great beauty is of bronze moire. It is a long redingote with open front. The revers are covered with a sort of gold lace passementerie encrusted with opals. The waistcoat is of pink Pompadour brocade. Superb metal buttons trim each front of the redingote, and a jabot of fine lace finishes the waistcoat. Over this a cape of bronze moire is worn, lined with ermine and finished with a large ermine collar.

There are many signs which intimate that the Louis XV. and Louis XVI. styles are coming in again, to displace the somewhat exaggerated 1830 styles to which we have been so faithful of late. Even the extreme richness of the new brocades and passementeries seem to suggest this, for the Louis XV. dresses are nothing if not luxurious. Worth is turning out just now dresses of this style which are marvels of luxurious elegance. He is making up materials—single width!—which cost some £4 a yard and more, trimmed with passementeries gleaming with opals, emeralds, and pearls.

COMTESSE DE B.



FRENCH VISITING TOILETTES.

Fig. 1. Skirt of shot heliotrope cloth bordered with a band of suède cloth headed by black braiding. Corsage of heliotrope cloth covered with applications of suède cloth worked up with silk in two shades to match. The fastening is under the left arm. Belt of suède gros-grain. Collar of heliotrope chiffon. Sleeves of fancy silk in heliotrope and white. Velvet capote trimmed with gold-coloured satin rosettes and black feathers. Quantity of cloth required, 6 yards.

Fig. 2. Skirt of black gros-grain bordered with a band of écru lace. Corsage and sleeves of accordion-pleated black chiffon over red silk; the front draped and caught up in the centre by a rosette of chiffon. Long narrow points of lace falling from the draperies, lace cuffs and points of lace turned down over the black satin collar with bow at the back; belt to match. Black hat trimmed with red roses and a lace bow embroidered with jet. Quantity of gros-grain required, 14 yards.

Prices of Flat Patterns, Skirts, 6½d., Bodices, 6½d., of MADAME MYRA, 95, *Regent Street, W.*

Fashions at Peter Robinson's.

THERE is in the fashions for the coming season that are already to be seen in the different departments of Mr. Peter Robinson's Oxford Street house, promise of much that is elegant, bright and becoming, with very little tendency to exaggeration, and a certain quietness of style that will certainly please the majority of women. It will at any rate be possible to dress well and smartly, without the over-smartness that is destructive of style and so often borders on vulgarity.

The new mantles are especially fascinating; black velours du Nord is still the favourite, as it undoubtedly is the most pleasing fabric of which they can be made; as to shapes, short capes, jackets, and combinations of these two forms lead the fashion. A lovely jacket with a full basque cut in a series of points has the sleeves slashed over puffings of wine-coloured mirror velvet; borderings of black feather trimming, very fine jet, and feather tips on the collar decorate this stylish model. The sleeves at the wrist open out and partially cover the hand; this new make of cuff is much in vogue and makes the hand look small. A charming half-length jacket falling in loose straight folds round the figure and lined with pink and white brocade, has epaulets of marten fur, with two of the pretty little animals forming bretelles, with the heads and fore legs falling over the shoulder in front, and the hind legs and tails at the back. A tight-fitting jacket with sleeves and short wing cape over the sleeves is charmingly trimmed with jet straps and black feathers; in another model consisting of a jacket and cape sleeves the trimming is of Thibet goat, jet, and black satin ribbon.

Exquisite embroidery in blue silk, pale gold and beads decorates the waistcoat, yoke, and rolled epaulets of a very dressy black velvet mantle, of which the cape fronts are open in front to show the full glory of the decorated waistcoat; but quite as handsome as this, although plainer, is a short tight-fitting jacket in black velvet with cape and sleeves, a rich fur collar and revers, jet ornaments and lining of white silk.

Slashed sleeves are the great novelty in cloth jackets, which are largely made in shades of fawn and brown, and with the basques in various lengths and shapes; in some there is scarcely any fulness, in others the fulness is at the back only, while others again have the short fluted basque that has been seen for the last two or three months. One of the most stylish of these coats is in fawn cloth, the sleeves cut in waved straps narrowing to the wrist and stitched down over a black velvet under-sleeve. Black revers and silk cord passementerie matching the cloth complete the trimming. A coat in tobacco-brown cloth with full short basque has the sleeves and seams strapped with narrow stitched bands of black satin; a fur collar completes this model. A dark brown cloth jacket with collar and long pointed epaulets of brown velvet, all bordered with astrakan, is very quiet and lady-like, and a coat to which the word "perfect" is really applicable is in fawn cloth and velvet to match; two bands of the velvet down the sleeves, a velvet collar folded back over the small cloth revers, and big pearl buttons on the straight double-breasted fronts are the ornaments on this exceptionally stylish jacket.

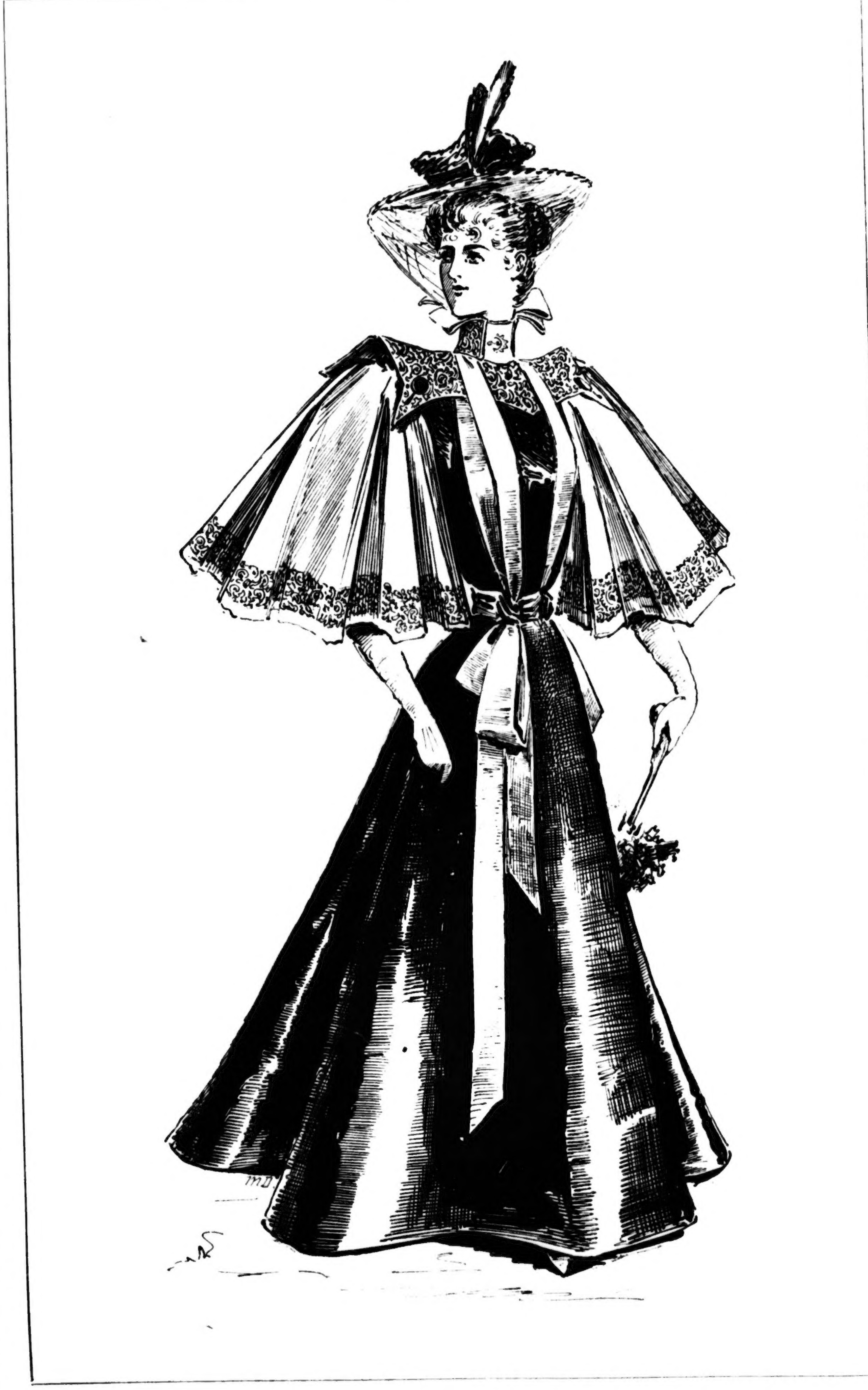
Of cloth capes there are many varieties; open embroideries over kid or net are novelties in this way, but some exceedingly useful plain double capes in West of England cloth, with collar of the cloth or of astrakan, and the new small golf caps in reversible cloth with hoods and fringed borders, have practical charms that will ensure their being largely adopted. Mr. Peter Robinson's guinea jacket in plain black or dark grey cloth, with strapped seams and well-cut basque full at the back, is a marvel of good style and quality; to be able to buy such a natty and well-cut coat at such a price is an immense boon to young ladies with small dress allowances.

Cloth evening wraps are made very long and in circular shape, with a wide pleat at the neck behind falling in graceful folds to the feet. Fulness is also allowed from the shoulders, to accommodate the large sleeves of the dress, and a kind of deep berthe collar from the shoulders, open at the back to allow room for the pleat, is made of soft moufflon fur. This cloak is lovely in grey with an apricot silk lining, the fur shaded from white to the same tint, and forming besides the epaulets a border to the high-pleated collar. A big rosette of grey satin ribbon above the pleat at the back, and rosettes and long strings in front, give the finishing touches.

The blouses at this house are well known for their beauty, variety and originality, but the word blouse, in its ordinary acceptance as a loose, easy, formless bodice, is scarcely applicable to these dainty creations in silk, satin and velvet, in lace, chiffon and other gauzy fabrics, with their elaborate trimmings of lace or embroidery, ribbon, beads and paillettes. Formless they certainly are not, for all are elegant in shape and most beautifully made on well-fitting linings. Many of these fascinating models are of Parisian inspiration, but the majority are due to the taste and skill of the presiding genius of this department. An exquisite model is an open jacket of écru lace with sleeves of pink chiffon, and collar jabot and sleeve trimmings of pleated frills of the chiffon. A lovely blouse in shot figured silk is made with the new gored sleeve that gives all the effect of the fashionable immensely wide sleeve with less clumsiness and more economy of material. It is impossible to give details of all these very elegant bodices, but every kind of new material, including shot satins, brocades, and mirror velvets, is employed in their construction, and they can be had in light and in dark colours, for day or evening wear.

(*Continued on Page* 16.)

SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.
SCHWEITZER'S COCOATINA—The Queen of Cocoas.



A Visiting Costume.

Godet skirt and plain bodice with elbow sleeves of dark green Louis velveteen. Wing cape of pale mastic cloth mounted in full pleats on the shoulders and braided with fine black silk braid at the edge. The cape is mounted on a small yoke under a collar of the cloth closely braided and fastened down at the corners with buttons. Bretelles and a sash of mastic ribbon keep the cape in place. The collar is of braided cloth with loops of ribbon round the top. Rough straw hat trimmed with velvet and quill feathers. Quantity of velveteen required, 12 yards.

Prices of Flat Patterns, Skirt, Bodice, or Cape, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*

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"The Typical Cocoa of English Manufacture—Absolutely Pure."
THE ANALYST.

NO CHEMICALS USED

(As in many of the so-called Pure Foreign Cocoas.)

"A SMALL SPOONFUL OF CADBURY'S COCOA, with boiling water or milk, will make a large breakfast cup of the most delicious, digestible, absolutely pure and nourishing Cocoa, of the greatest strength and the finest flavour, entirely free from any admixture.

Fibre THE "IDEAL INTERLINING" Chamois

Is causing a revolution amongst the dressmakers! It is the ideal interlining for PUFF SLEEVES & GODET SKIRTS. Sleeves and Skirts interlined with FIBRE CHAMOIS can be crushed, packed, sat upon, and otherwise maltreated with impunity, for the properties of FIBRE CHAMOIS are such that a slight shake of any garment will restore it to its original shape.

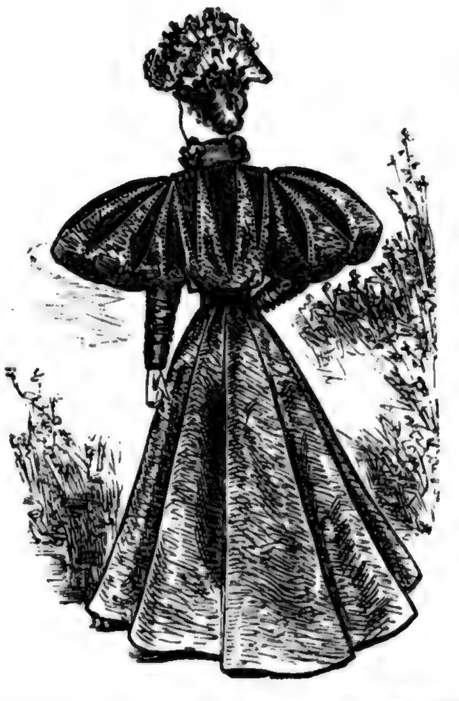
FIBRE CHAMOIS is absolutely unlike in texture and properties any of the stiff interlinings hitherto used, and which ladies know to their cost, are entirely unsatisfactory in wear.

FIBRE CHAMOIS interlining never cuts the material made over it, it doubles the life of any garment, and makes it look and set well to the last.

It is most highly recommended by the fashion editors of the *Queen*, *Gentlewoman*, and *Lady's Pictorial*, who are authorities on the subject, and it is rapidly being introduced into all workrooms of the leading dressmakers, and on to the counters of the best drapery houses.

Made in three qualities, Light, Medium, and Heavy, retailing at **1/6** *per yard, 64 inches wide.*

To be had of all Leading Drapers.



The Sleeves and Skirt of a garment interlined with FIBRE CHAMOIS will stand out like this till worn out.

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BEWARE OF IMITATIONS
No 20
FIBRE CHAMOIS.
LIGHT, DURABLE & WARM
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FOR DAINTY TABLES.
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Benger's Food is sold in Tins by Chemists, &c., everywhere.

Gold Medals & Diplomas of all Exhibitions
Needham's Polishing Paste
ESTABLISHED 1824.
Used by Her Majesty's Servants
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ESTABLISHED 1824.
The most reliable preparation for cleaning and brilliantly polishing Brass, Copper, Tin, Britannia Metal, Platinoid, &c. Can be obtained retail everywhere. Sole Manufacturers—
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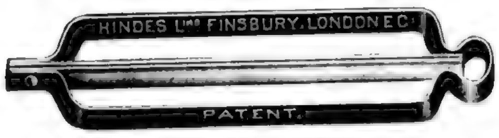
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Sold in 6d. and 1s.
Boxes, of all
Hairdressers, Drapers,
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throughout the
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Hinde's 'Pin-point' hair pins are also ~~worth~~ worthy of attention.

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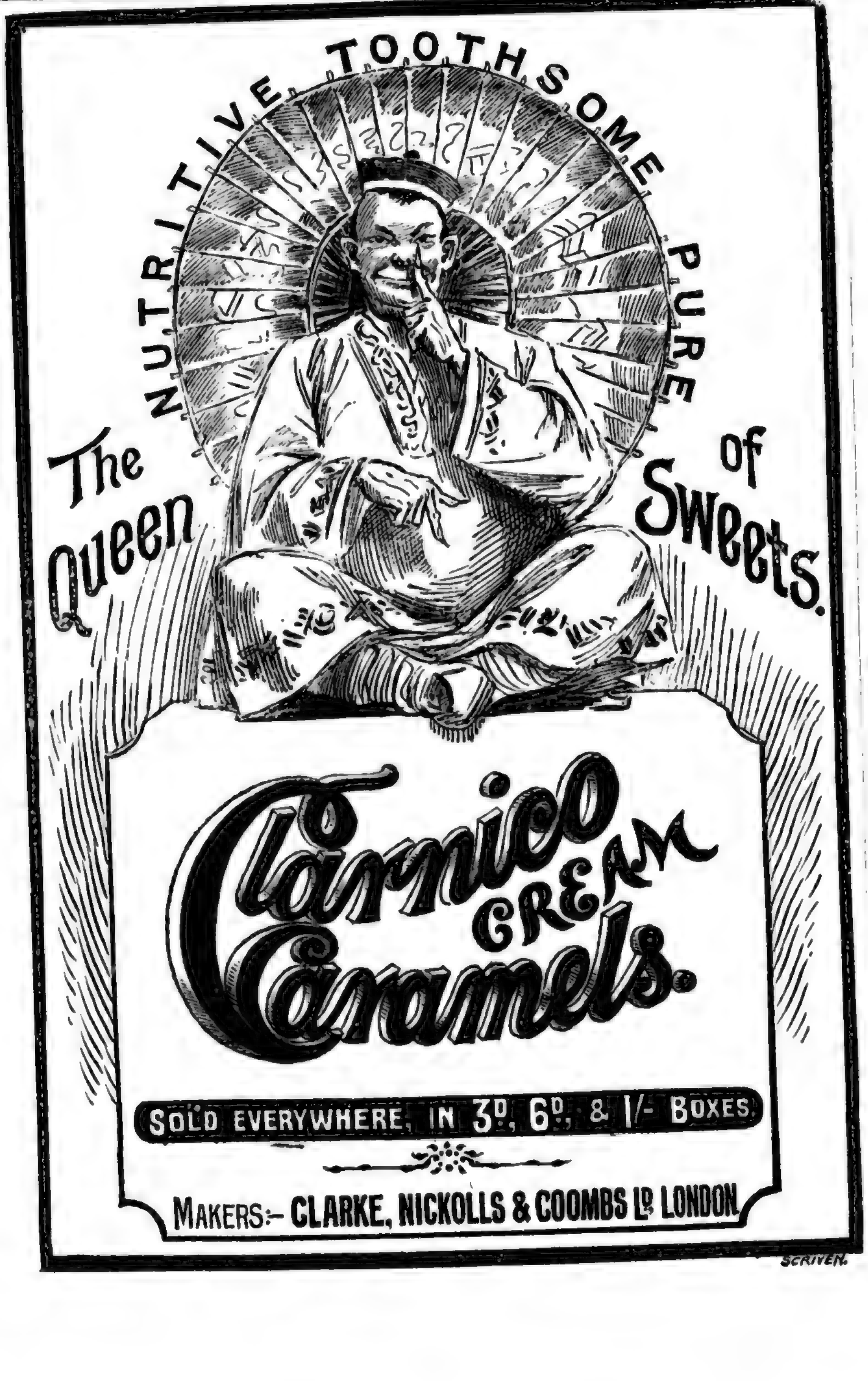
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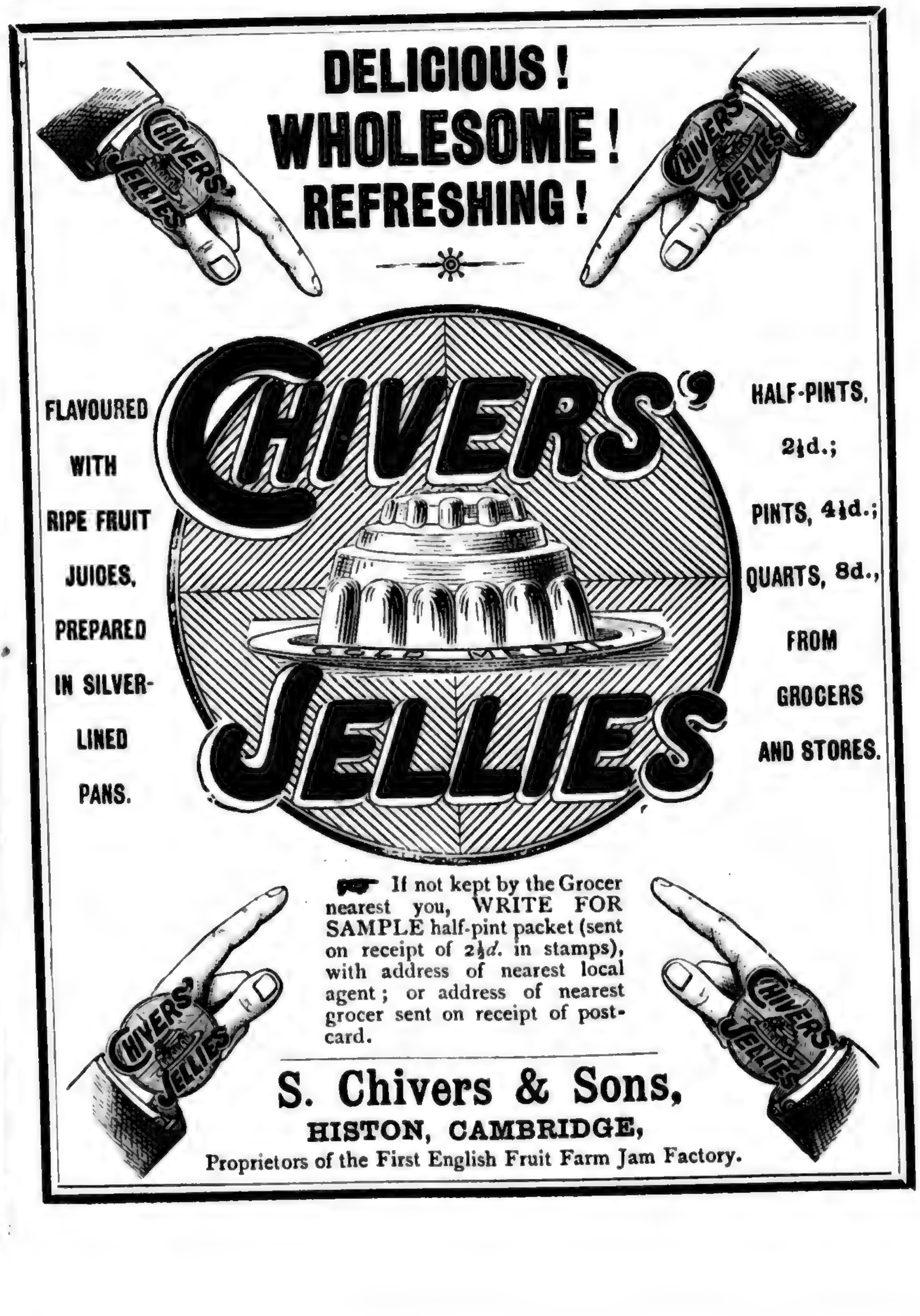

CHIVERS' JELLIES

DELICIOUS! WHOLESOME! REFRESHING!

FLAVOURED WITH RIPE FRUIT JUICES, PREPARED IN SILVER-LINED PANS.

CHIVERS' JELLIES

HALF-PINTS, 2½d.; PINTS, 4½d.; QUARTS, 8d., FROM GROCERS AND STORES.

☞ If not kept by the Grocer nearest you, WRITE FOR SAMPLE half-pint packet (sent on receipt of 2½d. in stamps), with address of nearest local agent; or address of nearest grocer sent on receipt of post-card.

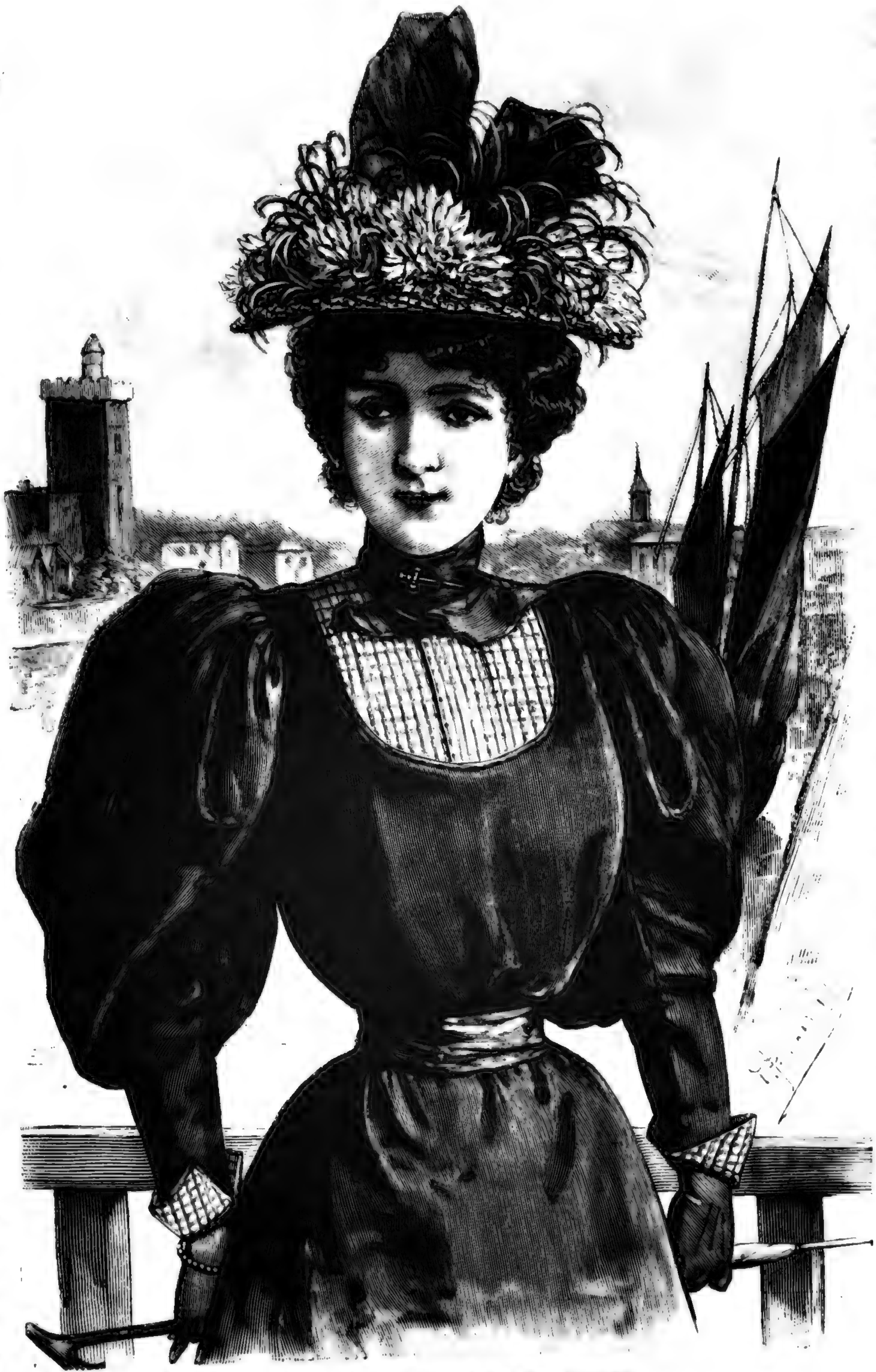
S. Chivers & Sons,
HISTON, CAMBRIDGE,
Proprietors of the First English Fruit Farm Jam Factory.

Spinnings • in • Town

THE momentous question of fashionable winter dress fabrics has been settled for us women folk by the manufacturers in an entirely satisfactory manner. In the first place they make it incumbent upon us to wear good materials, that will in an equal degree do the said manufacturers credit and the wearers of the fabrics service, by providing these in a very large majority. This is mainly because the most fashionable effects cannot be produced at a low price; they require special machinery, and skill and care in the making, and though the effects are imitated in a way, no one could fail to see at a glance the immense difference between the really good materials and the cheap make-believes. This revived taste for excellence of make is a good sign, and it is one by which every one will gain, from that mysterious power known as "trade" to the woman who practises the truest economy in dress, and buys no fabrics but those which she is assured will be durable as well as fashionable.

As a matter of course Messrs. Egerton Burnett, Ltd., of Wellington, Somerset, are well to the fore with patterns of winter dress fabrics in which those two desirable qualities, fashion and durability, are combined; the astrakan loops that were in such high favour last winter are again prominent in this season's fabrics, but in new designs and with a variety of picturesque effects. The Dagmar, at 4*s.* 6*d.* per yard, is a charming material of this class, made in brown, slate grey, red, navy and heather mixture, cross-barred with close lines of black loops and crossed again at wide intervals with broader lines in larger curls. This is a very fashionable and stylish material. The Frederica, at 4*s.* 9*d.*, in violet, brown, and green, is closely striped with double lines of black in cords and soft, hairy loops; in the Irene and the Victoria the pattern is still in black on colour, but more broken and less in relief; these are both charming, the Victoria at 5*s.* 9*d.* especially so, and the ground colours, red, blue, brown, etc., are pure and bright but not too vivid. The Cobourg, at 4*s.* 6*d*, is very novel, the ground is shot in black and colour, striped with raised waved lines in black and dotted at intervals with coloured spots; this is very effective in black and red, a favourite mixture this season, and in black and blue. Cheaper a little, but still with the raised design in black loops on a coloured ground, are the Renfrew and the Winscombe, in which the colour is also repeated in vague spots and flecks.

This delightful mixture of coloured loops, flecks and dashes, sometimes intermixed with black, is very noticeable in many of the tweeds, which will make stylish and comfort-giving costumes for wintry weather. There is a great choice of these delightful fabrics at various prices from 2*s.* 6*d.* per yard upwards; in some there is a well-marked diagonal line, others show patterns of checks and plaids, and in one of these, the Glenlyon, splashes in light shades of green, blue, etc., vary the neutral-tinted flecked ground.



No. 1. AUTUMN DRESS WITH BLOUSE.

Godet skirt and blouse bodice in royal blue woollen with chemisette and cuffs of blue and white plaid silk. Straw hat trimmed with chrysanthemums, grasses, and a bow of black ribbon. For detailed description see page 28.

Prices of Flat Patterns, Skirt, 6½*d., Bodice,* 6½*d., of* MADAME MYRA, 95, *Regent Street, W.*

The smooth tweeds, which are as fashionable as ever, are beautiful fabrics; the Adelaide, at 5*s.* 6*d.*, is a splendid example; the delicately smooth surface in green, brown, blue, etc, is partially covered with fine hairs in black or a second colour and crossed by lines in black. It is impossible, however, for me to enumerate all the many varieties of these capital materials, they include plain and fancy tweeds, coatings, cloths, diagonals and serges in a large number of patterns and kinds; the Robin Hood serge, in brown, cross-barred in large plain checks with green, or red, is particularly novel and effective, but red, a slate shade of blue, green, and brown are evidently the colours of the coming season. The red is an honest shade, almost scarlet, that is splendidly effective with black.

Messrs. Egerton Burnett also have a large choice of plain and fancy black materials, and of striped Park Lane skirtings; the serges of this firm have such a high reputation wherever this material is worn, that to attempt to say anything further in their praise is something like that equally useless accomplishment, painting the lily, but ladies who look through the patterns of black serges will find amongst them some useful patterns of black silks and surahs and of black and white and grey woollen fabrics for half mourning.

A new material for underwear has been lately brought under my notice, and has from its extreme lightness, softness, and warmth aroused my sincere admiration. Those chilly mortals who shiver in the dog days and endure untold misery during a cold winter may congratulate themselves on the many perfections of Australlama, the name of the new fabric, for its merits are of the kind to considerably lessen their sufferings. To describe it technically, Australlama is an ideal yarn made from the wool of the Australian sheep, the tendency of this wool to shrink being counteracted by the admixture of a certain proportion of the wool of the Indian Cashmere sheep. The result is a woven fabric of great warmth, but of extraordinary lightness and beautifully soft, fleecy texture.

The material is made up into all kinds of garments for ladies', children's and gentlemen's wear, and these may be had in the natural colour, or in grey or white. The sole manufacturer is Mr. W. Greensmith Downes, of 143, George Street, Edinburgh, who will send a catalogue of prices and specimen of the fabric on application. The garments are all made in Scotland in the manner peculiar to the country, and so very superior to that generally followed in England and elsewhere. Every garment is shaped in the weaving (seams being thus entirely avoided) and finished by hand; of the great comfort of underclothing made on this system it is hardly necessary to speak, the absence of hard, thick seams, adds immensely to the pleasure of protecting oneself from the cold by means of warm underwear.

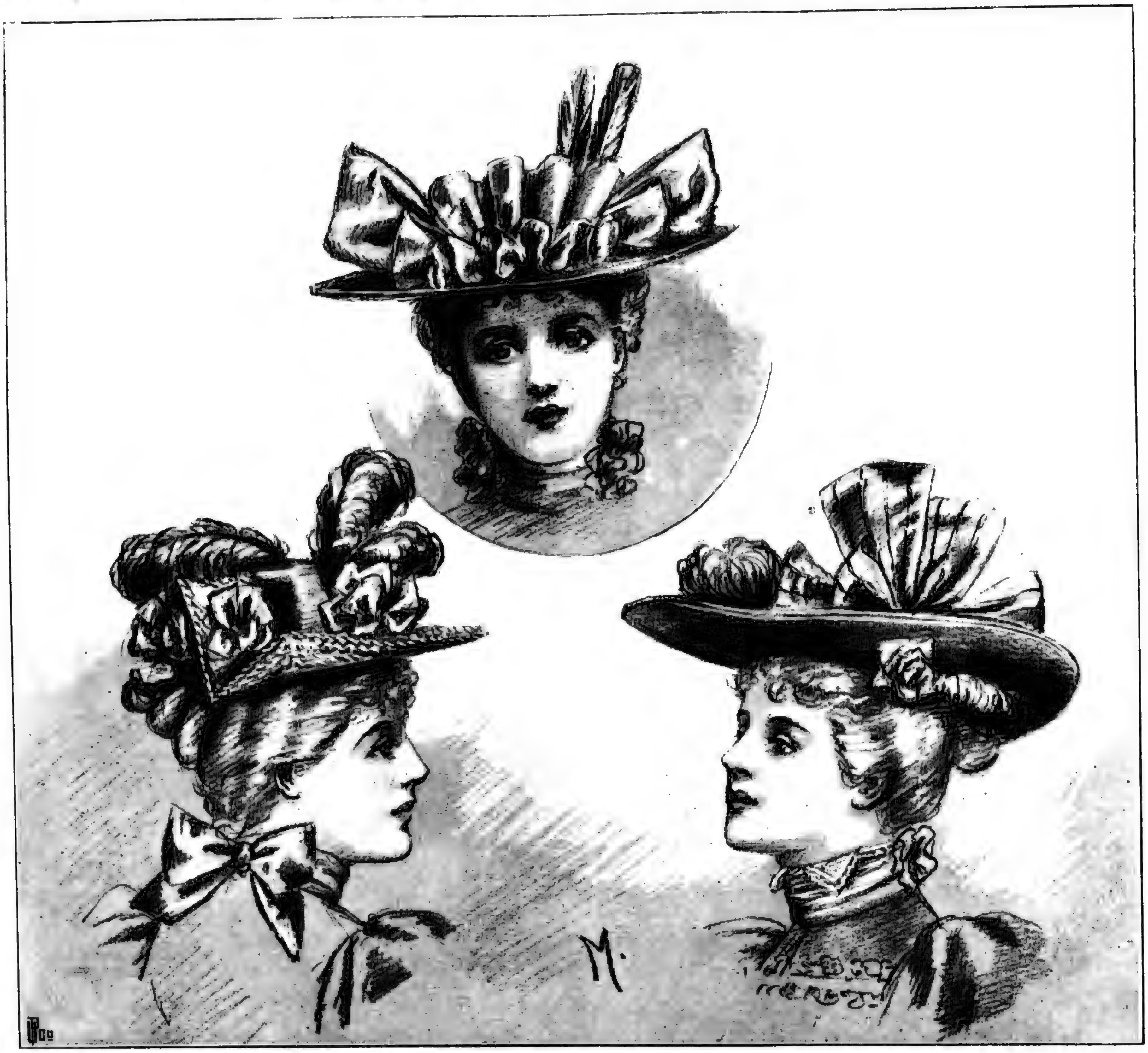
With all its excellencies Australlama is fortunately anything but a costly luxury, ladies' combinations begin at 8*s.* 3*d.* in grey or white, and in 9*s.* 3*d.* in the natural colour; larger sizes, high necks, and long sleeves are of course higher in price, but the difference is not very great. The combinations and vests are double over the chest, that is to say, they are double-breasted and wrap across. Bodices with and without skirts attached, belts and kneecaps, are also made in Australlama, and the garments are guaranteed not to shrink.

A delightful incentive to industry for home decorators lies before me in the shape of the Artist's Box of Aspinall's oxidized enamel paints in tiny pots for *cloisonné* work on pottery, glass, and other purposes. The box, which is small and handy in shape, contains twelve of the fascinating little tins of paint; one of black enamel, one of white, and the other ten of useful shades of blue, green, brown, grey, red, and yellow. A brush of a size suitable for delicate work and a small metal palette on which the colours can be mixed, also find room in the box, the contents of which are so tempting that I am far more inclined to continue my efforts in testing them than to lay their merits and beauties before my readers. My own most successful work with them has been the carrying out of a geometric pattern in two colours on the top of a little Moorish table enamelled white. The little tins are just the thing for small work of this kind, and there are now such charming and well-made small pieces of furniture to be had in white wood that one need not grudge spending a little time and care on their decoration. The enamels answer extremely well on pottery and glass, and on other polished surfaces, and work with perfect smoothness; the most delicate lines and traceries may be followed with ease, with a steady hand, and without this there are not many styles of decoration that prosper.

A great point in these little boxes is the choice they offer of art shades and neutral tints, and once a design has been started and the colours selected by daylight, there is no reason why the work should not be carried on in a perfectly satisfactory manner during the long evenings that are already with us; boys often do this work exceedingly well and take great interest in it, and Aspinall's Enamelling is a favourite pursuit in many houses during the winter holidays and evenings.

For work of this kind, however, as indeed for any other that requires delicacy of touch and finish, a good light is absolutely necessary, and this can be infallibly obtained, wherever gas is available, by means of the very clever "Surprise Pendant," patented by Mr. R. H. Best, of the firm of Messrs. Best and Lloyd, Cambray Works, Handsworth. One burner in a Surprise Pendant gives more light than four ordinary burners, and yet it burns less gas and has a less marked influence on the atmosphere of the room. As a rule gas chandeliers are fixed so high that if a fairly strong light is wanted all the burners must be used, and even then the light, instead of being concentrated, is distributed all over the room. The Surprise Pendant has a single Argand burner, and is so designed that it can be drawn close down over the centre of the table, the light being thrown down on that, while the eyes of those sitting round the table are protected from the glare by a pretty patented shade. A mere touch of the well-balanced mechanism will draw the light down or send it up, and it can be balanced in any position. The supply of gas is from the top, and the arrangement is incomparably safer and more decorative than that of connecting a standard lamp with the chandelier by means of a flexible tube, so often adopted. The Surprise Pendant lights can be had in various designs either for gas or electric light, and it is a decided advance both in economy and in hygiene on the ordinary system of gas-lighting.

Light and warmth are two of the chief essentials to health at all times, but as coals increase in price we are all of us glad to know something about other systems of heating rooms, less costly and troublesome



FASHIONABLE AUTUMN HATS.

Fig. 1. Felt hat with low crown and wide brim. A double ruche of blue and green shot silk across the front with bows to match extending on each side. Black quill feathers on the left side.

Fig. 2. New hat with high crown of velvet and straw brim made in points at the sides and back and turned up. Rosettes of pink ribbon in front, and at the back above and beneath the brim. Black ostrich tips in front and on the left side.

Fig. 3. Black velvet picture hat with pink rose and black feather under the brim on the left side. Trimming of loops of striped shot ribbon and feathers.

than coal fires. Gas and oil stoves are of course the best and most healthy, as they are the cheapest and most convenient means for the purpose, and Messrs. S. Clark and Company's Syphon Stoves, which are adapted for either gas or oil, are thoroughly hygienic, and can be regulated to give out any amount of heat required with absolute precision, and without smell of any kind. The stoves are made in all sizes, and either for heating only or for heating and lighting; the shape and system are the same whether the fuel be oil or gas, and the stoves may be safely used in shops and workrooms, in sitting-rooms, bedrooms and nurseries, or for heating passages, greenhouses, etc. The Syphon Stoves are columnar in shape and heated by one or two burners, the increase or decrease in the amount of heat given out being easily regulated by turning the supply tap. Other forms of stoves are the Syphonette, which is constructed to radiate the heat downwards, and the Phœnix Heater, a small oil stove, compact in shape, having a bright and cheery appearance, and, joy of joys, capable of boiling a kettle in a few minutes. The price of this useful stove is 40*s.*, whether finished in electro copper, or porcelain enamelled; its height is 27 inches, width 16 inches, and depth 11 inches; it is easily carried by means of handles at the sides, and burns without need of attention. It may also be guaranteed not to blow up, as certain oil stoves of my acquaintance have a trick of doing. The Syphon Stoves cost from £1 18*s.* upwards, but all particulars as to sizes and prices are given in the illustrated catalogue, which may be procured from Messrs S. Clark and Company, Syphon Works, Park Street, Islington, N.

Nothing is so good that it is not susceptible of improvement, and even the excellent Lanura flannels, that have always been so exceptionally good are better than ever this season, and therefore still more valuable for warm underwear and winter clothing generally. Shrinking is, of course, the great stumbling-block of all flannels, but by a new process in finishing this has now been reduced to a minimum in the Lanura natural wool flannels. This new Eureka finish is a great boon, especially as it does not detract from the durability of the flannels. The Lanura Shrunk Shirtings appear this season in a number of new designs, many of them very pretty; these shirtings make the most delightful nightgowns and sleeping suits for children, being soft, warm, and so fine that they cannot cause any irritation. The plain flannels are of all qualities, and suitable for every variety of purpose, and Lanura sheeting, specially manufactured for sheets, may be had from 45 to 90 inches wide, in various qualities. Another special make of these goods is the Lanura suiting for cycling, tennis, and cricket suits, and the Zephyr Silcura, a fabric of delightful texture, will be found invaluable by those who are preparing outfits for hot climates. All the Lanura materials are stamped with the name on the selvedge every yard, and they are kept by all good drapers.

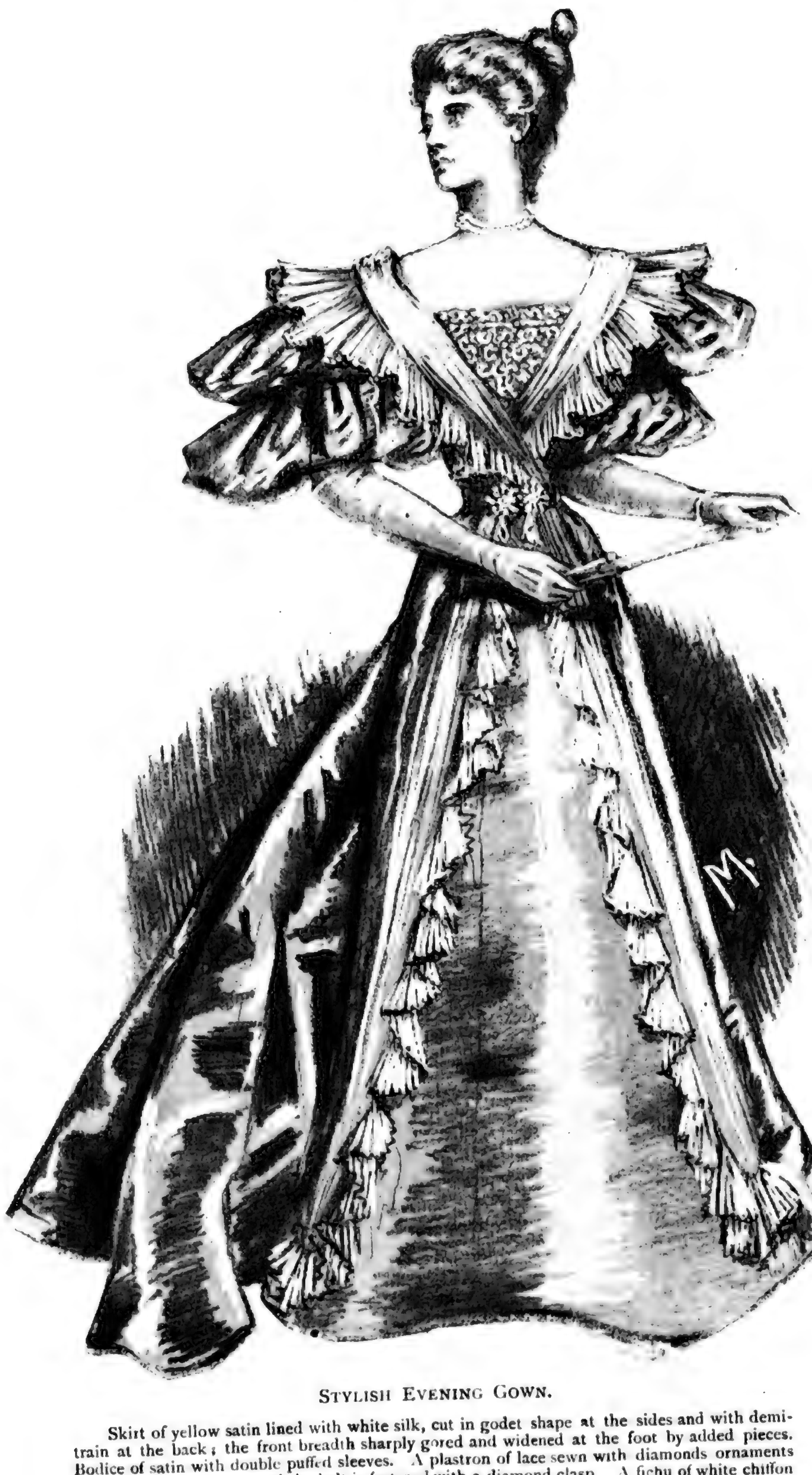
It is some time since I have ceased to regard Pasta Mack as a luxury to be used only on state occasions, for, once one has become accustomed to the deliciously softening and refreshing properties of the little tablets, one is inclined to look upon them as indispensable. I find, however, that they may be used in a much more economical manner than that prescribed, and that a small portion of a tablet is all that is necessary to make a basinful of water fragrant and to soften it considerably. Used in this fashion Pasta Mack is not an extravagant luxury, and there is no other preparation that takes its place in both softening and perfuming the water Its attractive fragrance is imparted to the skin, which retains it for a long time, and becomes soft and velvety to the touch if the use of the tablets is persisted in.

Will my readers please make a note of the following fact, viz., that Mr. S. Harvey, the sole proprietor of Dr. Mackenzie's capital Arsenical Soap and Wafers, and of the Zenaline Hair Wash and Tonic, has removed to 5, Denman Street, London Bridge? I have so lately dwelt on the good properties of these preparations that I need not further refer to them at present.

As the season for coughs and colds approaches it is well to be prepared in time with safe remedies that are both simple and efficacious. Keating's Cough Lozenges are a safe remedy that may be given to sufferers of all ages without fear of unpleasant consequences; they remove oppression and difficulty of breathing, allay irritation, and are soothing and not at all disagreeable in flavour. They may be taken frequently during the day, and the administration of a lozenge at night time will often ensure a good night's rest by preventing fits of coughing or irritation of the throat.

Symington's Pea Soup, seasoned, flavoured, and combined with Liebig's Extract of Meat, is a particularly useful commodity in any household, but especially in one of which elderly people, children or invalids form a part, for in many families the meals provided for the robust are not always such as are quite suited for delicate digestions, but with one of the little packets of prepared soup at hand, a hot, nourishing, and tasty meal is easily provided. Those, again, who need light luncheons and suppers will find these Pea Soups particularly useful and far more nourishing than many of the things taken at such times. The Soup is easily made by mixing one of the packets, costing one penny each, to a paste, then adding about half a pint of boiling water, and boiling for about one minute. Stock may of course be used in place of water with advantage to the soup. The prepared Pea Soup or Flour may be had in small packets or in tins, and Symington's Pea Soups are well known to all grocers.

If it is true, as the French proverb says, that you cannot make omelettes without breaking eggs, it is equally true that no woman can expect to keep a wide-brimmed hat on her head on a windy day without making holes in it. The hat must be secured by long pins or an attachment of some kind, and this must be thrust through some part of the hat to make it of any use. The new "Erith" hat retainer may well claim to be in many ways an absolute novelty, for it differs entirely from any of the ordinary forms



STYLISH EVENING GOWN.

Skirt of yellow satin lined with white silk, cut in godet shape at the sides and with demi-train at the back; the front breadth sharply gored and widened at the foot by added pieces. Bodice of satin with double puffed sleeves. A plastron of lace sewn with diamonds ornaments the front of the corsage, and the belt is fastened with a diamond clasp. A fichu of white chiffon with pleated frill is draped round the shoulders and crossed below the plastron in front; the ends reappear below the belt and are continued to the edge of the skirt, where the ends are turned up and lightly secured to the dress. Quantity of satin required, 20 yards.

Prices of Flat Patterns, Skirt, 6½*d.*, *Bodice,* 6½*d.*, *of* MADAME MYRA, 95, *Regent Street, W.*

of retainers, especially in the one fact that once secured to the hat it becomes a part of it; and there is no further fear of tearing or injuring the fabric at every fresh insertion. The Erith Retainer consists of a spiral wire to one end of which is attached a small narrow oblong plate or frame divided at the ends, each of which has a sharp-pointed prong that is pressed through the hat from the inside and folded back flat on the outside. In the centre of the plate the wire also passes through the hat, and is finished off with a little metal tube, ornamented with a glass top fashioned to look like a jewel. This serves as a handle by means of which the coiled wire is twisted into the hair, the free end having a smooth blunt point which works in without tearing or disturbing the hair, and the hat is thus securely held and can only be removed by untwisting the wire. These ingenious retainers are made in silver, gilt, and black, so that they are suited for all kinds of hats; the plates are flexible and can be easily bent and made to accommodate themselves to the shape of the hat, and the retainers are also made in various sizes to suit either low, medium, or high crowns, and if there should be any objection to passing the points through the hat they can be bent back flat on the plate, and this can be securely stitched to the hat. The Erith Hat Retainers are very inexpensive, and can be had of all good drapers.

A new trinket especially dedicated to young ladies on the high road to matrimony is the "Mizpah" brooch, brought out by Mr. J. N. Masters, of Rye, Sussex, and which can only be obtained from him. Two hearts, a true lovers' knot, forget-me-nots, and the Mizpah motto and text enter into the design and form a brooch of convenient size and shape. It is produced in silver at 5*s.* and in gold at 30*s.*, the price including a neat case and postage. The words of the text, "The Lord watch between me and thee when we are absent one from another," are engraved on a bar that passes through the two hearts, which are further connected by a true lovers' knot in a fine silver cable; above the bar and hearts on a small scroll the word "Mizpah" is engraved.

Unshrinkable flannels that do not shrink are so precious and so rare that it is worth while to take some pains to procure them, and fortunately those pains need not now be very great, for the splendid reputation enjoyed by the flannels of Messrs. Barker and Moody has made it easy to meet with them. All good drapers keep these unrivalled and really unshrinkable flannels and shirtings, which are as superior to other makes for the taste shown in their designs and colourings as they are for their practical qualities of strength and durability. Charming as are the colours introduced, they are guaranteed to be permanent, and without seeing the new patterns brought out for the coming winter season it is hard to believe that so useful, one might almost say so homely, a fabric could possibly be made so pretty and attractive. But with this array of pretty patterns before me the possibilities of flannel for less prosaic purposes than underwear seem to widen out indefinitely. In these sets of patterns I find plain flannels in bright shades of pink, blue, and red, and these in several tones are combined again in patterns of checks and stripes with white, grey, fawn, all the delicate tones of natural wool tints, violet, brown, turquoise, and green. This green shade is quite new, and is very effective in a check pattern combined with turquoise, and in another pattern, a kind of shaded plaid in pink, green and blue, very soft and pretty in spite of these boldly contrasting colours. The pink and blue flannels and their blendings with each other and with white are lovely materials for little children's frocks, and for dressing-gowns, jackets, etc., and some of the white flannels striped with colour will make delightful blouses. The patterns of white flannels are of many kinds, and are quite incomparable for softness and substance. All the flannels wash to perfection and may be recommended for the amount of wear they will stand; their beauty as artistic fabrics is only equalled by their durability.

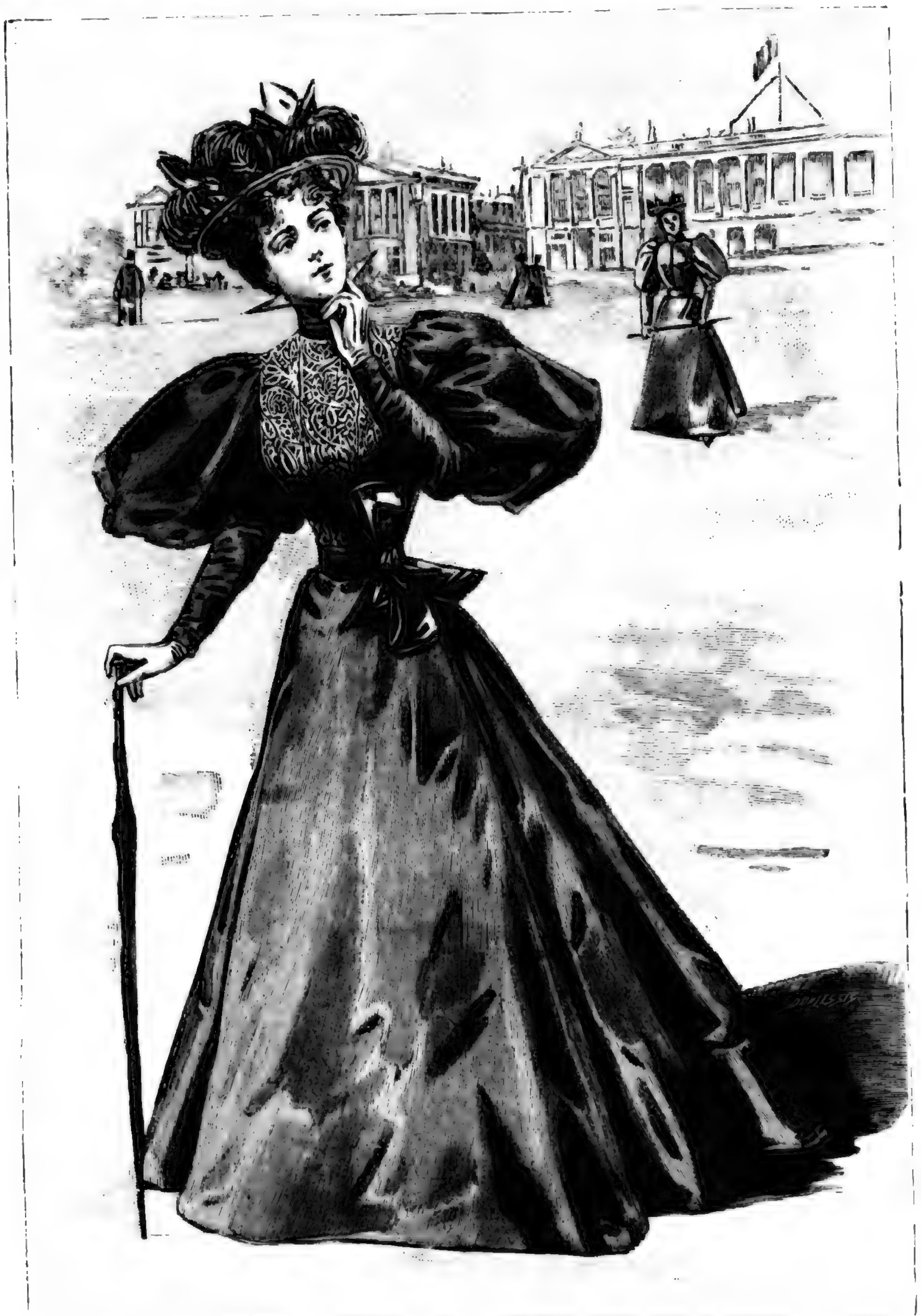
Appeals for advice on the subject of the treatment of superfluous hair do not grow fewer. Our opinion is this, if the growth of hair be slight, let it alone. The slight outline of down on the upper lip, which often accompanies a dark complexion, for instance, by no means invariably disfigures, but rather often adds to the attractions of the features. There are many cases, however, in which the removal of superfluous hair is imperatively called for. In such cases the use of a good depilatory is perfectly justifiable, and I can commend that prepared by Mr. Mason, chemist, Norwich, as a perfectly safe and reliable remedy. He will send a bottle of it post free to any address, and under cover, for 2*s.*, with directions for use.

The Priestley Dress Fabrics have for many years been a household word with all "smart" people, and also with those ladies who cannot *afford* to buy common dress materials. Cannot afford, I say, for, as I am constantly repeating, there is no greater economy than is to be found in the purchase of *really* good fabrics, such as will wear, clean, trim, do up, and make the tradition a verity, of wearing for ever and making a petticoat afterwards. Nor is our range of choice limited; we find every variety of fabric among these treasures of our English looms, from the newest of crépons to the all-wool crêpe cloths which are so durable and so pleasant in wear, even in summer time, for those unfortunate ones who are compelled by custom or by feeling to wear deep mourning in the hottest weather. Crêpe cloth, as manufactured by Messrs. Briggs Priestley and Co., is of many qualities, thin and light as foulard, or rich and thick as cloth for winter wear; between these extremes there are many gradations, and we find not only fabrics suitable for every kind of weather with which our well-abused climate may favour us, but fancy fabrics as well. The rib of the crêpe varies also, so that all tastes may be gratified. The durability of crêpe cloth as compared with even the improved crapes of this century is most noticeable, and crape cannot of course take the place of crêpe cloth. But it is not only among those who mourn that the Priestley fabrics have a world-wide reputation; their fancy cloths, their splendid serges, their enduring foulés, their admirable crépons rival their superb mixtures of silk and wool in beauty of fold, richness and exquisite fineness of texture in perfection of design and execution.

These beautiful fabrics may be obtained of Messrs. Debenham and Freebody, of Mr. Peter Robinson, and of all our leading drapers in town and country.

A new toilet preparation that reached me in the most opportune manner during the recent intensely hot weather, and from which I derived much comfort, is Calfman's "Rose and Jessamine" wash. This lotion has one great merit that distinguishes it from most preparations of the kind, it is an absolutely clear liquid, without sediment, and entirely free from stickiness or greasiness; it is also colourless, fragrant, and of its refreshing qualities I have good reason to think highly, for without it life in an office with the thermometer at about 90 in the shade would have been unbearable! The absence of sediment is an important point, as there is nothing to clog the pores of the skin; the natural action of the skin is not interfered with, and the Rose and Jessamine renders it healthily clear, smooth and soft. The lotion may be freely applied to the face, neck and hands, and I can cordially recommend it as a pleasant and wholly beneficial accessory to the toilet. It may be had of all good chemists or direct from the maker, Mr. H. M. Calfman, Market Place, Newbury, in bottles at 2*s.* 6*d.* and 4*s.* 6*d.* each, post free.

THE SILKWORM.



PARISIAN WALKING COSTUME.

This is a charming dress in violine gros-grain; the godet skirt, consisting of seven gores, the folds kept in place at the back by elastic straps, is lined with silk and Fibre Chamois. The plain tight-fitting bodice is entirely covered with thick cream lace, corded and worked up with violine paillettes. The sleeve is in coat shape, with a large puff at the top. The collar and belt of satin matching the silk are fastened with bows and pointed ends. Felt hat trimmed with black feathers and shot green silk. Quantity of silk required, 16 yards.

Prices of Flat Patterns, Skirt, 6½*d.*, *Bodice,* 6½*d.*, *of* MADAME MYRA, 95, *Regent Street, W.*

Diamonds and their Artistic Treatment.

THERE is nothing so interesting to collectors as a visit to a practical goldsmith, to rummage amongst the multifarious casts and models by which he is surrounded, to have an opportunity of seeing the methods for utilizing the various designs from the antique, so as to adapt them to modern requirements. We do not allude to the ordinary West-end jeweller's shop, but to such as produce goods from their own designs, and who are not content to merely hand on other manufacturers' productions.

We have lately had the pleasure of visiting the firm of Messrs. Watherston and Son, of 12, Pall Mall East, adjoining the National Gallery, Trafalgar Square, one of the few remaining old-established houses where one finds true individuality of ideas and designs completely apart from the well-worn beaten track. The collection of casts of antique jewellery and models of old-time silver plate, which the firm possesses, is well known amongst connoisseurs, and fully accounts for the amount of business they do. It was most instructive to hear Mr. Watherston explain how those designs of old Roman gold jewellery lend themselves as patterns for the beautiful diamond ornaments which they make to suit the fashion of to-day. Buyers have the advantage of selecting the gems and seeing them arranged to such designs as they may choose; and most important of all in these days of competition, Messrs. Watherston, being themselves the actual makers, there is only one profit instead of two. The silver cups and tea-sets, which the firm have had the enterprise to manufacture from the exquisite patterns contained in their collection of old Wedgwood ware, are well worth inspecting, being most quaint and interesting.

Messrs. Watherston are always most courteous in showing visitors their unique collections, and it is very gratifying to find oneself in such an establishment without being importuned to buy, one of Mr. Watherston's pithy remarks being that "appreciation was akin to purchasing."

We have only to add, in view of Christmas and New Year's gifts, that the price of silver now permits the firm to manufacture a full-sized teapot for £5 10*s*., a tea set for £10 10*s*., an afternoon tea set for £5 5*s*., and small bon-bon dishes for 10*s* 6*d*. each.

A Novelty for Blouses.

STABILITY is not one of the virtues usually ascribed to fashion, yet in the enduring popularity of the blouse women may boast that there is at any rate one mode that does not die though it may change; and after all change is a sign of vitality, and while the blouse so conveniently accommodates itself to all kinds of fabrics we may reckon on its remaining with us. The latest novelty for blouses is also the most beautiful and fascinating, and one which will appeal to every colour-loving eye. This material is a Printed Silk Plush in Oriental designs and colours; there is a delightful variety in the designs and colours, and they are all inspired by Indian and Persian fabrics; the intricate designs are conventional in character, the colours are blended in that subtle manner that marks Oriental taste, and the exquisite surface of the fabric shows them off to their fullest advantage. As the Printed Silk Plushes are produced in the looms of Messrs. Lister and Co., their beauty and quality may be taken for granted, and for bodices for theatre, concert and dinner wear it may be safely said that there will be no more lovely fabric than this

An Antidote to the Effects of Sea and Sun.

THERE is a marked contrast when we return from our holidays between the condition of our bodies and that of our clothing; our bodies are invigorated, but our clothing in an advanced stage of dilapidation, needing beyond all other renovations the kindly offices of Messrs. P. and P. Campbell, of Perth.

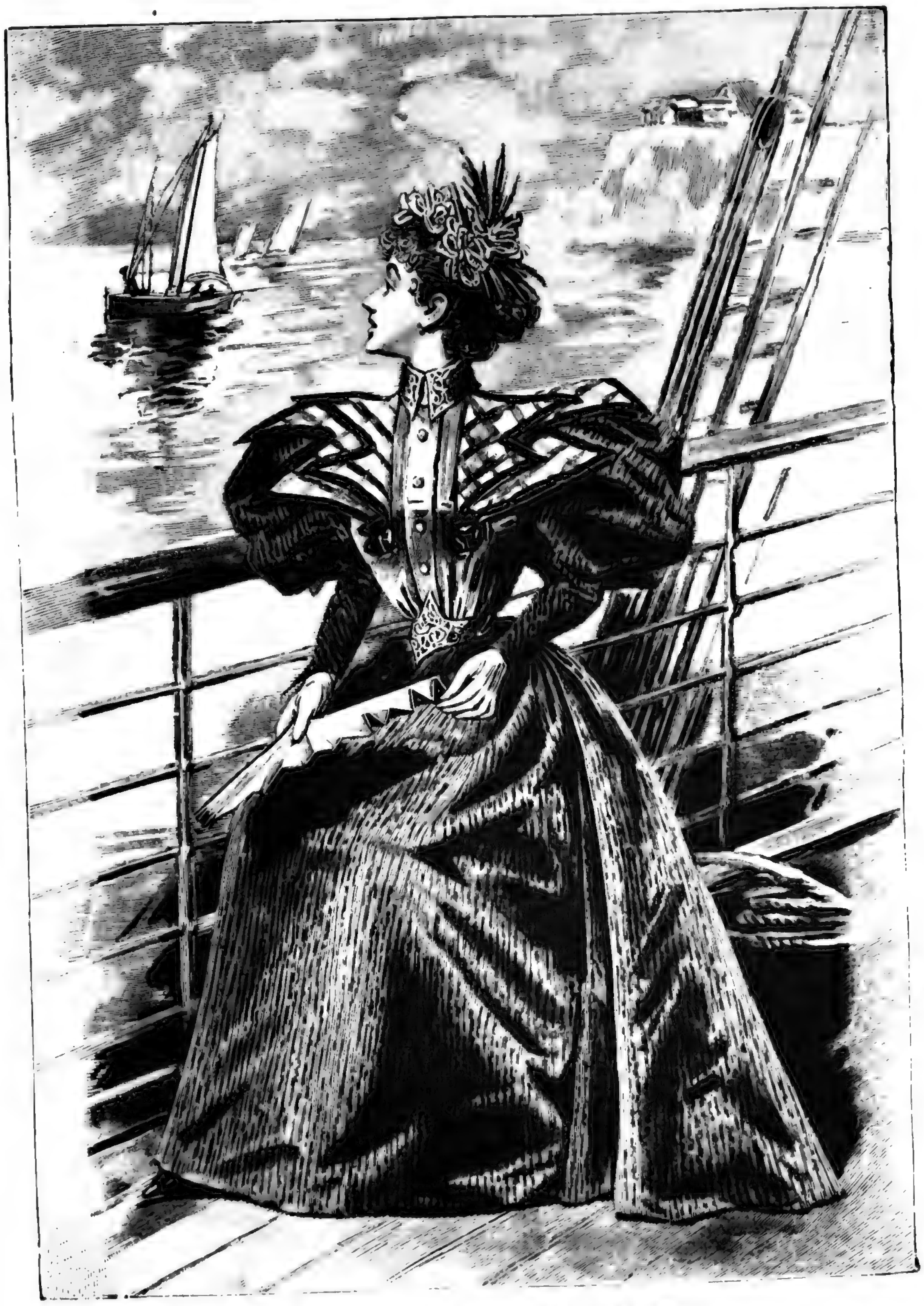
So much has been done of late by science and art to raise the standard of dyeing in this country, that there is no longer the dislike to wearing a dyed dress that was quite justifiable when the dress so treated was sent home stiff and crackling like paper if made of silk, and shrunk and impoverished it made of wool. Neither substance nor colour now suffer at the dyer's hands, and this well-known firm has made a speciality of the treatment of ladies' dresses in soft light summer fabrics, which they can dye in the darker and warmer shades that are often preferred for autumn and winter wear, and that without the tedious task of unpicking and remaking. Silks and satins are dyed by a special process which preserves the fabric unbroken and imparts a rich and brilliant finish. Velvets and velveteens can be redyed whether black or coloured, and the pile raised like that of new material. Our fur trimmings and fur-lined cloaks may also be entrusted to the firm for cleaning, dyeing and alterations, and the sooner they are sent the better, if we wish to have them home before the rush of work makes it impossible to execute orders with the despatch that every woman thinks her due when her own affairs are concerned.

The French dry cleaning process applied to gentlemen's clothing is admirably carried out here, and is also successfully applied to ladies' clothing, window curtains and other articles that do not require dyeing. Only one precaution is necessary, and that is to make sure that parcels are sent either direct or through one of the firm's numerous receiving houses to Messrs. P. and P. Campbell, The Perth Dye Works, Perth.

OUR PRIZE COMPETITION.

ALL the competitors for the award for the best worked Berceaunette cover have copied with complete exactness the design given in the August number of MYRA'S JOURNAL, but with many variations as to the purpose of the work and the manner of carrying out the design. The first award is given to the work of Miss Giles, of Perrymead, Bath, who has utilized the design for a tea-table cloth, made of plain linen with a wide hem and drawn thread insertion. The work is executed in pale green, white and two shades of heliotrope silk, and is very fine and faultless in smoothness and regularity. The picots, spots, and outlines in button-hole stitch are beautifully worked, and the blending of the colours is soft and harmonious.

For the last competition in this series we have decided on a set of six dessert d'oyleys; the award will be given to the sender of the six most original, effective, and well worked d'oyleys. Both the materials and the style of the work are left to the intending competitors; crochet, knitting, and painting are excluded from the methods of decoration to be employed, but all kinds of embroidery, drawn thread work and lace are permissible. All work must reach the office by November 4th, and the result of this competition, together with that of the whole series for the £15 prize, will be announced in our Christmas number.



YACHTING COSTUME FOR THE MEDITERRANEAN.

The skirt is composed of amethyst mohair and is mounted at the back in large double box-pleats. The blouse corsage is of mauve and white shot silk with a box-pleat down the centre. The pointed belt and the turned-down collar are of cream lace over silk; the sleeves are of the mohair in the ordinary gigot shape cut on the bias of the material. Over the shoulders is a deep collar of plaid silk cut in sharp points and bound with black velvet. Revers to match are turned back over the front of the collar, and secured on the bust under velvet rosettes. Straw capote trimmed with orchids and reeds. Quantity of material required, mohair, 6 yards, shot silk, 2 yards, plaid silk, 1½ yard.

Prices of Flat Patterns, Skirt, 6½*d*., *Bodice*, 6½*d*., *of* MADAME MYRA, 95, *Regent Street, W.*

"Tears, Idle Tears."

Tears, idle tears,
I know not what they mean. . . .

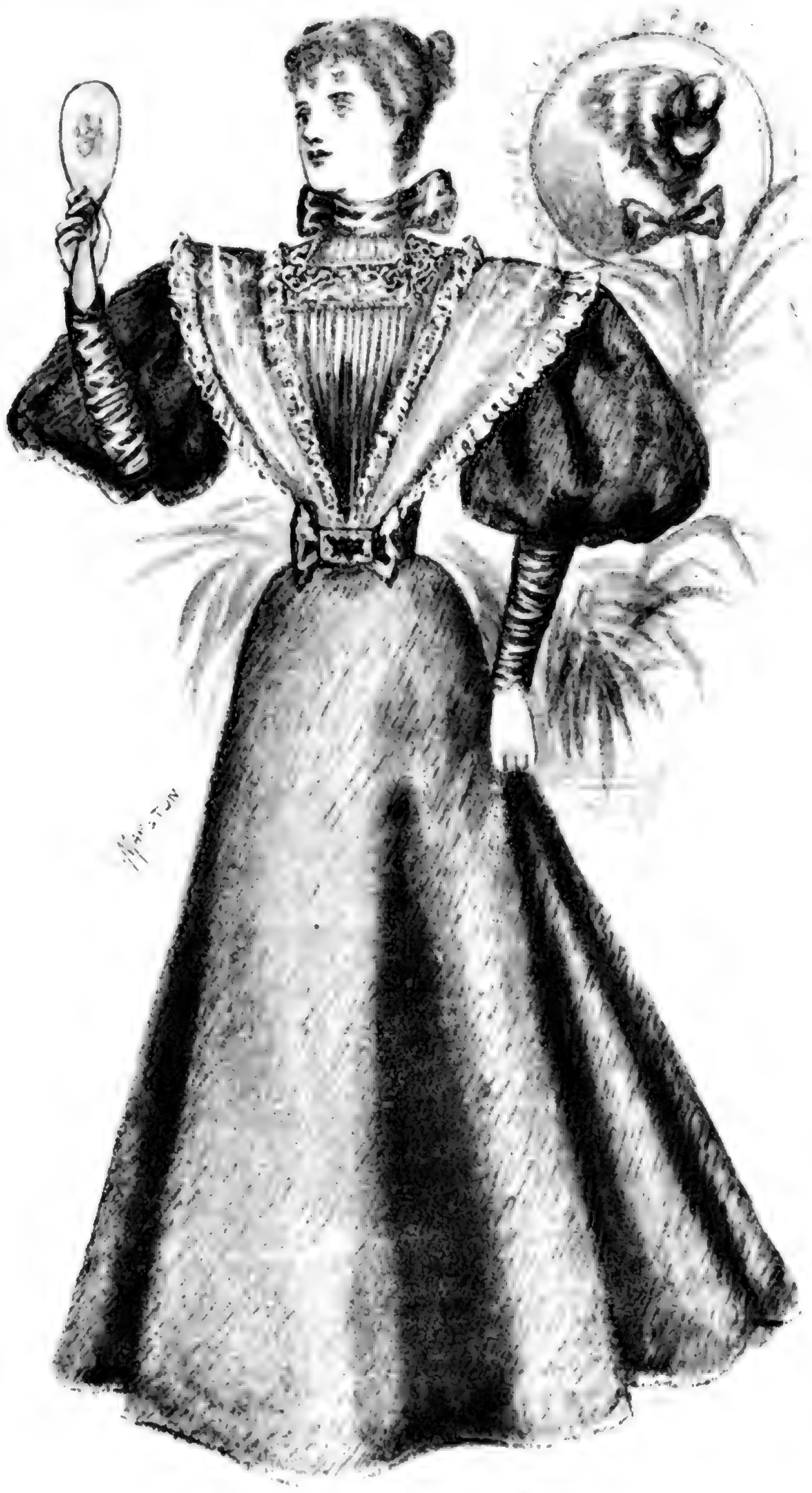
BUT *I* know what they mean. They mean dulled eyes, disfigured looks, blurred cheeks, general demoralization. They mean exasperated feeling on the part of our male belongings, and humiliation for ourselves. If I were asked to name the three leading vices of women, I would say—tears, worry, and overwork. I have been provoked to speak out on these points by some pathetic letters which I have received of late. I, not being of that superior order which thinks it can exist (I will not say live) in serenity without the affections or attentions of the male sex, am going to dare to say a few things which may possibly be useful to other women of like minds. And those women, I will venture to "make oath and say," are the dearest and sweetest in the world. For what is natural is dear and sweet, and it is natural that a woman should love to be attractive to her lover, her husband, or, in default of either, her brothers and friends. It is absurd to sniff, and pretend that we don't care what men think of us; we do care, and we may as well own up at once that the reason we try to make the best of ourselves, to preserve the texture and colouring of our skins, the growth and brightness of our hair, the shapeliness of our figures, is not entirely for our own self-respect, but that we may please those upon whom our happiness depends. And it is in the interests of healthy-minded women, who are jeopardizing their chances of this approbation which makes their happiness, that I am writing these few words of warning.

It is my greatest joy to know that women will confide to me griefs, hopes and fears which I verily believe they would confide to no one else. And one letter has so wrung my heart that I cannot refrain from quoting it, knowing that the writer will forgive me, if thereby one other woman may be helped to struggle against the agonizing fear which is enveloping her whole being. She says :—

". . . . . . I was considered rather pretty, and I don't like to lose my looks, though I only care about them for my husband's sake. I love him so dearly, and oh, I am so wretched! He used to love me so much, and now I think he is getting tired. He used to be so proud of me because his friends admired me, and so, above all, I still want to look nice. I have cried for weeks; it is so hard to find his love growing cold. I do my very best to please him. Oh, why do men change so?"

Now the simplicity of this plaintive little appeal went to my heart. "He is getting tired." "I have cried for weeks." "It is so hard to find his love growing cold" "I do my best to please him." "Oh, why do men change so?" There is the whole pitiful tragedy of a woman's life in these few disjointed sentences, and the pity of pities is that so much of it might be avoided if women would only take thought for themselves and their happiness. It being granted that their happiness is bound up in the constancy of one man's love—and I am certainly not addressing women of any other tone of thought—why do they not set themselves, seriously, scientifically, artistically, to retain it? And this is not to be done by tears, supplications, or appeals *ad misericordiam.* A laugh will win a man back to good temper sooner than a tear. I "am not denying" that tears have their uses, but their abuses are so much greater in number than their uses that the safest way for the majority of women is to steadily deny themselves the luxury of crying, whether openly or in private. Tears are irritating to a man. He cannot be expected to know just what is the mental or physical condition which has caused them to flow; he cannot see what he has said to cause such an outburst, and he feels aggravated at being placed in the position of being a brute, when his masculine consciousness acquits him of guilt. Then it is extremely difficult to cry becomingly. It was Sophy Streatfield (if I remember rightly—at all events, Fanny Burney has immortalized her) who could cry so exquisitely that the guests at Thrale Hall used to implore her to exhibit her special accomplishment for the pleasure of seeing the pearly tears roll down her lovely cheeks, but I misdoubt me whether even this elegant talent would not pall upon a husband, if it were displayed for his benefit too often. And when the act of crying is accompanied by a reddened nose, swollen eyelids, and blotchy cheeks, the effect is anything but captivating. Crying in the privacy of one's room is one shade less reprehensible, but it carries its retribution in the form of tired eyes, and a generally washed-out appearance. Therefore I say, no more tears. When the hysterical feeling rises, check it by main force of will. Divert your thoughts from the present grievance. Deny yourselves the great luxury of "a good cry." Take a glass of cold water as soon as you feel the temptation to cry is overcoming you, and force yourselves to do something out of doors or in the presence of others, which will make it impossible for you to make a show of yourselves. In time you will find, by this simple effort at self-discipline, that it will be as easy not to cry as to cry, which is saying a great deal. Disabuse your minds of all idea that crying in any way relieves your pent-up feelings. The relief is of the same nature as a drug or stimulant, the after effects of which are deplorable. The miserable washed-out look which comes about the eyes of crying women is quite sufficient to justify my statement. Now and then, just as a sort of holiday, one may be allowed the luxury of a good "howl," when the time and opportunity suit, but the time and opportunity suit so seldom that the luxury will be something like Christmas, which comes but once a year.

I have only dealt with the first part of my text, supplied by this dear little wife, who is making herself so wretched, but I have a great deal to say in the future about the best way of retaining a man's love, a love which can never, in my humble opinion, exist unaccompanied by admiration. The whole question is begged in the words, "He used to be so proud of me." "Used to be so proud?" Why is he not so still? Whose fault is it? Has this woman let herself become flat, dull, colourless in mind and body, and if so, can she blame her husband for getting tired? And does she think that she will mend matters by tears, which will only make her nerveless and unattractive to the last degree? No; rather let her brace herself to the work which is after all the work of her life, since it is the only work which will satisfy the craving of her truly womanly heart—the work of being ever fresh, desirable and companionable to her husband. I am weary of all this talk about husbands getting tired of their wives, and of all the miserable stories of enforced fidelity or concealed infidelity. I believe that the remedy lies in the hands of women themselves, and that instead of sitting down and making things worse by crying, they have only to buckle to, bring their common-sense to bear upon the question, and that they would find—seeing that they have the immense advantage of knowing their husband's tastes intimately—that they are perfectly able to please them, if they be so minded. So, to begin with, no more tears.



DEMI-TOILETTE GOWN.

The godet skirt and the puffs of the sleeves are of black or coloured crépon, or of shot or fancy silk. The bodice is of accordion-pleated chiffon over silk, cut in a half low square at the neck, outlined with a band of paillette embroidery. A chemisette of net is drawn up under the black satin collar, and the belt is also of black satin passed through a buckle in front. From elbow to wrist the arms are covered with drawn unlined net. The fichu is of printed muslin or of gauze edged with lace. Quantity of crépon required, 6 yards.

Prices of Flat Patterns, Skirt, 6½d., Bodice, 6½d., of MADAME MYRA, 95, *Regent Street, W.*

Hints for the Household.

WITH the lengthening evenings of autumn comes the necessity for a thorough inspection of all our lighting apparatus. Lamps should be carefully examined to see whether they act well, and every part cleaned by washing or boiling it in soda and water. The best thing for the daily cleaning of lamp chimneys is methylated spirit and a little chalk; they are less liable to crack than when washed. In trimming the wicks, if these are flat, a tiny piece should be cut off the corners to prevent smoking.

THERE is no comparison as to the hygienic superiority of lamps over gas; it is calculated that an ordinary gas jet consumes as much oxygen as five people, and as the number of burners usually alight is at least three, it is patent that there can be very little oxygen left in the atmosphere. Hence the headaches and feeling of suffocation from which many people suffer in a gas-lighted room. Gas stoves if properly fixed have not the same effect, as the vitiated air escapes up the chimney.

A FRENCH method of cleaning kid gloves is to put on the gloves and wash them well in spirits of turpentine, exactly as if washing the hands. The fingers and soiled parts must be well rubbed, and when the gloves are taken off they must be stretched, and allowed to dry, hanging in a strong current of air.

VINEGAR and yeast should never be kept in stone jars, for there is an acid in them which attacks the glazing and, mixing with it, has a poisoning property.

A CUP of hot water drunk the first thing in the morning will often prevent a violent attack of biliousness. Hot water as a beverage is exceedingly wholesome, especially when the digestive organs are weak; it should be taken before and after meals, and the first thing in the morning and the last at night. A little squeeze of fresh lemon juice makes it less insipid to drink.

AN excellent strengthening mixture may be made by placing four new-laid eggs in their shells in a jar and covering them completely with lemon juice. The jar is then tied up closely and left for three or four days; at the end of this time the shells will be dissolved in the lemon juice. The mixture is now well beaten up and half a pint of rum and enough sugar candy to sweeten to taste are added to it. The mixture keeps well in a bottle and a little of it may be taken once or twice a day.

To keep apples in a barrel through the winter, bore holes in the bottom and sides of the barrel, and place this on a dry platform raised a foot or more above the ground.

WATER bottles and decanters may be cleaned and stains inside them removed by shot, tea-leaves, or potato peelings and a little water. Wine bottles are best cleansed with charcoal broken in small pieces, and a little powdered charcoal left in bottles for a day or two will effectually remove any unpleasant smell.

PARSLEY may be kept for winter use by picking early in the autumn sprays that are in good condition, tying them together in bunches, and hanging them up by the stalks in a dark cool place. When dried the parsley should be placed in an uncovered basket or bag and kept in a dry place. It may be treated like freshly gathered parsley when wanted for use.

WHEN making morning calls, a gentleman should never leave his hat in the hall, but take it into the room with him and hold it in his hand. Umbrellas must be left in the hall.

A SIMPLE plan for keeping bread from getting dry is to place in the pan a board pierced with holes, and supported so as to be two inches from the bottom. Let there be one inch of water, and put the bread on the board and cover the pan with the lid. The enclosed air in the pan will prevent the bread from becoming too dry.

To remove wine and fruit stains from linen, rub the part on each side with yellow soap. Then lay on a mixture of starch in cold water very thick, rub it well in, and expose the linen well to the sun and air till the stain disappears. If the stain does not disappear within three or four days, repeat the process after rubbing off the previous trial.

DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
In sealed packets and tins only.
1/6 to 4/- per lb. Of Leading Grocers Everywhere.

To get a tight ring off a finger, thread a needle, with care pass up the eye under the ring, pull the thread through a few inches, lap the long end of the thread tightly round the finger down to the nail: then lay hold of the short end and unwind it. The thread pressing against the ring will gradually remove it from the finger.

THE average height of a newly-born infant is eighteen inches, and it takes three years to double its height. About 9 lbs. is the extreme weight of a baby at birth; the increase of weight for the first month or two is about a ½ lb. per week, but it sometimes reaches as much as half a pound weekly. At the age of four months the weight should be about 12 to 14 lbs., or even more. After this the increase in weight is less marked, as a well-grown child of twelve months rarely weighs more than 25 lbs.

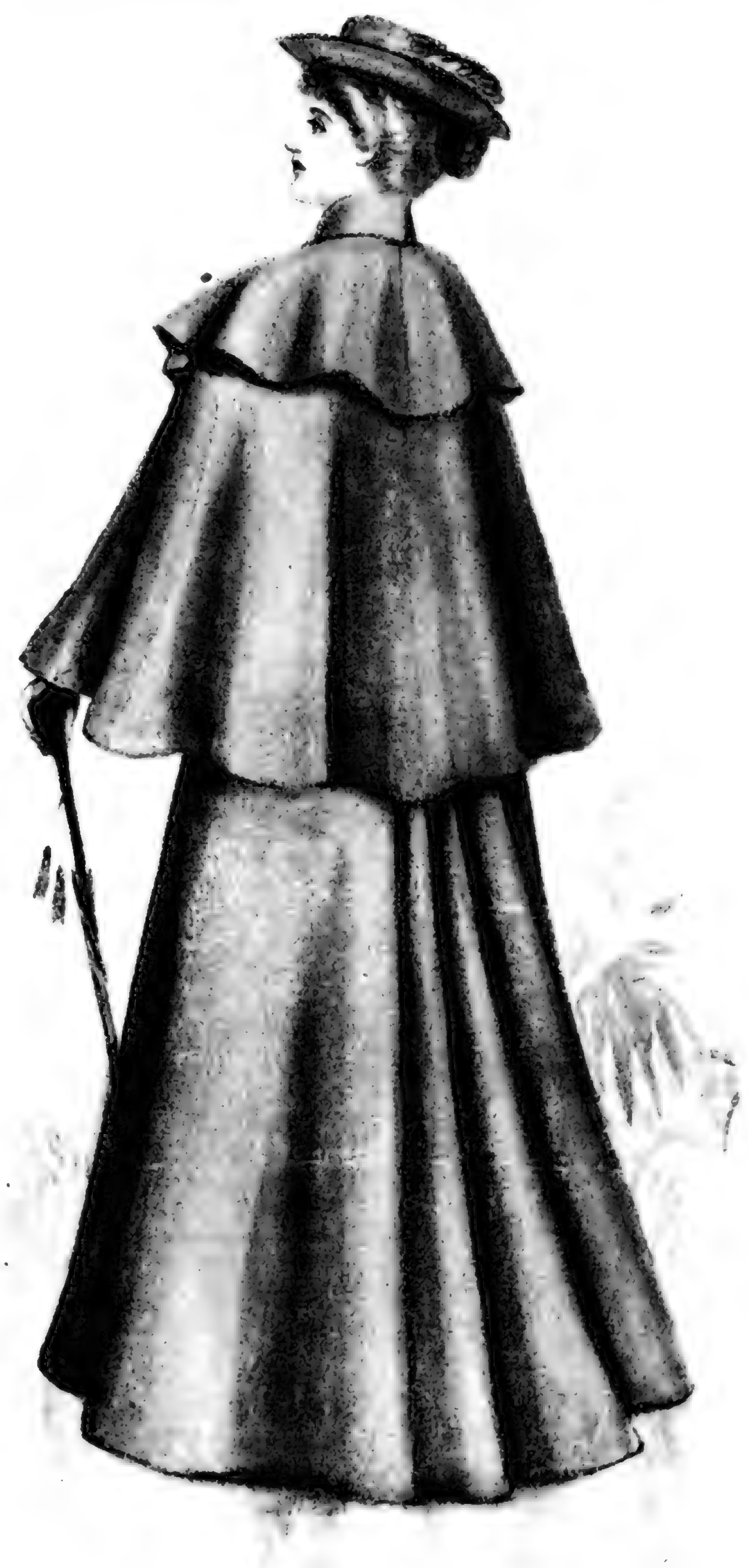
A STORE of pine-cones, picked up in any place where there are woods with fir trees, are valuable for making a winter fire more cheerful. They are full of turpentine, and a few thrown on to a dying fire produce a blaze at once pleasant and fragrant.

WHEN choosing fowls see that they are plump. Young birds have smooth legs and combs.

BEEF and mutton possess the greatest nutritive value of any of the meats.

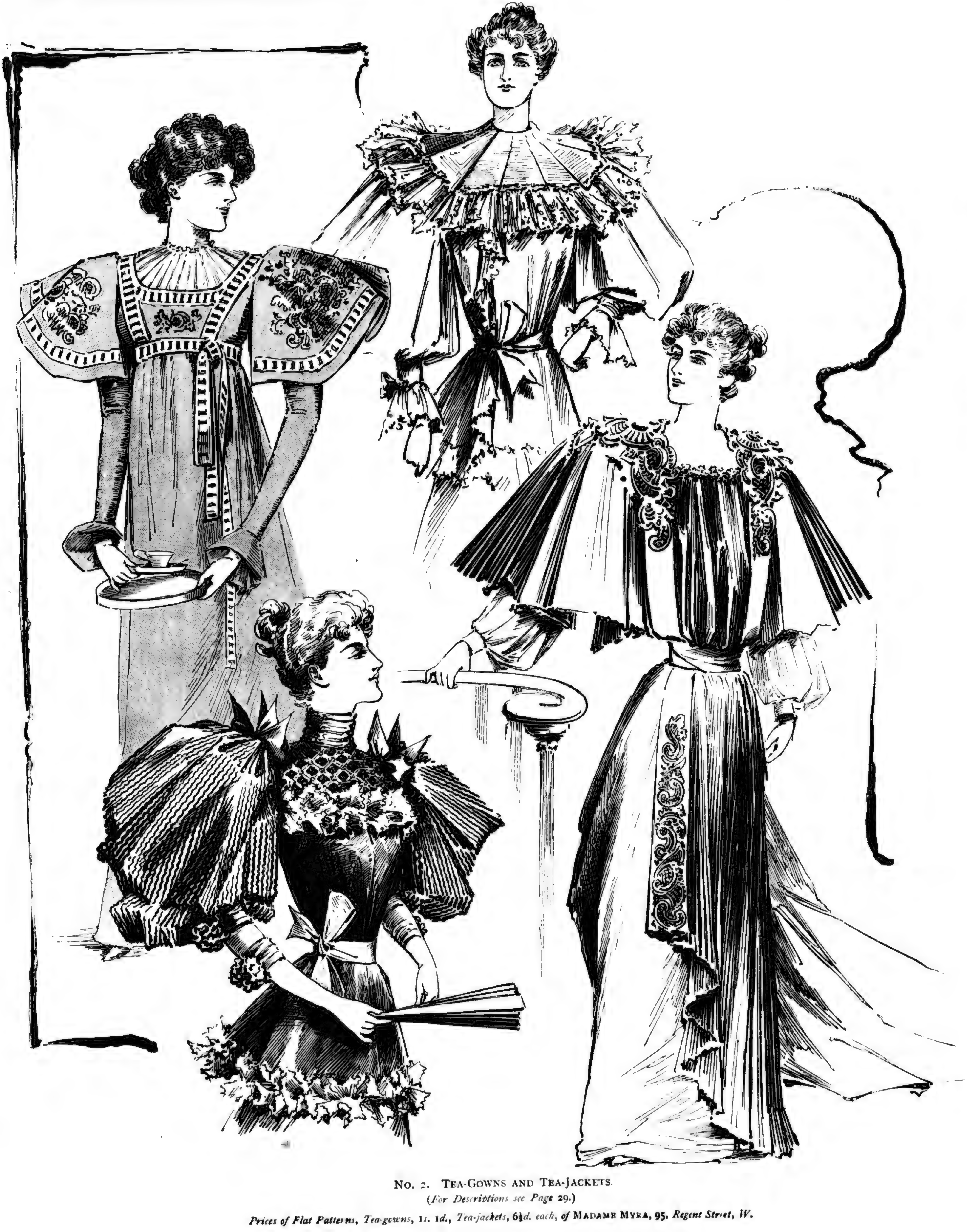
COLD water and flour mixed will at once relieve the pain caused by burns, and may be used repeatedly.

TWO or three oyster shells put into the kitchen boiler will collect hard matter almost as well as an anti-incrustator. They should be carefully cleansed before they are put in and renewed in a month or more, according to the hardness of the water.



WATERPROOF CLOAK IN CRAVENETTE.

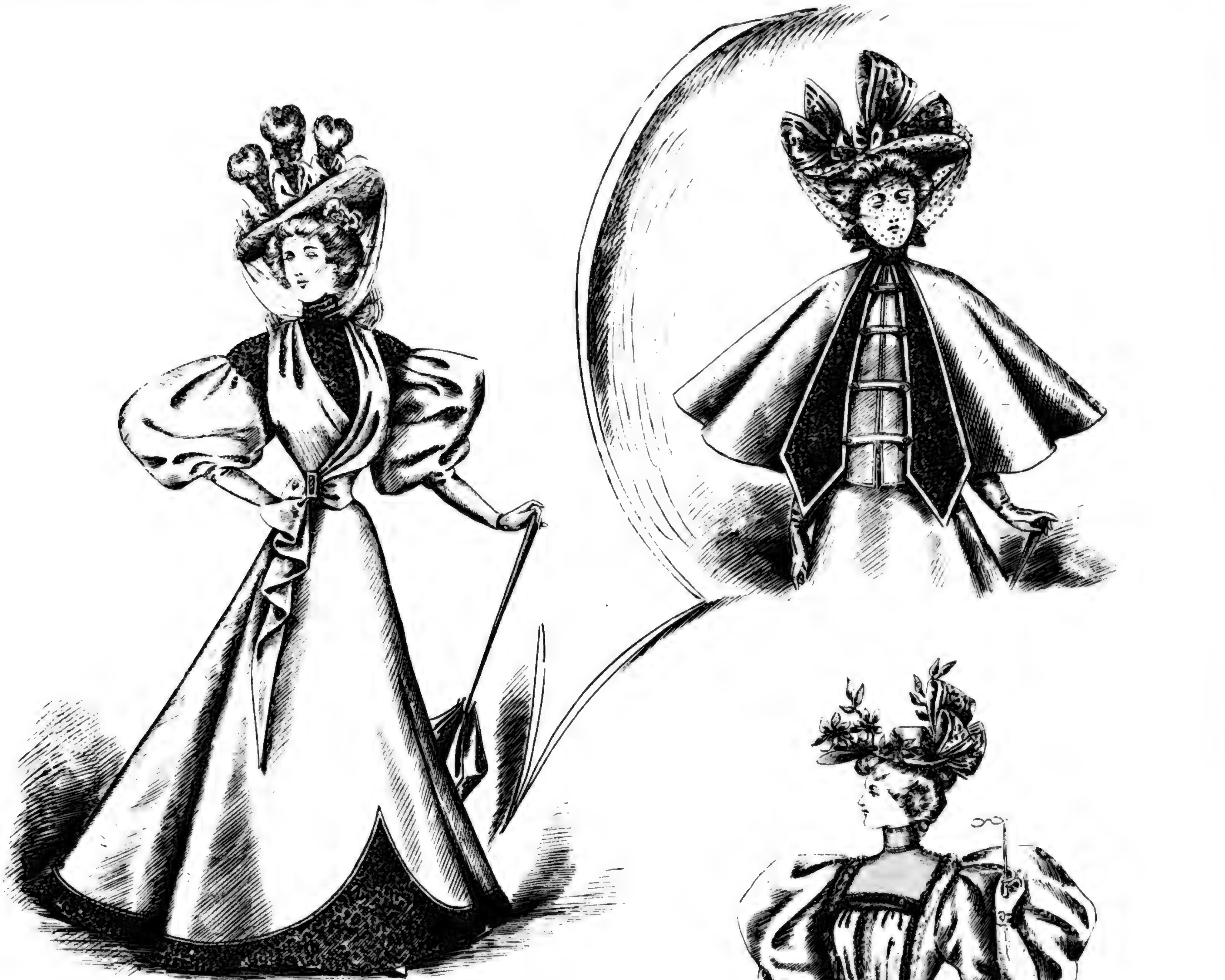
This useful cloak is made in a fine black twilled material rendered waterproof by the Cravenette process. It consists of a long sleeveless cloak buttoned to the edge in front with a detached double cape finished off with a turned-down collar. The Cravenette coatings and cloakings may be recognized by having the word Cravenette stamped on the wrong side of the material at intervals of a yard apart.



No. 2. Tea-Gowns and Tea-Jackets.

(*For Descriptions see Page* 29.)

Prices of Flat Patterns, Tea-gowns, 1s. 1d., *Tea-jackets,* 6½*d. each, of* Madame Myra, 95, *Regent Street, W.*



No. 3. Fur-trimmed Costumes and Mantles.

(*For Descriptions see Page* 29.)

Prices of Flat Patterns, Skirts, Bodices, Capes, 6½*d. each, of* Madame Myra, 95, *Regent Street, W.*

Lessons in Millinery, No. 30

OCTOBER! What a bright crisp golden sound the word has, and what pleasant recollections of delightful days amid the heather, of cosy tea-table talks over the first fires, it recalls to our minds. Yet is there a sweet regretful sadness about the word also, for we are saying good-bye to the long summer days, and have rather a depressing vista of fogs and mists for the immediate future. One must live entirely for the present moment during this month, as in every state of transition. Our eyes turn with longing to warm bright colourings, and nature gives us what we crave for, with her brilliant autumn tints in leaves and berries. We are seldom original, and can do no better than copy our great mistress, Nature, "with modifications."

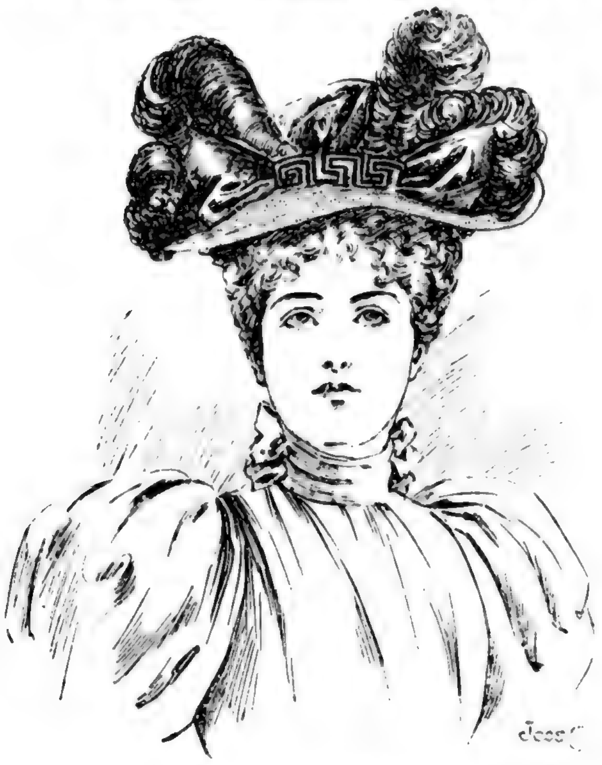


FIG. 1. VELVET HAT.

This October berries of all sizes, shapes, and colours are to be immensely fashionable, and are used in Paris already in the most unusual profusion. Pretty collars and ruches for the neck are made entirely of berries, soft light velvety berries, which are also warm and comfortable, though wonderfully natural in appearance. Of such berries in dull shaded reds is made the crown of the bonnet, fig. 2, of which the shape is given in the diagram; the side and front gores are joined neatly together, to form the pretty flutings in the front, and the back is cut to leave a point in the centre and two points each side. Cut the shape in spartrie, join up the gores to fit the head comfortably, and then wire. The wiring must on no account be too tight, or it will pucker. Choose a fine *paper* wire, this being firmer, but should you not have this, a stiff cotton or silk wire will do. First bend the wire to the shape, measure and cut off, leaving ½ inch each end to wrap over. With a shape like this, which needs particular care, the wire should be tied here and there (before beginning to button-hole it on to the shape) to keep it in exactly the right place; the two ends must be placed together and cotton or silk wound round and round them. Great care should be taken that no ends of wire are allowed to stick out, care also being taken to have a pair of sharp wire cutters always handy. When you have wired your shape, do not forget to bind with strips of domett or tissue paper. You should then sew on each berry separately, arranging the shades with great care, not too evenly; cover the shape within an inch of the back and two inches of the front with the berries, then bind neatly and tightly with a strip of black velvet on the cross, and sew on another row of berries to finish off. Then put in the lining. The front is composed of shell-shaped flutings of chiffon, which can be procured in black or any shade of red to match the berries; this goes all round the front of the bonnet as in the illustration, and it is finished off with bows of velvet and gauze striped ribbon and bunches of red berries. The strings should be of narrow black velvet.

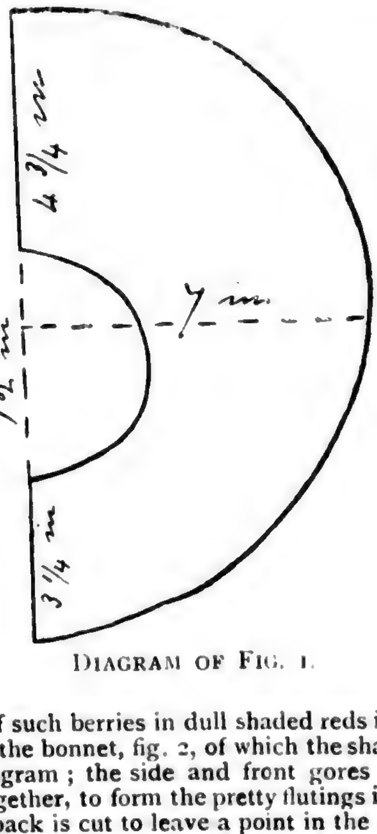


DIAGRAM OF FIG. 1.

Fig. 1 is a pretty velvet hat in a new shape and is wide at the sides. The crown is a soft one of draped velvet, cut in a large circle and pleated in at the base all round. Cut the brim in spartrie, wire and bend to shape and cover with velvet. Then cut the crown in velvet, and line with stiff leno muslin. Cut the inside of brim about a quarter of an inch all round and turn up, then fix on the crown to that and stitch in the lining and trim with bows and feathers according to the illustration.

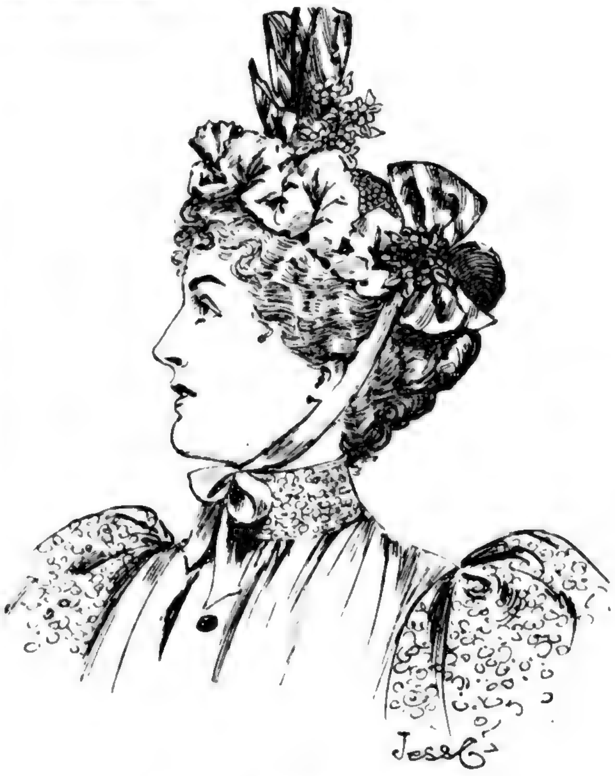


FIG. 2. AUTUMN BONNET.

Fig. 3 is a pretty model of a useful hat in thick double straw, which is better at this time of year than the lighter makes. It has a plaited straw edging round the brim and the crown, and is trimmed with a neatly plaited ribbon and a bow at one side, with two quills standing upright.

Light gauze veils are much used, and those that tie round and under the chin are more fashionable again than ever, as the mass of net pleated under the chin is quite going out of fashion in Paris.

Materials required for fig. 1.—1¼ yard black velvet; 1 cut jet slide; 4 feathers in front; 2 small tips at the back; 4 chiffon rosettes; lining.

Materials required for fig. 2.—6 dozen berries; 2 sprays of berries; 2 yards striped ribbon, 3 inches; 1½ yard black ribbon velvet, 1½ inches; ½ yard shell pattern chiffon.

Materials required for fig. 3.—Straw hat; 2 yards black corded ribbon 3 inches wide; 2 yards black corded ribbon 1 inch wide.

E. W.

Fashions at Peter Robinson's

(*Continued*).

The gored sleeve is a noticeable point in the newest cloth and covert coating costumes; in these too are some decided novelties in the cut of the skirts, while the tight-fitting jacket bodice with plain or tabbed basque appears likely to be the favourite corsage for winter tailor-made dresses. The new skirts are made with an extraordinary number of very narrow gores at the back, and if the material is not too thick all these seams are stitched on the inside and outside, forming little ridges; these ridged seams are repeated on the sleeves and on the back of the bodice. The costumes of covert coating with a band edging the skirt, and yoke, collar, and cuffs of plain cloth edged with fur, are models of simple and stylish costumes; a pretty shade of green is much used for these. The new coarse mohairs and all the fashionable bouclé fabrics are converted into costumes that are admirable alike for taste and good make, and for those who need inexpensive dresses there are capital costumes consisting of skirt and jacket made of covert coating, in different styles and colours, and costing only three guineas. The cloth costumes with military braiding, either artillery, dragoon or hussar, at five guineas, will be very popular, with their neat and well-fitting bodices and correct tailor cut. The Zit Zit cycling skirt, with which the knickerbockers in the same cloth are combined, will commend itself to lady cyclists, to whom its advantages will be apparent.

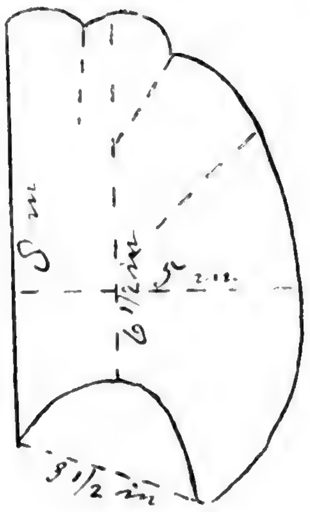


DIAGRAM OF FIG. 2.

Meanwhile millinery claims our attention, and here are many pleasing novelties to mention. Chief amongst them is the appearance of the riding hat of the early part of the century, in silk beaver, with the simplest possible trimming of ribbon. These hats are made in black and in drab, with binding and trimming to match, or in black on drab. Hats as small as these, although in different shapes, are also to be had in black, mastic and coloured felt, with the most severely plain trimming of ribbon, and now and then the added vanity of a quill feather.

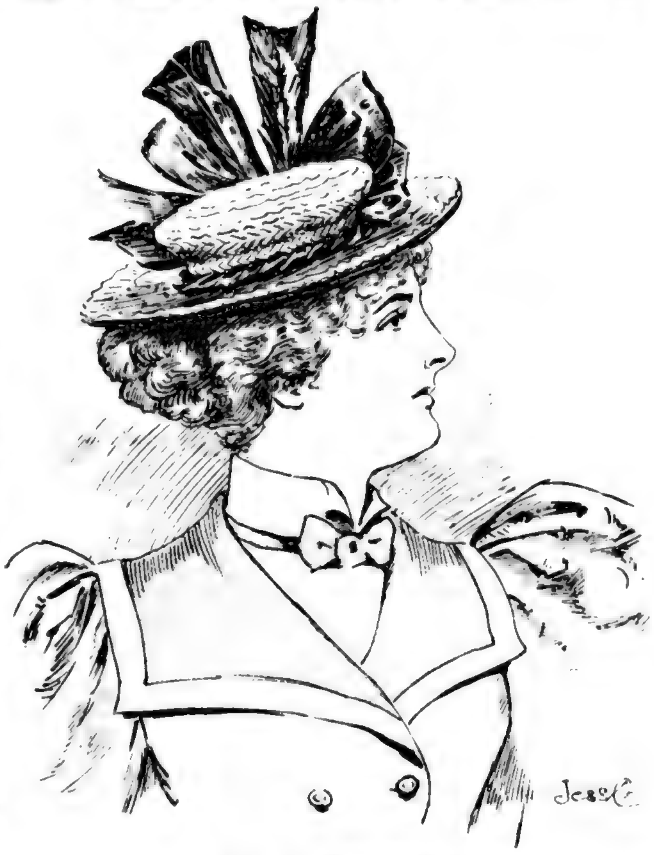
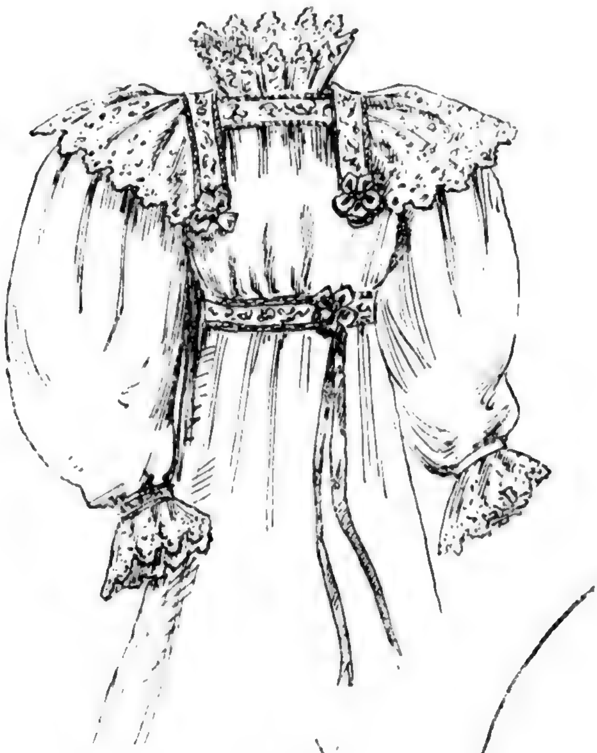
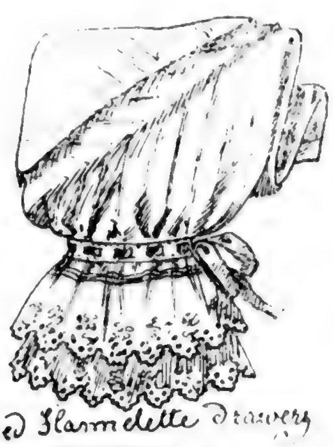


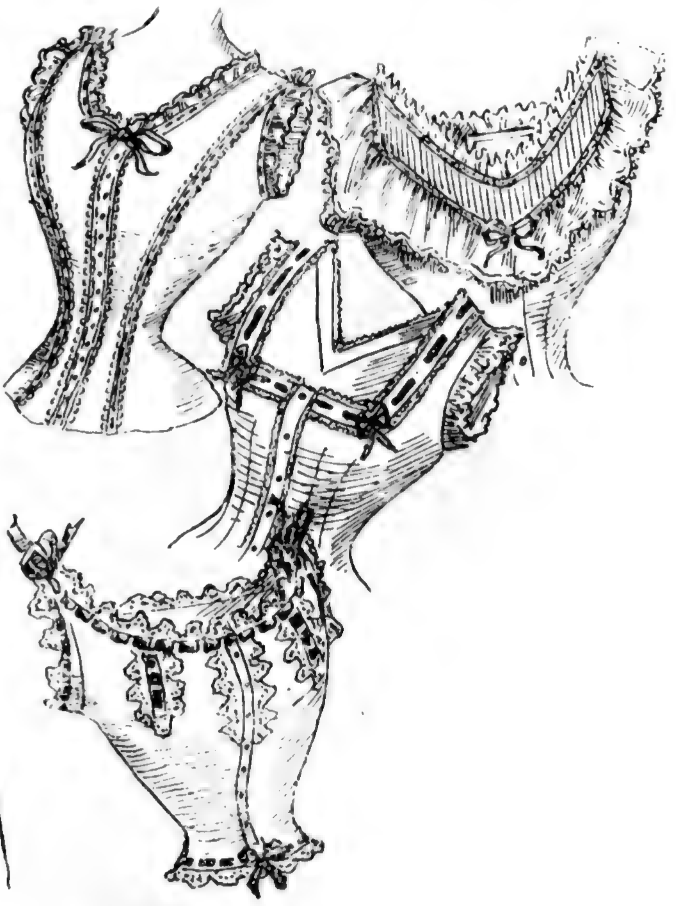
FIG. 3. STRAW HAT.

Practical lessons in millinery can be had by application to the Editress of MYRA'S JOURNAL, and any questions on the subject answered. These must in all cases be clearly written and numbered in order.



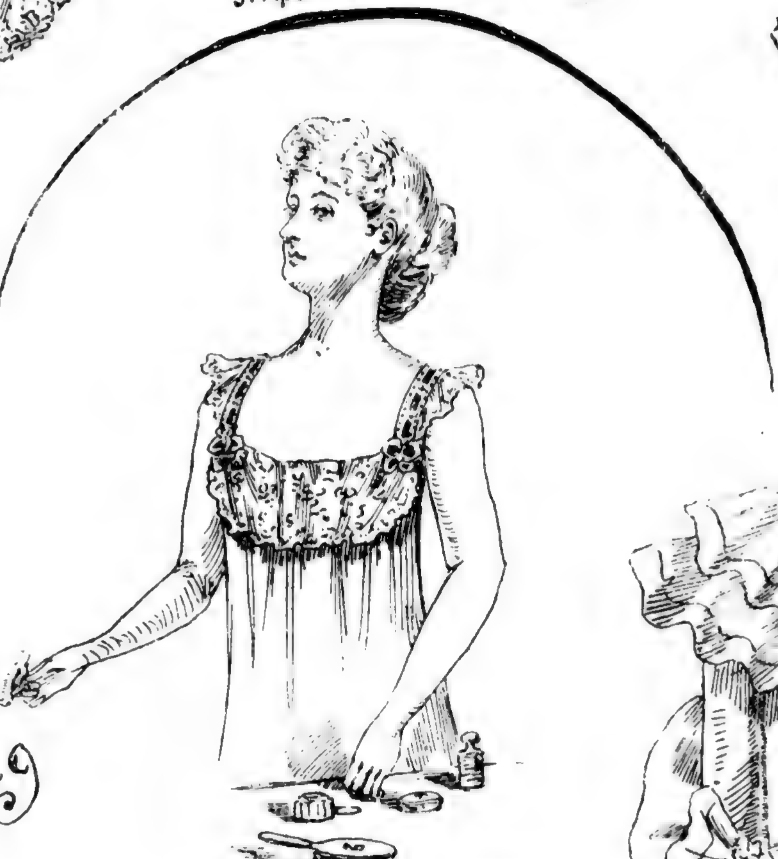


Striped flannelette drawers

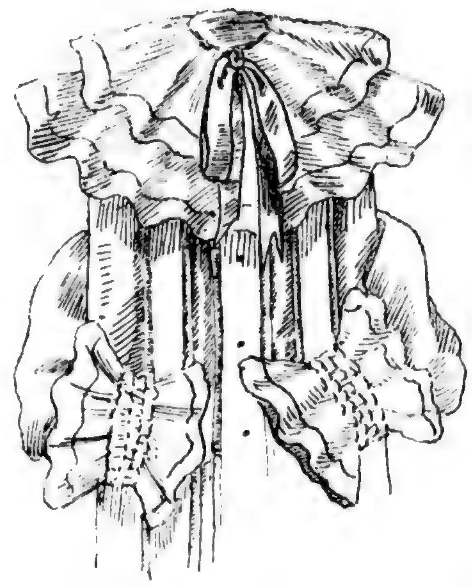


Night dress 1.

Dainty Under Clothing



Silk chemise



Toby frilled nightdress

Fig. 1 is an Empire nightdress made in fine cambric with a band of embroidered insertion let in at the waist, which is above the natural waistline, and across the square cut neck and forming bretelles on either side. All this insertion has a trou-trou edge through which narrow ribbon is run. Deep frills of embroidery over the shoulders, frills at the neck and sleeves, and rosettes of ribbon complete the trimming.

Fig. 2. Striped flannelette drawers. These are made in plain knickerbocker shape, finished off with a band of trou-trou insertion and an embroidered flounce. Ribbon is run through the insertion and tied in a knot.

Fig. 3. A group of petticoat bodices; these are all made of fine cambric; the first is fitted by seams carried to the shoulders covered with lace insertion; the others are cut in different shapes at the top and trimmed with embroidery or lace and ribbon. The second model has a finely tucked berthe ending in a lace-edged frill.

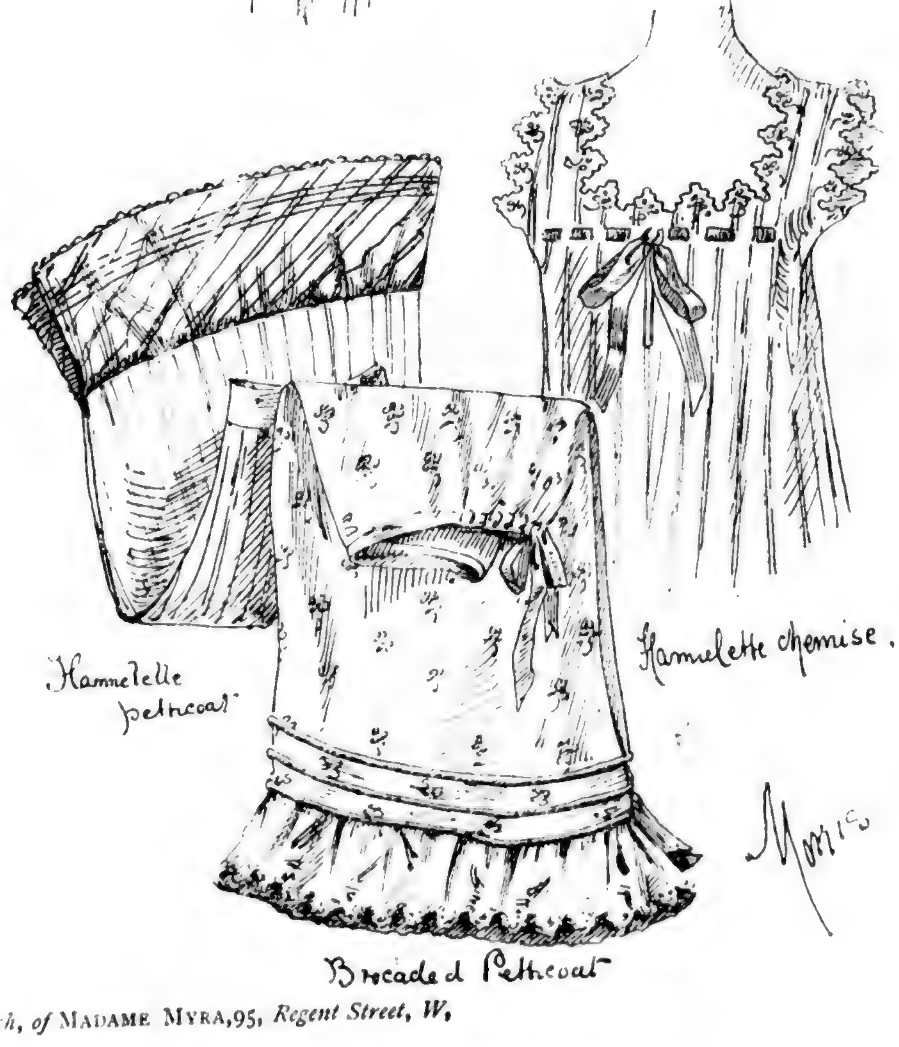
Fig. 4. Silk chemise made in white or pale colours. The top, front and back, is cut straight across, gathered and mounted on a narrow band. This band is carried over the shoulders to form a shoulder-strap, covered with Valenciennes insertion edged with a frill of lace to match. Ribbon is run through the insertion and ends in little rosettes. A deep berthe of Valenciennes lace is sewn on across the back and chest to fall over and hide the band.

Fig. 5. Toby frilled nightdress in cambric with three double box-pleats down the front and one similar deep pleat at the back. These are mounted on a plain collar band and shoulder bands. At the upper and lower edges of the collar band are sewn frills of Cash's cambric with a coloured border. The sleeves are trimmed with similar frills lying either way of a puffed band of white cambric. A ribbon bow fastens the nightdress at the throat.

Fig. 6 is a petticoat which may be made in striped flannel or flannelette; the petticoat is gored, carefully fitted over the hips and mounted on a narrow rounded band. The back part is gathered. At the edge is a cross-cut flounce with scalloped border and two or three narrow tucks near the edge. The top is slightly gathered on a cord.

Fig. 7 is a flannelette chemise cut straight across at the top and with shoulder-straps connecting the front and back. There is a little fulness drawn up by ribbon passed through buttonholes worked in the material. The neck and sleeves are trimmed with embroidered edging worked on strips of the material, which may be in plain white or in coloured stripes.

Fig. 8 is a brocaded petticoat, gored, and lined with silk over an interlining of domet. At the edge is a flounce which may be of lace or of plain silk pinked out at the edge; this is headed by three rolls of satin matching the ground colour of the brocade. The front and sides are finished off at the top with a lined hem, the back part of which forms a casing for the ribbon strings.



Flannelette petticoat

Flannelette chemise.

Brocaded Petticoat

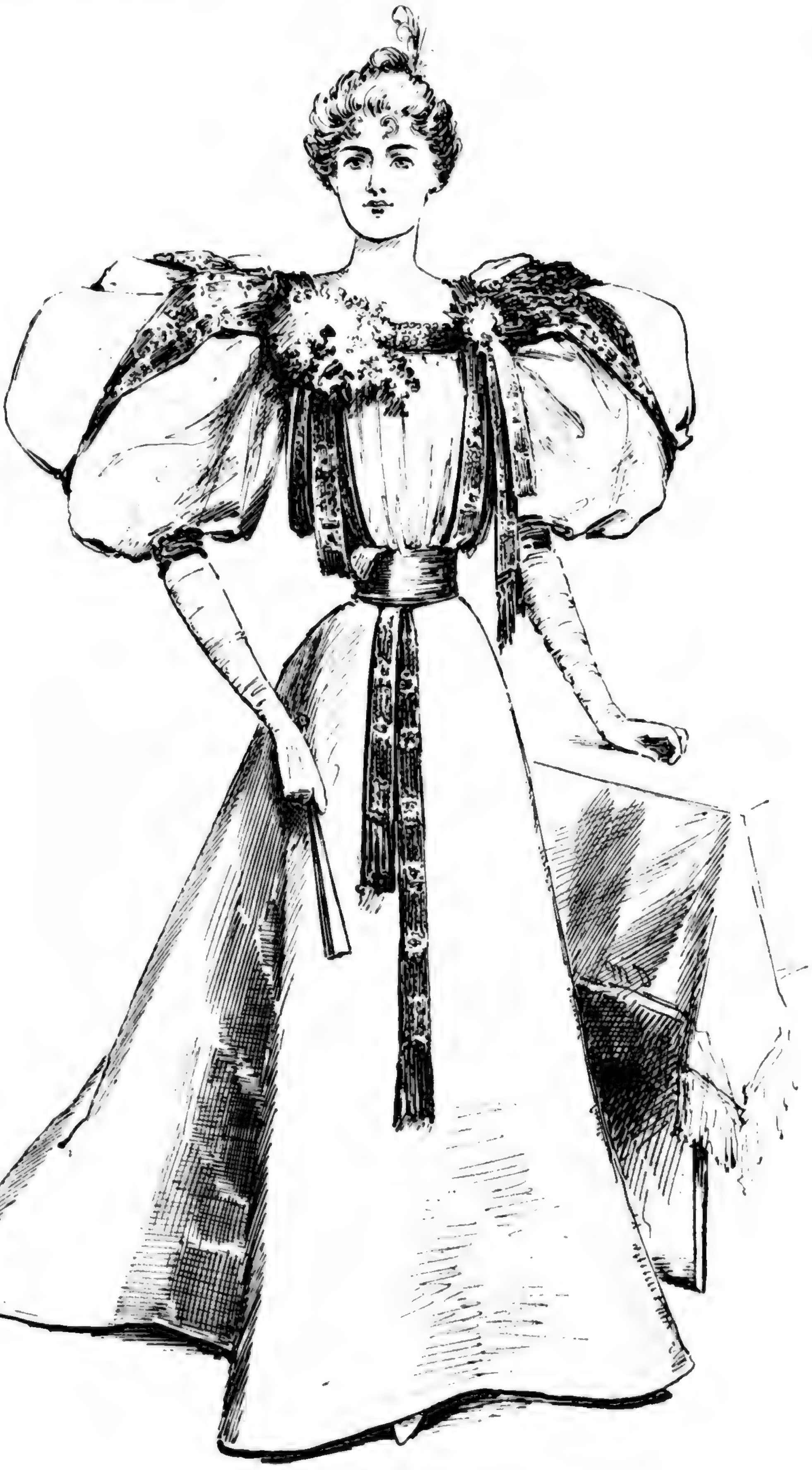
Morris

Prices of Flat Patterns, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*

Hints on Economical Dress

THERE is a point in the career of a dress when its renovation savours more of extravagance than of economy; so long as it is untouched it looks fairly well, but when it is taken to pieces and its shortcomings become ever more and more apparent, we find to our chagrin that it is not worth the trouble and expense of remaking, or else, worse still, we only make the discovery after our time and money have been spent in the useless task of trying to make a good new dress out of an indifferent old one.

Well preserved winter dresses of a past season are however always worth careful consideration, and those who were wise enough last winter to buy any of the capital materials with astrakan effects and patterns in black loops, that were then in vogue, may congratulate themselves on having dresses that are still fashionable, and that may possibly be worn without any alteration whatever. Changes, however, if desired may easily be accomplished, and new sleeves of fancy silk, a velvet corselet or pinafore bodice, a short jacket of velvet or velveteen, or a new bodice of velvet or silk with the old sleeves, are alterations that are permissible and will give the dress the touch of novelty it wants.



A Stylish Evening Dress.

Godet skirt of white satin lined with pink silk; the skirt consists of nine gored breadths, mounted at the back in narrow box-pleats. Bodice of full white chiffon over a tight-fitting white satin lining, and puffed sleeves of white satin. Pink ribbon embroidered with silver sequins frames the low square bodice and hangs in looped bretelles from either shoulder; on the left a fringed end falls to the waist, on the right long ends pass under the draped pink sash and fall on the skirt. Epaulets of lace lined with pink and embroidered with silver sequins fall in long points over the sleeves. Quantity of white satin required, 18 yards.

Prices of Flat Patterns, Skirt, 6½d., Bodice, 6½d., of Madame Myra, 95, *Regent Street, W.*

A fashion that is departing with the summer is that of the light bodice, whether blouse or well-fitting corsage, as an accompaniment to a dark skirt; the bodice may still be different, but it now takes the form of some kind of jacket, and it is generally in velvet matching the dress or in a dark harmonizing colour. The jackets are made in all shapes, tight-fitting with rounded fronts, loose and square-fronted, or else cut in some fanciful shape, a kind of blend of corselet and jacket, which is worn over a full chemisette or blouse front and finished off with epaulets that fall over the top of the sleeve. Some of these velvet corselets are cut in the shape of a Breton bodice in front, that is half low, and then open in a narrow point nearly to the waist; a little braid or passementerie trims the top, and with these bodices a short slashed oversleeve is generally substituted for the epaulets as being more in character. In a case of this kind the underbodice and sleeves may be of light-coloured silk, either plain or fancy, so that here we have the means of wearing out some of our summer silk bodices which it is not worth while to put by for next year. Pretty models of these Breton corselet bodices were illustrated in the July and August numbers of the Journal, and those wise readers who keep their back numbers may refer to these for the illustrations in question.

The pleated gauze or chiffon blouse is by no means out of date, it is indeed the favourite bodice for wearing with a black silk skirt, only it is no longer made in very light colours, nor seen out-of-doors uncovered by a mantle or cape. Red chiffon bodices are very fashionable with black skirts, and are decidedly stylish on a good figure, but the good figure is a *sine qua non.* Black gauze and chiffon, and all dark but bright colours, are much worn, and will continue to be for some time to come.

Transparent black gauze may be used for a variety of purposes and with all kinds of dresses. It is pretty over colour for the sleeves of light-coloured dresses, and also for blouses that have sleeves matching the skirt, whether this be of silk, alpaca or crépon. The black gauze sleeves are made immensely wide, and have black satin bows on the shoulders.

Black gauze again makes a delightful trimming for tea-gowns and indoor dresses in shot and fancy silks. Long coquillé flounces of the gauze conceal the fastenings and finish off the elbow sleeves; the collar is usually of guipure, but this detail is a question of taste. Very pretty fichus are also made of black gauze and silk muslin; they are edged with double frills, crossed in front, and the frilled ends are tied at the back.

Sometimes these draped fichus are a fixture on the bodice, and they are made of all kinds of materials, the chief rule to observe about them being to make them of a different material from the dress. Silk and fine cotton, muslin, gauze, lace and embroidered and spangled fabrics are employed for dressy toilettes, whether made of plain or broché silk, and satin or velvet on dresses of a more useful character in dark silks and fine woollens.

There seems to be some prospect of a revival of satin, and velvet will be very fashionable both for dresses and mantles. There are some charming little autumn capes in black velvet lined with black satin, made double, the upper cape being shorter than that underneath but of the same width, and both falling in soft, easy folds. The edge is left untrimmed, their simplicity being their chief beauty, and the neck is finished off with a ruche of gauze, or better still with a high Valois collar open in front and rolled over at the edge.

Meanwhile, however, the ruche continues in vogue, and many dresses and capes are finished off at the neck with a thick ruche of black satin ribbon.

Plain tweed capes are now being made with a certain amount of fulness at the back, which is arranged at the neck in a few small pleats meeting in the centre and stitched down for a few inches. Reversible tweeds having a gay plaid lining are much used for these; quaintly-shaped hoods, ornamented at the back with revers of plain cloth fastened down with little buttons, are also seen on some of the new capes, and hoods of many shapes are fashionable. Stitching is the most stylish form of decoration for plain cloth mantles, however, rows of stitching divide the cape into gored sections, the sections being sometimes real and joined by a seam, but more often the seam is missing; stitched bands are rather *démodé* but mazes of stitchery, requiring very skilful workers to make them effective, decorate all the newest and best of the short cloth capes for autumn wear.

Myra's • Answers • to • Correspondents

GENERAL RULES FOR CORRESPONDENTS.

1. *Letters asking questions should be written on one side of the paper only, and one question only asked on the same page.*

2. *Letters requiring answers in next month's* JOURNAL *should reach* MYRA *by the 4th of the month. Letters received after this date can only be answered in the following number.*

3. *Letters will be answered in the* JOURNAL *in the order in which they arrive.*

4. *In cases where immediate advice is necessary upon any particular Toilette or Dress, on Furniture and Furnishing, on Needlework, Household Management, Etiquette, Employment for Women, upon Health and Personal Attention, or other subjects,* MYRA *will reply to inquiries by post. In order to meet the expenses attending inquiries and correspondence, with letters requiring such answers by post,* 12 *postage stamps should be enclosed.*

All letters to be addressed to MYRA, 6, *Fetter Lane, London, E.C.*

MYRA'S ANSWERS ON DRESS AND FASHION.

SPECIAL RULES FOR CORRESPONDENTS.

1. *Letters regarding the purchase, making-up, and alteration of dresses, &c., should describe height, figure, complexion, and shade of hair, in order that each case may be artistically considered.*

2. *Photographs are useful and may be sent. These will be returned to the owners, but should always be accompanied by a stamped envelope.*

SABINA.—Ruches of silk muslin would be the prettiest trimming for your dress, and they should be in the same colour as the silk, or white. Make the ruches narrow but full, put one quite at the edge of the skirt, and five others at gradually lessening intervals apart up to twelve inches below the waist. This will hide the soiled edge of the dress. Finish off the bodice with a fichu of the silk muslin; you will find some pretty models of fichus on page 32; one of these would do nicely.

WILD-DUCK.—1. Your material is quite wearable and will make you a capital autumn costume of skirt, bodice, and short cape to match. As you like a blouse, you could make the bodice like that on page 7, with a yoke or under-bodice and cuffs of brown velvet. Make the cape in the usual circular form with a pointed shoulder cape of velvet bordered with your fur and with fur round the neck. 2. A plastron o black pleated chiffon over light-coloured silk, framed by bretelles of black ribbon nearly meeting at the waist and falling in loops and ends, would look well on the dress and would be a convenient form of detachable ornament. Repeat the plastron at the back, tie up the bretelles in bows on the shoulder, and make a collar and cuffs to match.

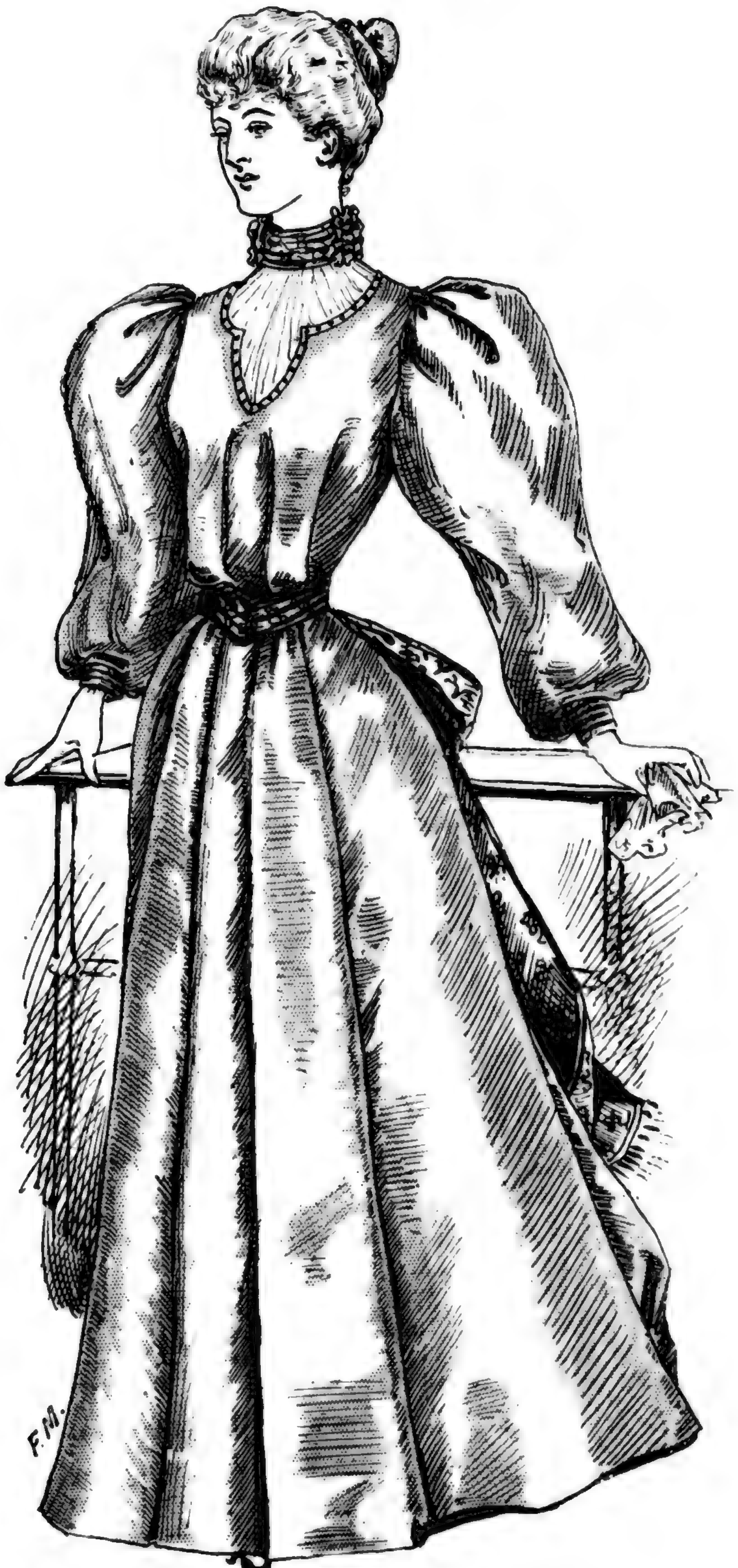
FIRST SEASON.—The wide black satin ribbon might be utilized as loops pleated up and sewn in with the sleeves to fall over the puff: the loops should be from eight to ten inches deep when doubled, and you will want four of them for each sleeve. With the remainder of your dress material make a short shoulder cape, with an under cape of black satin showing two inches beyond it all round. This satin just covers the tops of the loops of ribbon. I am glad you found my advice useful; write again whenever you think I can help you.

MADAME.—1. Very pretty vests can be made of black or white chiffon over coloured silk, simply gathered and crossed at intervals by bands of narrow jet trimming to form a series of three or four puffs. These look very nice under open jackets, and they wear better than accordion-pleated fronts. 2. You could cut away the edge of the fronts of the jacket, and add a deep square collar, ending in revers in front, of suède-coloured cloth, and put cuffs to match on the sleeves. The revers end just below the bust. You might also shorten the jacket a little.

MAIDA TURNER.—Gros-grain silks, similar to your pattern, are very much worn at present, and the colour is quite suitable and will look very well. Make it up in the style you suggest like the illustration on page 10, with a black satin collar and belt. A bonnet with a crown of shaded red berries, like that described at fig. 2 in the Lessons in Millinery, with ruche of black chiffon and black velvet strings, would look very well indeed with the dress. If you cannot procure berries in shades that harmonize with the silk, buy a crown of mixed gold and jet and trim this with the chiffon as in the illustration. See that the skirt is well cut in godet shape (our seven breadth pattern would be an excellent one for you to use), and interlined with canvas or Fibre Chamois a third of the way up in front and at the sides and to the waist at the back. The skirt will not set well without this.

RENÉE.—1. Pearl and silver grey shades are very pretty colours, but are only really becoming to those who have a clear, fresh complexion. You can, however, neutralize this by making up your crépon with a collar, belt and cuffs of velvet in some brighter and more becoming colour. 2. Olive green is generally becoming, but bright green shades and bright blue shades are difficult to wear. 3. Brown and black furs are more becoming than grey fur.

MRS. W. D. H.—1. A nice skirt of black gros-grain or satin merveilleux with two bodices, one for



AN INDOOR DRESS.

This model may be used as a morning gown if made in cashmere, or as a home-wearing tea-gown if carried out in silk or crépon. It is a princess dress in shape with a box-pleat on each side of the corsage, the pleat being continued to the edge of the skirt. The back is similar, to the front, but the pleats meet at the waist. It would be easier and equally effective to make the dress with the bodice and skirt separate and joined at the waist under the sash of sequin embroidered ribbon. The top of the bodice is cut in a fancy shape edged with sequin trimming over a white chiffon chemisette. The collar may be of ribbon or fancy gauze; the sleeves are in bishop shape, with sequin trimming on the wristbands. Quantity of material required, 7 yards.

Prices of Flat Patterns, Princess Dress, 1s. 1d., *Skirt and Bodice,* 6½*d. each, of* MADAME MYRA, 95, *Regent Street, W.*

CAUTION.—DO YOU WEAR the original "R. J. P." Patent Busk Protector? Thousands of ladies are saying "they would not be without it." As other devices are now being styled "Busk Protectors," ladies are advised to see that they obtain the original "R. J. P." Patent Busk Protectors. Simplest and best. "COMFORT AND ECONOMY."

morning and the other for evening wear, would be the most stylish and useful dress you could have. The skirt should be quite plain, but well cut and nicely lined. One bodice might be of the same silk, with, if you liked, sleeves of a different material the other bodice a blouse of accordion-pleated chiffon with elbow sleeves, either black over a coloured lining, or coloured; a bodice of light-coloured fancy silk would also be pretty. See also the crossed bodice, fig. 5, on page 32; you will find many useful suggestions for the dress in this number. 2. Yes, the brocade bodice will make up very nicely with new sleeves of black lace or pleated chiffon over plain terra-cotta satin; you might make these in big puffs to the elbow only, with the tight lower part of brocade turned back at the wrist, with cuffs matching the puff, and you could fill in the open bodice with a chemisette to correspond. If the basque is very deep, take it off and make it narrower and fluted. Any kind of bodice can be worn with a black silk or crépon skirt.

ANSWERS ON NEEDLEWORK.

PHILOMELA.—We give in this number some illustrations of clothing for children in crochet and knitting which exactly meet your request. For charitable purposes the vests for young infants should be made with long sleeves, and should be made to draw up rather closely round the neck. If the vest is warm and covers closely, shortcomings in the remainder of the clothing are of comparatively little importance. You will find the vest illustrated an exceedingly good shape and easy to work.

MAGGIE.—Penwipers generally sell well at bazaars, and they can be made in a great many ways. Buy some little penny china dolls and dress them up in different costumes, but always with long skirts to cover the under-skirts, which are made of black cloth and form the penwiper. I have seen some little dolls dressed like Turks that are very fascinating; they have robes of dark cloth or silk with a gay ribbon sash folded round the waist, and little fez caps of dark red cloth on their heads. Persian and Indian costumes are very suitable for these penwiper dolls, and they are not difficult to copy from illustrations.

ANSWERS ON HOUSEHOLD MANAGEMENT.

JUMBO.—Blackberry jelly is not only delicious as a preserve, but is also as efficacious as black currant jelly as a remedy for sore throats and colds. To make the jelly put the fruit in a basin, cover it over and place it in a pan of cold water on the fire. Let the fruit simmer gently until all the juice is extracted from the fruit by straining. Add sugar at the rate of one pound to each pint of juice, and half an ounce of isinglass dissolved in juice to the same quantity; clear with beaten white of egg and egg-shells, and boil for twenty minutes, clearing off the scum that rises to the top. Let it stand a little before running through the jelly bag. A dessertspoonful of the jelly in a tumbler of hot water makes a soothing compound for irritation of the throat.

MRS. F.—The best way to treat the stale loaves is to dip them in water, or better still in milk, and bake them in the oven for a few minutes. When cold you will find the bread quite fresh, with a nice crisp crust.

MANDOLINE.—A little finely powdered French chalk rubbed over the stain may remove it. Let the chalk stay on for several hours before you brush it off. If this does not have the desired effect, mix the chalk to a paste with a little Eau de Cologne, whisky or spirits of wine, and put this on the silk and let it dry before removing it.

HOUSEKEEPER.—1. You could vary the boiled fowl menu to some extent by changing the sauce. A nicely made caper sauce is not to be despised, and a good white sauce flavoured with tarragon vinegar and a little finely chopped parsley is delicious. The nicest sauces have broth or stock for their foundation, thickened with butter and flour, to this you can add any flavouring you like. 2. Soubise is a fine onion sauce and may be made white or brown. For white sauce the onions are blanched, for brown soubise they are sliced and fried a nice colour. 3. To make fish fritters, prepare a batter in the usual way and stir into it some cold cooked fish that has been pounded fine. Fry the fritters in boiling fat and serve very hot.

MISCELLANEA.

MISS H.—It is not a very easy thing to suggest new amusements for an invalid child after the long list you give, but would it not perhaps interest the little girl more if there were some useful purpose attached to the work she is able to do? Could she not help you to dress dolls for sick children in hospitals, or to make toy animals and balls for them? If she could not manage the sewing she might at any rate prepare and put in the stuffing. You might also give her pictures to cut out for scrap-books, and let her arrange the pages ready for you to paste. Children are generally happiest when they think they are usefully employed and that their work is of some importance, and your little charge will be delighted when she sees her stock of treasures for other children growing in size, and the joy of distributing them will make her eager to begin work again.

NORAH.—1. You are under the age at which probationers are usually taken at the London general hospitals, but you might be able to gain admission to one of the Children's Hospitals. The rules and terms vary with the different hospitals, but in all of them some kind of uniform is imperative for indoor wear and work in the wards. The principal Children's Hospitals in London are the East London Hospital, Shadwell, E., the Children's Hospital, Great Ormond Street, W.C., the Alexandra Hospital, Queen's Square, W.C., the Evelina Hospital, Southwark Bridge Road, S.E., and the Victoria Hospital, Queen's Road, Chelsea, S.W. 2. Yes, it is possible, but you are too young for the work, and it is a much better plan to have some general training in nursing before taking up any particular branch.

LOWLANDS.—1. Felt hats will be much more commonly worn in England by little girls of seven and eight than Greenaway bonnets. We can send you a pretty pattern of a bonnet from our Paper Pattern Depôt, 95, Regent Street. 2. There is nothing better than a strong brine of salt and water. If this has no effect, send your stockings to Messrs. P. and P. Campbell, of Perth, to be re-dyed, that is the only remedy I can suggest. They must have been very badly dyed originally.

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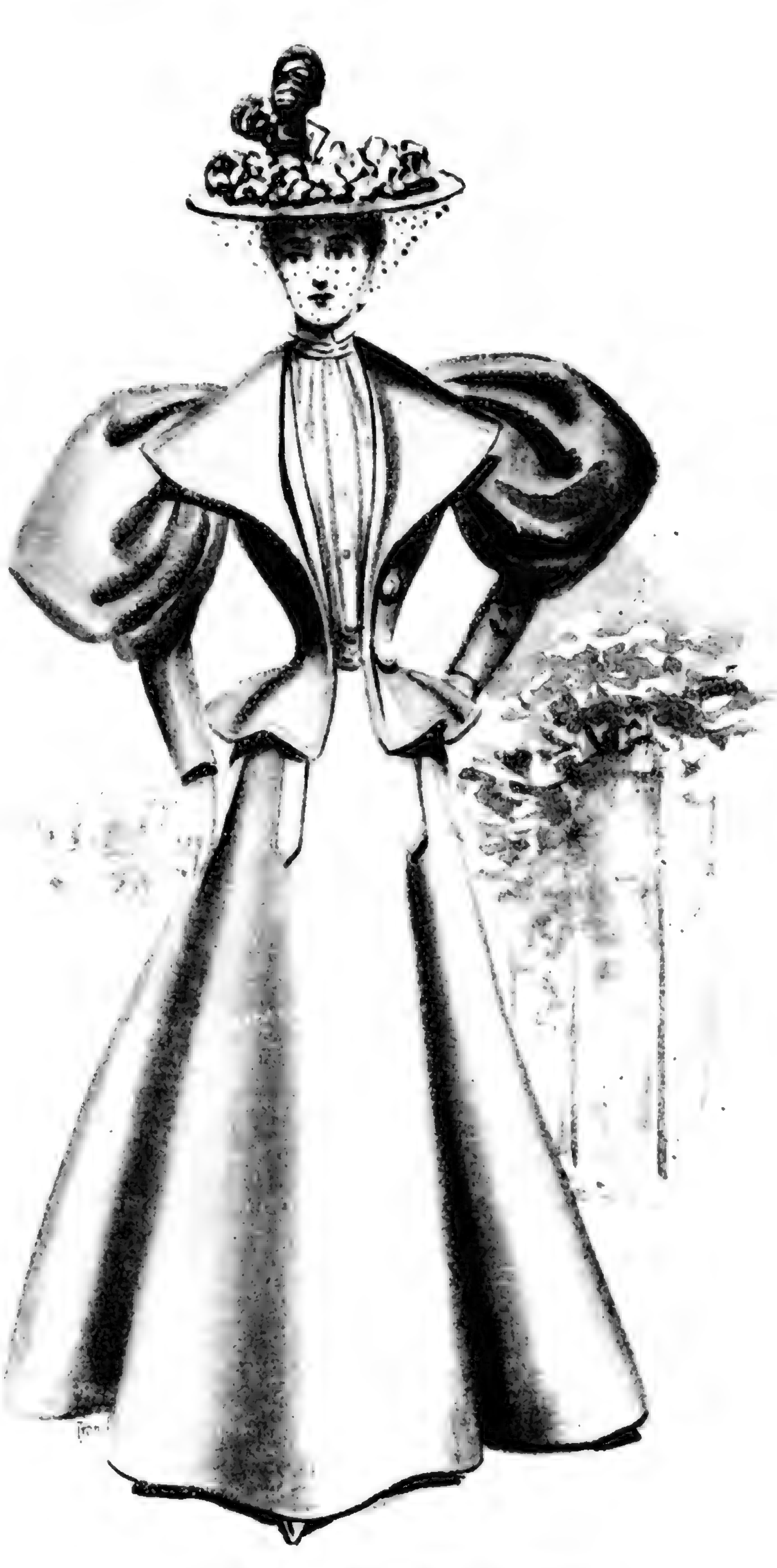
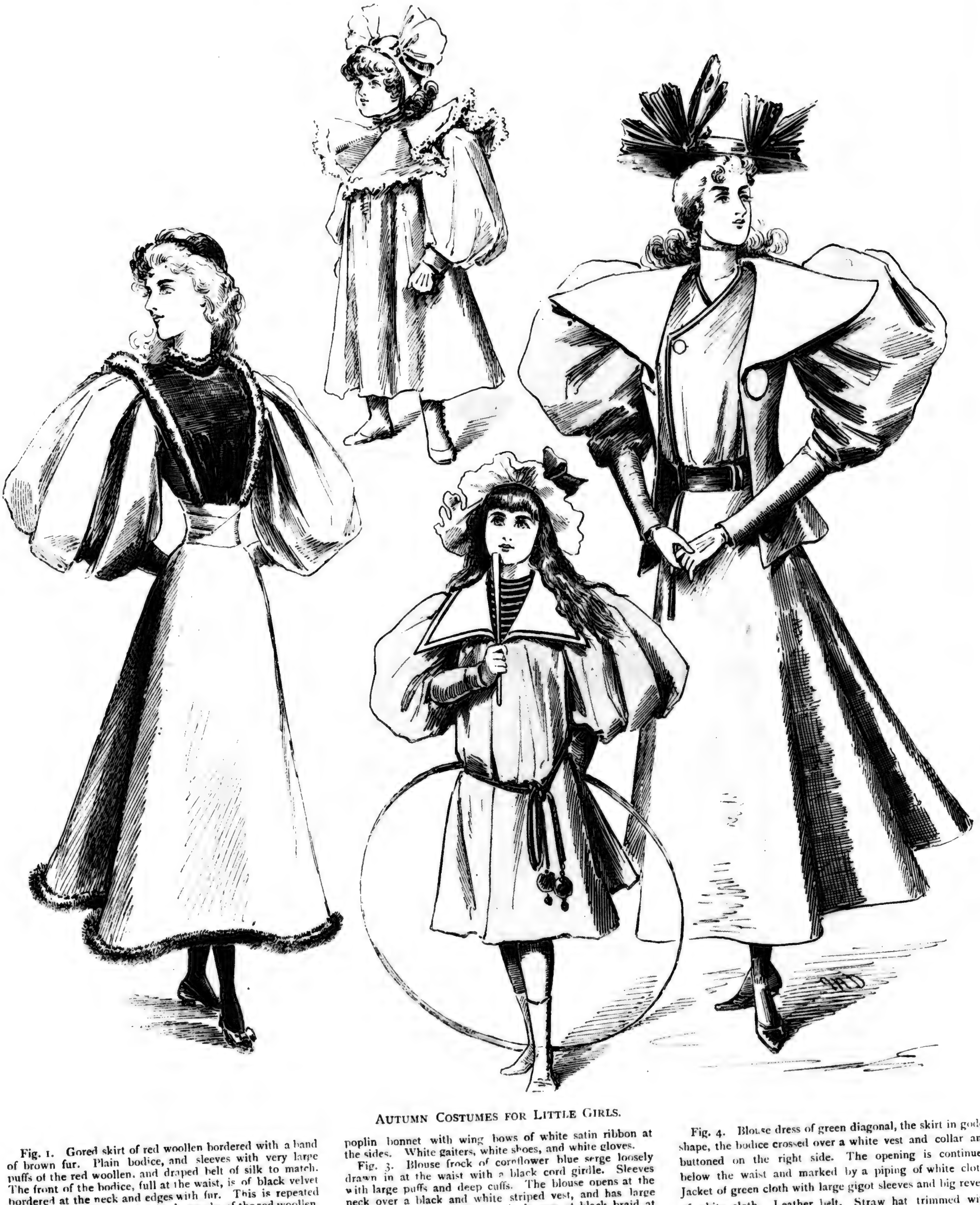


A USEFUL WALKING COSTUME.

The costume is in heliotrope covert coating; the godet skirt is ornamented on each side with double tabs of stitched cloth. The jacket with short fluted basques opens over a shirt front of mauve silk and shows on each side a narrow strip of a white cloth inner waistcoat. The hat is of heliotrope felt trimmed with a wreath of shaded chrysanthemums round the brim and two black feathers on one side. Quantity of cloth required, 7½ yards.

Prices of Flat Patterns, Skirt, 6½*d., Jacket,* 6½*d., of* MADAME MYRA, 95, *Regent Street, W.*

Fashions for Children



AUTUMN COSTUMES FOR LITTLE GIRLS.

Fig. 1. Gored skirt of red woollen bordered with a band of brown fur. Plain bodice, and sleeves with very large puffs of the red woollen, and draped belt of silk to match. The front of the bodice, full at the waist, is of black velvet bordered at the neck and edges with fur. This is repeated at the back, or the seamless back may be of the red woollen. Cuffs of black velvet and fur.

Fig. 2. Pelisse in white poplin with full fluted shoulder cape edged with white fur and bishop sleeves. White poplin bonnet with wing bows of white satin ribbon at the sides. White gaiters, white shoes, and white gloves.

Fig. 3. Blouse frock of cornflower blue serge loosely drawn in at the waist with a black cord girdle. Sleeves with large puffs and deep cuffs. The blouse opens at the neck over a black and white striped vest, and has large revers of white cloth with a single row of black braid at the edge. White silk hat trimmed with a bow of cornflower blue ribbon.

Fig. 4. Blouse dress of green diagonal, the skirt in godet shape, the bodice crossed over a white vest and collar and buttoned on the right side. The opening is continued below the waist and marked by a piping of white cloth Jacket of green cloth with large gigot sleeves and big revers of white cloth. Leather belt. Straw hat trimmed with fan-pleatings of lisse and quill feathers.

Prices of Flat Patterns, under 10 *years of age*: 6½*d. each, of* MADAME MYRA, 95, *Regent Street, W.*

Hints on Household Management.

CHEAP, *NOT* NASTY.

WHOEVER invented that detestable phrase, "cheap and nasty," did a wrong to society, which should neither be forgiven nor forgotten. So firmly is it impressed on the minds of some worthy folk that nothing which is cheap can be otherwise than nasty—that not only do they believe this creed, but act up to it. In all my experiences of household management, I find this "cheap and nasty" theory one of the hardest to combat. Cooks and mistresses alike will have it that if you are poor you must live in a nasty fashion, and this I beg most emphatically to contradict. It is quite possible to have refined and dainty cooking, even if the sum allotted for household expenses is very small. Naturally, if the mistress herself is convinced that should the dinner be homely roast mutton and plain milk pudding, it must of necessity be ill-cooked and worse served, you can scarcely expect her inexperienced servant to help her to think otherwise. The ordinary plain cook—even the plain cook who asks very good wages—has, as a rule, the greatest objection to dishing up with any nicety, and unless taken in hand early and treated with firmness, she will positively refuse to do so. She appears to think that it may be the business of a plain cook to cook mutton cutlets, but were she to adorn them with a cutlet frill, and serve them on a shape of puréed Portugal onion and potato, she would then be aping the manners and customs of the professed cook, and this she does not consider seemly. I myself have had battles with new cooks on this subject, and I am proud to add that in every case but one I have been the victor. One kitchen tyrant absolutely refused to become an ornamental cook. She called herself a plain cook; I called her absolutely ugly, and the result was that she departed. Since then I have found it best to take young girls who have learnt to roast and bake and boil, and then to bring them up in the way they should go under my own direction.

Really nowadays there is no excuse for not having things nicely served. Pretty dinner services are quite as cheap as ugly ones. If you wish to prove this for yourself go to Pearce's, in Ludgate Hill, and there see the charming china of which he makes a specialty. Then again, if you have not silver dishes the inexpensive white fluted china fireproof ware is an excellent substitute, while the cheap imitation Wedgwood dessert services, or even those composed of odd-shaped Imari bowls and plates, always give an air of prettiness and refinement to a dinner-table.

Just a few instances will serve to show that it is as I say, not necessary, though you have inexpensive dinners, that they should be nasty, either in the serving or in the cooking.

Take to begin with that truly British dish, hashed mutton. There is no just cause or impediment that this should not be served in the centre of a wall of moulded rice or mashed potatoes prettily garnished with sippets of fried toast, and, if they are to hand, little dice of pickles neatly arranged in tiny pyramids on the surround of potato. Then with mutton cutlets. There is no extravgance in making these of a neat shape (the trimmings, of course, find their way to the stock-pot), of scraping the bones cleanly, and adorning them with the extremely inexpensive and ornamental paper frill. Then, instead of throwing them on a dish, it takes very little more time to pile them neatly round a mould of spinach, potato, rice, or, possibly, a little heap of French beans. And yet this just makes all the difference between a repulsive-looking platter of food and a dish which may be dignified by the title of entrée.

Again, an untidy shape of aspic turned out of a pudding-basin may taste very nice; but it certainly does not look appetising. The same viands moulded in pretty little fluted shapes, with the egg or lobster, or whatever the contents may be, cut into neat dice, make an extremely pretty dish, though it certainly does not cost any more. The little paper rammikin cases, which can be bought so cheaply, are a great help to the economical housewife. Any little odds and ends of chicken or game, with additions of grated ham and tongue and a little whipped cream flavoured with anchovy, salt, and pepper, arranged in paper cases, make as nice an entrée as you can desire. But if served up in a messy-looking heap in the middle of a common or garden dish it would certainly not be a credit to any household.

Croutons of bread are used in many entrées and savouries. The ordinary cook has, as a rule, a great objection to making them at all shapely. One is half an inch thick, another an eighth, while a third is a small hunch of bread which looks as if the mice had eaten a hole in the middle of it. Tin cutters should be provided for cutting these croutons, and cooks should be taught that the effect of the dish entirely rests upon them being all the same size and fried a uniform golden colour. Quite a pretty little dish can be made with six or so of these croutons filled with a very fine mince flavoured with curry neatly arranged in a circle on an ordinary dish on a white dish-paper, and prettily garnished with parsley.

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Take, for another instance, the fruit salad, which is now so popular. When all mashed up together in a common glass dish it is by no means an attractive-looking sweet; but if an old china bowl—or even a modern one—or a boat-shaped white china dish is used, the prunes arranged to form an outer circle, the quarters of oranges piled to form a smaller, and the centre filled with pineapple garnished with a few preserved cherries; you have then a sweet which may fitly grace a dinner party. Again, with those estimable jellies made by Chivers. These made in small moulds, each with a flower formed by a cherry with leaves of angelica, make the prettiest little sweets: while the remains of the commonplace mould of jelly can be utilized if neatly broken up and served in glasses with a little whipped cream or a piece of preserved fruit on the top of each.

D. C. P.

RECIPES FOR THE MONTH.

Creme d'Orge Soup.—Simmer a pint of pearl barley in stock made from bones and vegetables, or vegetables only, for about two hours, adding pepper and salt to taste. Thicken with a little flour and butter, and let it boil; lift it off the fire, and stir in the yolk of an egg, beaten up in a little milk, and serve at once.

To Clear Soup.—The whites and shells of two eggs beaten up all together in half a pint of cold water. Put into the soup when done, and simmer for twenty minutes, stirring all the time. Then strain through a cloth.

Savoury Custard (for clear soup)—One whole egg, one yolk, half a gill of clear soup, pepper and salt to taste. Beat the ingredients together and strain into a greased jam pot. Cover with buttered paper and steam quietly for a quarter of an hour until firm. Cut into small dice, rounds, and diamonds.

Dressed Crab.—A nice crab, one egg, a little mustard and cream, vinegar and sugar. If for salad the cream must be rubbed in last. Pick the crab out of the shell into small pieces. Break open the body so as to form a dish, do not use the sponge part. Put back the meat mixed with the dressing, and garnish with lettuce and small rounds of tomatoes. The vinegar, mustard, and pinch of sugar must be mixed quite smooth before adding the cream drop by drop.

Fish Cakes.—Take the remains of any fish left from dinner over night—about one pound, to this add half a pound of mashed potatoes, and beat well together, put into a basin and add salt, pepper, a little finely-chopped parsley and a dust of cayenne or coralline pepper; mix well with the yolk of an egg, form into balls, roll in beaten egg, then in breadcrumbs, and fry a pale brown in boiling fat.

Hot Pot of Mutton (inexpensive).—Cut the meat off about three pounds of neck of mutton, keeping to the shape of the cutlets as much as possible. Put by the bones for soup, and proceed as follows:—Line a casserole dish—which is merely a rather deep earthenware pot with a cover—with a layer of parboiled potatoes and a very small onion, previously scalded, cut in slices; lay half the meat upon this; add another layer of onion and potato, the remainder of the meat (which should have been sprinkled with salt and pepper and a little curry powder), pour in half a pint of stock; place some small whole potatoes on the top of all, put on the lid, and bake in a moderate oven until the top layer of potatoes is thoroughly done; add a quarter to half a pint of stock when about half-cooked, and serve in the casserole.

Réchauffé of Cold Roast Veal.—Put together in a saucepan a good-sized piece of butter, half a spoonful of flour, parsley, shallot, and chive chopped very small, and a little pepper and salt. Stir over the fire till it begins to colour, then add a cupful of stock and a teaspoonful of brandy. Let it simmer for ten minutes and then put in the pieces of veal cut in neat slices. At the last moment add a spoonful of oil. Serve in a deep dish garnished with fried croutons of bread.

Indian Curry.—Take a chicken weighing about one and a half pound, cut it into the smallest joints and wash them in water. (The same weight of mutton, veal, pigeons, or game can be used.) Sprinkle over the meat a large saltspoon of salt. Cut up two small onions and fry in a stewpan with a tablespoonful of melted butter until brown, now add the chicken to it, fry for ten minutes longer. This being done, add two tablespoonfuls of curry powder—or one of curry paste and one of curry powder—and three wineglasses of cold water, stir all well together and stew for ten minutes longer, and it is ready to serve with a border of rice.

Game Salad.—Take any pieces of cold game you have, and cut them into medium-sized dice. Shred finely two lettuces and lay them on a dish, arrange the meat on this in a mound, and sprinkle with pepper, salt, and cayenne; cover with mayonnaise sauce. Garnish with stars of beetroot.

Fried Vegetable Marrow.—Stew a vegetable marrow in weak stock, then stamp into neat rounds; drain quite dry, dip them into beaten egg and breadcrumb, and fry a golden brown.

Stuffed Cucumbers.—Peel a good-sized cucumber, and stew in gravy very slowly for about an hour, drain, and cut in slices about one and a half inches thick, stamp out the centre part, fill with mince, and pour some good brown gravy over. Serve very hot.

Stewed Mushrooms.—Choose some nice mushrooms and peel them, and wipe them clean, then put in a stewpan with a little water, and stew slowly for a quarter of an hour; add salt and white pepper to taste, and then add a little flour and butter to make the liquor as thick as cream. Just before serving add two tablespoonfuls of cream.

Preserved Cherry Pudding.—Mix three tablepoonfuls of flour to a smooth paste with a small part of one pint of milk, then add the remainder; warm one ounce of butter, and stir it in; add three well-beaten eggs and a pinch of salt; stir in half a pound (or less) of preserved cherries; place in a mould, and steam for about two hours. Serve with foam sauce.

Rice Tartlets.—Boil two ounces of rice in milk sweetened to taste and flavoured with lemon peel. When done add a small piece of butter and the yolks of two eggs; mix well, and after putting aside two spoonfuls of the rice, put a layer of the remainder in a shallow pie-dish, on this put a layer of tinned apricots with a little of the juice, and then another thin layer of rice. Beat up the whites of the eggs to a stiff froth, mix the two spoonfuls of rice with this and lay the whole on the top of the dish. Sprinkle sifted sugar and crushed sweet almonds over the top and put in the oven to brown.

Semolina Mould.—Boil a teacupful of semolina in a pint and a half of milk, sweeten to taste and add a little flavouring if liked. Keep stirring and boil for ten minutes, and when it has cooled a little pour it on to two beaten-up eggs. Add one ounce of butter, mix well and put in a buttered ring mould to bake in a moderate oven about half an hour. Turn out of the mould to serve and pour over it hot treacle or golden syrup.

BREAKFAST, LUNCH, AND SUPPER DISHES.

Forcemeat Eggs.—Boil three eggs for fifteen minutes, put into cold water for five minutes, drain and take off the shells. Have ready a forcemeat made of breadcrumbs, grated ham or tongue, teaspoonful of chopped parsley, half the rind of a fresh lemon grated, a small pat of butter, teaspoonful of anchovy paste, and pepper to taste. Bind with an egg or the yolk, brush over the whole eggs with some egg beaten up, and cover them with the forcemeat, brush over again with egg and roll in fine breadcrumbs. Fry in boiling lard or good dripping until nicely browned, drain, cut across, and serve on a nice bed of fried parsley.

Savoury Scollops.—Free the cooked remains of some kippers from bones, and pound in a mortar with a little butter and a very little cayenne. Mix well with three times the quantity of mashed potato. Fill the necessary number of scollop shells with the mixture, rough up the surface and bake until the top is a nice light brown. This mixture can be baked in little china ramiken cases, and served as a savoury.

Buttered Eggs with Cheese.—Prepare squares of buttered toast and keep them hot. Melt one ounce of butter in a small omelette pan. Whisk two eggs and pour them into the hot butter, stir while cooking, pour over the toast before they become very much cooked, and sprinkle liberally with grated Parmesan cheese. Nice for supper or for a savoury. Two eggs will be sufficient for four people if for a savoury.

Tomato Salad.—Take four or five nice ripe tomatoes, scald them for a second or two in boiling water, then drop them into cold water, and peel them. Cut them into quarters, or, if large, into eighths, sprinkle with a very little salt and powdered sugar mixed, and a few drops of salad oil, pour a little vinegar over, and garnish with sprigs of watercress.

Tomato Purée.—Boil some small tomatoes (without any water) with a lump of butter and a very little onion, pass through a sieve, and when quite cold arrange round the haricots.

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Myra's Answers on Health and Personal Attention.

C. de V.—The diet should consist of arrowroot, milk puddings, etc., with no meat. A little beef tea may, however, be taken. In the later stages of measles the patient is very liable to take cold from draughts, changes of temperature, etc. These should be carefully guarded against, as serious complications might ensue which would permanently enfeeble the system.

Annette.—Yes, undoubtedly; rub the affected parts hard with a rough towel or piece of flannel, using hot water with a few drops of ammonia in it, and a good toilet soap, such as the Albion Milk and Sulphur Soap. You need not fear injuring the skin.

Maid Marian.—At twenty-eight undoubtedly you are too young to acquire the dignity pertaining to grey hairs, and we should advise you to use Mason's Russet Stain, which will just suit the pretty brown tint of your hair. Mr. Mason, Bank Plain, Norwich, sends it post free and under cover to any address on receipt of 4*s.* 6*d.*

Ruby.—You may safely try a course of Dr. Mackenzie's Arsenic Wafers, they are quite harmless and will improve the muddy complexion. Choose your diet carefully, avoid beer and all malt liquors, take plenty of exercise and keep early hours.

A New Reader.—Try turning your hair back and rolling it over a cushion, this is often a very becoming style to women of your age, and if you dress your front hair in this way you will not need so large a coil at the back of the head, and may dispense with the false tails. Quite the best remedy for hair turning grey in streaks is Horn's Acesma, of which many of our readers speak most highly. Send for it to Messrs. Cassie and Company, 49, Newgate Street, E.C. After using it once you will be able to judge how often the application should be repeated to give the hair the desired tinge of colour.

Linda.—Do not use soda for the purpose of giving a lighter tint to the hair. To produce any effect in this direction you will have to use it frequently and somewhat strong, and the result will be that your hair will become wretchedly weak and brittle. You will find your combings daily increase and at last you will realize that your hair is irremediably injured. The application which I should recommend is Mason's Peroxide of Hydrogen, of which you will find full particulars in his advertisement in this Journal. It is a preparation which, with perfect safety to the hair, speedily induces beautiful golden and bronzy tints, simply rendering lighter and brighter by oxidation the natural colour of the hair.

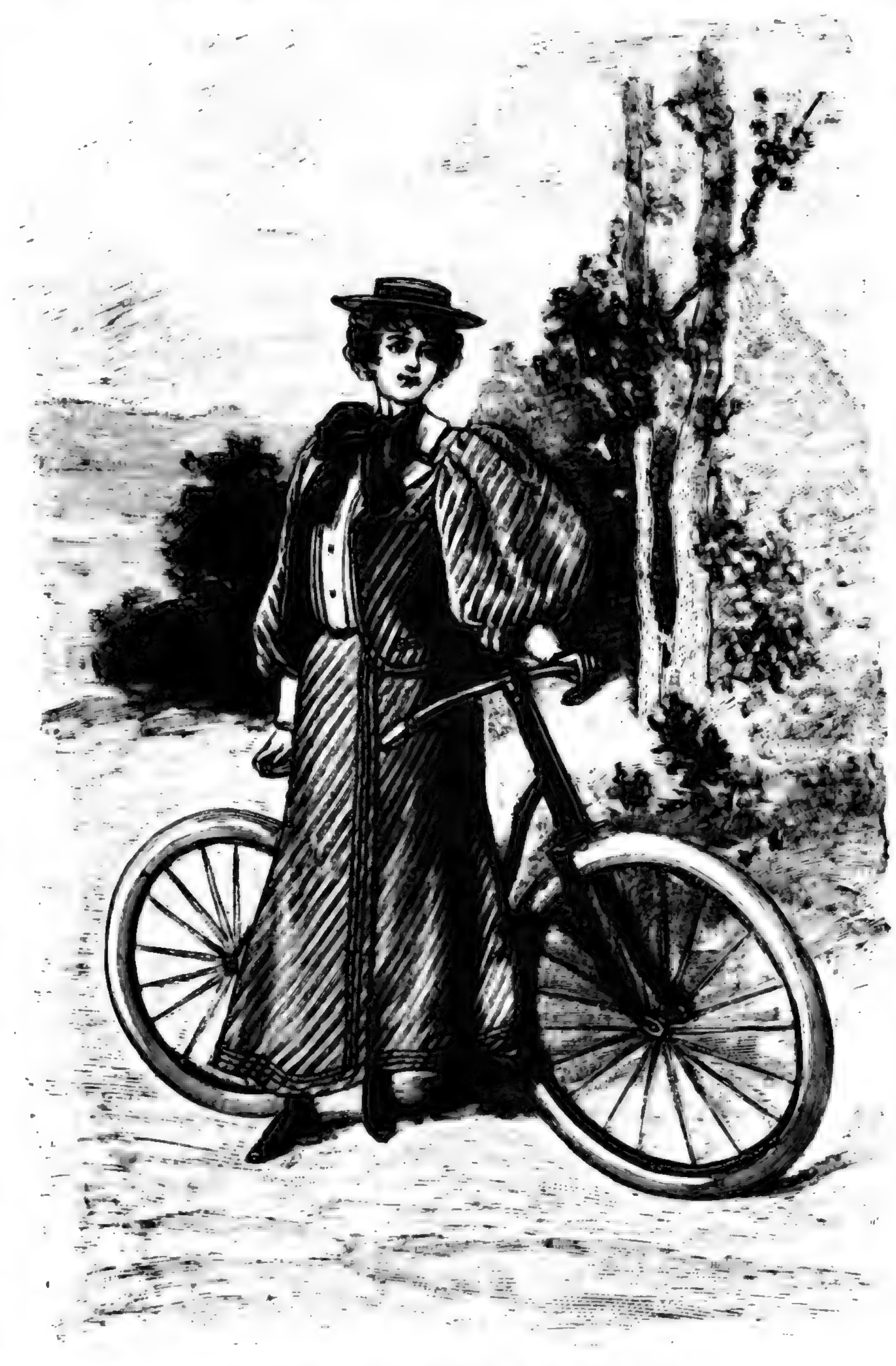
Pink Pearl.—Your friends' views on the danger to your health of cycling seem to be somewhat exaggerated; racing and "record-making" are undoubtedly very bad, but if you only want to ride moderately for enjoyment and convenience you will probably find that your health will rather gain than suffer by the exercise. Why do you not consult the *Family Doctor*, who is such an authority? If you can gain his sanction your difficulties should vanish.

Haltie.—The main reason why a gaslit atmosphere is injurious to weak chests is the presence of sulphurous acid, produced by the burning and consequent oxidation of the sulphur, which is always more or less present in coal gas. Those liable to bronchial irritation should use a lamp burning colza oil, which is free from this impurity. In extreme cases this is often insisted on by physicians.

W. R. E.—You will be fortunate in being able to use the remedy at the first sign of the mischief. To remove the crowsfeet and incipient wrinkles use at once, and perseveringly, the Astringent Skin Tonic prepared by Mr. Mason, Pharmaceutical Chemist, Norwich. He sends it to any address, post free, on receipt of 3*s.* 6*d.* It is a powerful skin-tightening lotion, invaluable for checking and removing these symptoms of advancing age, and perfectly safe to use.

Sea Breezes.—A good preparation that you can use for shampooing once in six weeks is composed of a heaped tablespoonful of powdered borax dissolved in tepid water, to which is added one ounce of tincture of quillaya. Make this up to a pint with boiling water.

Miserable.—Yes, you are using the right methods, but you must also try to soothe your nerves, they will only make matters worse while they are so terribly alive. A very nice lotion for the moist hands is the "Sweete and Drie," which you can obtain from Mrs. Cornelia Gray, 70, Newman Street, Oxford Street.



Cycling Costume for a Young Girl.

Costume of blue diagonal cloth, the skirt crossed in front and ornamented with rows of stitching. Short open jacket with pockets in the rounded fronts and collar and revers of white cloth. Cuffs to match on the bishop sleeves. Blue silk vest with box-pleated front and dark blue surah cravat. Sailor hat trimmed with blue ribbon. Shoes and cloth gaiters. Quantity of cloth required, 5 yards.

Prices of Flat Patterns, Skirt, 6½*d., Bodice,* 6½*d., of* Madame Myra, 95, *Regent Street, W.*

Dainty.—The use of an eyebrow pencil of course necessitates daily renewal. The eyebrows and lashes may be permanently darkened by Mr. Mason's Eyebrow and Eyelash Dye, which does not wash off, and only requires renewal at considerable intervals. This capital preparation seems to have met a very pressing need, and has found great favour. It is quite harmless. Mr. Mason, Pharmaceutical Chemist, Norwich, sends it post free and under cover to any address for 2*s.* 6*d.*

Starlight.—You can make your own toilet powder by pounding six ounces of the best starch in a mortar, reducing it to the finest possible powder; sift this through muslin, then rub in two drachms of powdered orrisroot, and sift again so that the powders may be well mixed and all coarse particles removed. You can tint the powder with rose-pink if you like.

Dora.—You certainly should not be wrinkled and haggard-looking at your age, but your very youth is a point in your favour, for as the wrinkles cannot be due to old age they are in all probability curable. Their cause is undoubtedly the bad health you refer to, and the best thing you can do is to use at once Horn's Skin Food, which, rubbed into the face at night, will plump up the flesh under the skin, and the wrinkles will then disappear. Send to Messrs. Cassie and Co., Newgate Street, for the preparation, and use it persistently for some time. In washing the face be careful to use only soft or distilled water, and little or no soap. Dr. Mackenzie's Arsenical Soap would be a good kind for you to use.

Globe-Trotter.—Yes, a nice lotion is often advisable; you may safely use Calfman's Rose and Jessamine Lotion, a very nice colourless preparation, free from sediment, which you can obtain from Mr. H. M. Calfman, Market Place, Newbury.

Valkyr.—The Garrison Hair Dye, in one solution, safe, certain, and simple, is by far the best you can use. A lady says: "Now that I have had a good trial of the Garrison Dye, I write to thank you for such a remedy against grey hair. I may safely say I have not one left now." Mr. Mason, Pharmaceutical Chemist, Norwich, will send it to you, post free and under cover, for 3*s.* 6*d.*

Somerset.—A change to a more bracing climate seems to be the chief thing needed. Spend a month at Cromer or Lowestoft, or if the East Coast is too far off, go to Great Malvern for the same length of time.

Queenie.—(1.) The air-bath treatment you refer to consists chiefly in abjuring the use of towels after your bath. Let this be either cold or tepid, and walk about the room, with the windows open, until you are dry. Do not begin the treatment in very cold weather. (2.) Yes, but during the hot weather in August, and I found it very pleasant. (3.) The cure for sleeplessness is to sit for a time at an open window with no other clothing on than a night-dress. This also should not be tried first on a cold night.

Miss H. D.—Superfluous hairs should never be clipped, unless you wish to render them much more conspicuous. You should use either tweezers or a good depilatory. As the former involves a very tedious operation, we prefer to recommend the safe and certain depilatory prepared by Mr. Mason, Pharmaceutical Chemist, Norwich. This is a thoroughly good and cheap depilatory, the price being only 2*s.*, post free.

Sinclair.—Ringworm is an obstinate complaint at all times, but the remedy you are now using seems to be ineffectual. Leave it off and try instead Horn's Ringworm Specific. You can have a bottle post free for 2*s.* 9*d.* from Messrs. Cassie and Co., 49, Newgate Street.

Leal.—In the case of a patient suffering from chronic bronchitis the temperature of the living-room should not be allowed to fall below 50 degrees. When the temperature of the bedroom falls to 45 degrees, a fire should always be lit before bed-time. The patient should never go out when the temperature of the outer air is below 40 degrees.

Excelsior.—Claret very often has the effect you describe, and many people cannot take it habitually for that reason. Sherry is of course forbidden in your case, so that the most wholesome beverage would probably be weak whisky and water. Take a little of this after your lunch and dinner and a tumblerful of hot water before every meal.

Mrs. C. L.—Recent weakness is without doubt the cause of the loss of hair. You should look after your hair, as a failure so extensive as yours is frequently permanent when neglected. We advise you to apply, every day, the powerful Jaborandi Hair Tonic, prepared by Mr. Mason, Pharmaceutical Chemist, Norwich, which he sends post free to any address for 3*s.* 6*d.* Nothing is more calculated than this to restore the dilated hair glands to their full vigour.

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DESCRIPTION OF THE NEEDLEWORK DESIGNS.

NO. 1. INFANT'S JACKET IN CROCHET.

MATERIALS required: 2 ozs. pale pink 3-ply fingering wool, a long bone crochet needle, No. 10, ¾ yard white ribbon for neck. The body of this little garment is worked in plain tricot, the yoke and upper part of sleeves in fancy tricot; viz., at regular intervals, picots are made in the return row of tricot. Begin at the lower edge by a chain of 117 stitches.

1st row: plain tricot.

2nd row: tricot with picots; in this row take up the back part of previous row, and in returning make 3 chain for the picot after every 2 stitches.

3rd row: plain tricot.

4th row: take up back part of previous row, and begin decreasing for the waist by drawing together as one stitch the 28th and 29th, and the 89th and 90th stitches.

5th to 18th rows: all plain tricot; reduce in the 6th row, drawing the 51st and 52nd, also the 64th and 65th stitches together.

In the 7th row: draw together the 27th and 28th, also 86th and 87th stitches.

In the 9th row: draw together the 50th and 51st, also 61st and 62nd stitches.

In the 10th row: draw together the 27th and 28th, also 82nd and 83rd stitches.

In the 12th row: draw together the 49th and 50th, also 58th and 59th stitches.

In the 13th row: draw together the 26th and 27th, also 79th and 80th stitches.

In the 16th row: draw together the 26th and 27th, also 77th and 78th stitches.

After these 18 rows, begin the right front by working only on the first 25 stitches of the 18th row; do 12 rows in tricot, making the picots of 3 chain after the 10th, 15th, and 20th stitches, in the 3rd, 5th, 9th, and 11th of these 12 rows. Now begin the slant for the shoulder.

13th row: pick up only 22 stitches.

14th row: pick up only 19 stitches.

15th row: 8 slipstitches in the first 8 stitches to form neck hollow, then 6 tricot in next 6. After this pick up 12 stitches along the slanting side for shoulder and do 2 rows of 12 stitches each; this finishes the right front; the left side must correspond with it. For the back, work 15 tricot rows on the middle 45 stitches of the 18th row—this leaves 3 vacant under each arm; make the picots after the 10th, 15th, 20th, 25th, 30th, and 35th stitches, in the 4th, 6th, 8th, and 10th rows; also picots in 12th and 14th rows in their proper places, above the others; the decreasing for the shoulders is made by leaving 3 stitches unworked at the beginning and end of the 12th and 13th rows, 2 stitches unworked at the beginning and end of 14th and 15th rows. After this pick up 12 along slanting side of each shoulder and do 2 rows. Seam the shoulders together neatly.

The sleeves are made in one piece and stitched together up the seam. On a chain of 30, work 37 rows in tricot; taking the stitches up from the back part of previous row, in doing the 4th, 5th, 8th, 9th, and 12th till 16th rows. In the 16th row also take up 2 stitches out of each of the middle 16, to form extra fulness for the puff. In the 17th and each following uneven numbered row, make 1 picot after each 5 stitches. At the 29th row, begin to reduce for top of sleeve, leaving 1 stitch unworked at beginning and end of each row, till 37th, when break off, gather to size of armhole, and sew neatly in.

For the lower edge: * 1 double into 1st stitch, bring a loop through next stitch, 4 chain, then the 2 loops on needle taken off together; repeat from *.

2nd row: * 1 double into 1st stitch, miss 1, 3 treble (very loose) into next, miss 1, and repeat from *.

3rd row: * 1 double into lower front part of 1st stitch, 3 treble into lower front part of 2nd treble of previous row, and repeat from *.

4th, 5th, and 6th: like the 3rd row.

Down the fronts and round the neck work—

1st row: 1 treble into 1st stitch, miss 1, 1 treble, the 2 treble to be drawn together at the top, * 1 chain, 1 treble with same as last treble, miss 1, 1 treble drawn together with last treble; repeat from *.

2nd row: * 1 double into top of the 2 treble of previous row, 3 chain, 1 double into last double, and repeat from *. Round the cuffs work this last row. Thread the ribbon round the neck through the holes formed by the 1st row of the edge. This makes an infant's first size; 4-ply wool and a coarse needle would make a larger jacket.

NO. 2. INFANT'S KNITTED VEST.

This little vest is knitted in Lady Betty 2-ply wool, and will fit an infant from a fortnight to five or six months old; it is moderately high at the neck, and has long sleeves. Materials: 1 oz. wool, and a pair of No. 10 bone needles. Cast on 72 stitches. Knit 20 rows of ribbing, 3 purl, 3 plain.

21st row: plain.

22nd row: 3 plain, 3 purl.

Continue these two rows until 80 rows have been knitted; then for the shoulder, on the first 24 stitches, work the same pattern, decreasing 1 by knitting 2 together at the commencement of the plain row, until there are only 15 stitches; work 8 rows upon these 15 stitches and cast off. Fasten the wool to the stitches still upon the needle, and cast off 24 stitches for the middle of the neck. On the 24 remaining stitches work as for the other shoulder, decreasing at the end of the plain row, instead of at the beginning. Take up at the neck 100 stitches; work—

1st row: plain.
2nd row: purl.
3rd row: plain.
4th row: make 1, knit 2 together, knit 1, 33 times.
5th row: plain.
6th row: purl.
7th row: plain.
Cast off.

This forms one half of the vest. Knit the other half in the same way; and sew up the shoulders and sides, leaving 3½ inches open for the armholes.

For the sleeves: cast on 48 stitches. Knit 12 rows of 3 plain, 3 purl.

13th row: plain.

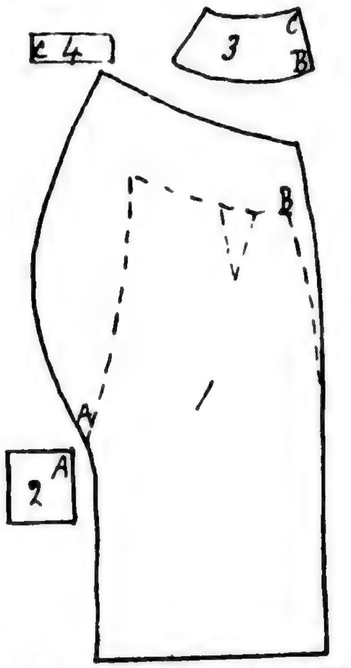

DIAGRAM OF OUR CUT-OUT PAPER PATTERN.
DIVIDED SKIRT FOR LADY.

14th row: 3 plain, 3 purl.

Continue these two rows, increasing 2, one at the beginning and one at the end of each 8th row, until 54 rows are worked; then cast off the first 6 stitches of each row, till all are cast off.

Sew the sleeves up, and into the armholes.

With a fine crochet needle work round the neck, 1 double, 2 chain, picot of 3, 2 chain, as a finish; and run through the holes narrow white ribbon, or silk braid, to draw it up.

The size of the vest may be enlarged to suit a growing child either by increasing the number of stitches and rows, or by using 3-ply wool and needles a size larger.

Lady Betty wool is recommended for young children's use, as it is more elastic than most wools, and does not harden in washing; but it is a trifle more expensive than Andalusian, and can only be had in white.

NO. 3. GORED CROCHET PETTICOAT FOR LITTLE GIRL.

This little skirt for a child of 3 or 4 is shaped nicely in the working and fits closely round the hips; it is in stripes of pink and grey, the pink stripes in a variety of tricot stitch, the grey in shell stitch. Materials required: 3 ozs. pink 4-ply fingering, 2 ozs. grey ditto, a long bone crochet needle, No. 10.

Begin in the middle of the back on a foundation chain of 78.

1st row: plain tricot with pink wool.

2nd and 3rd rows: also tricot, but taking the stitches through the back loop instead of the front as in ordinary tricot; this throws the stitches of previous row forward, and forms ridges.

4th row: in shell stitch with the grey wool, viz., 3 chain, draw up loop through first 2 of these, and also up through the back part of next stitch of previous row, wool over the needle, and draw through all. For the next and all following rows work 1 chain, draw the wool through the round loop that gathers all the strands of the previous stitch together, make another loop through the lower portion of the same stitch, another through each of the next two stitches of previous row, wool over needle, and draw all through 1 chain to hold it firm. Work each shell thus, taking up 2 tricot stitches; there must be 29 shells.

5th row: pink wool, plain tricot. Repeat rows 2 to 5 twice.

14th row (begins the gore): only 68 tricot stitches to be taken up.

15th row: 63 stitches.

16th row: this is a shell stitch row, and only 29 shells long. The next 8 rows each to be shortened by 5 stitches.

25th row: pink, 78 stitches, going right to the top.

From 2nd to 25th rows to be repeated 6 times, making 7 gores, then join neatly up the back, leaving open enough for a placket hole, round which work 1 row of firm double crochet.

For the edge:—

1st row: pink, 1 double into point of shell, 5 treble into middle of next stripe (pink), and repeat all round.

2nd row: grey, 1 double into 3rd treble of group, 1 chain, 5 treble into next double, 1 chain, and repeat all round.

3rd row: pink, 1 double into double of last row, then 5 times, 1 chain, 1 treble into 3rd treble of group, 1 chain, and repeat all round.

4th row: grey, 1 single, 2 chain into each loop of last row, only missing the 2 chain between each two shells.

For the band, make 1st and 2nd rows in pink plain tricot, taking the front part of stitches to make it flatter.

3rd row: grey, shell stitch.

4th and 5th rows: pink, plain tricot.

6th and 7th rows: grey, all double. The skirt being well gored it requires no reducing for the band, though the last few rows are better if worked tighter than the rest of the skirt.

The button and button-hole are preferred to tapes. Make the button-hole by working 5 chain in place of 5 tricot, towards the end of 5th row of band, and returning draw the wool through each of these chain as if they were tricot stitches. This makes the hole, which must then be made firm by button-holing round. A pearl button stitched on the other end completes the garment.

NO. 4. CROCHET EDGING.

This makes an excellent trimming for cloths or household linen, worked with rather fine linen thread and a steel hook to correspond.

Work backwards and forwards on a foundation of 50 chain.

1st row: miss 7, 1 double into 8th, 5 chain, miss 3, 1 double, 5 chain, miss 3, 7 double, four loops of 5 chain, miss 3, 1 double, then 6 double, 3 chain, miss 5, 1 treble.

2nd row: turn, 8 chain, 1 double treble into 4th double of last row, 6 chain, 1 double into next loop, 5 chain, 1 double into each of next 3 loops, 6 chain, 1 double into 4th double, 6 chain, 1 double into next loop, 5 chain, 1 double into next 2 loops.

3rd row: 5 chain, 1 double into next 2 loops, * 5 chain, 3 double into next loop, 1 double into the double treble, 3 double round next loop,* 5 chain, 1 double into next 3 loops, and repeat from * to * once, then 5 chain, 1 treble into 2nd of the 8 chain of last row.

4th row: 8 chain, * 2 double into next loop, 7 double into the 7 double of last row, 2 more double into next loop, 5 chain, 1 double into next 2 loops,* then 5 chain, and repeat from * to *.

5th row: turn, * 5 chain, 1 double into 1st loop, 5 chain, 2 double into next, 11 double into 11 double of last row, 2 double round next chain, repeat from *, and then 5 chain, 1 treble into 3rd of the 8 chain of last row.

6th row: 10 chain, * 2 double into next loop, 15 double into the 15 double, 2 double into next loop, 5 chain, and repeat from * once, then 1 double into last loop.

7th row: * 5 chain, 1 double into 1st loop, 5 chain, 15 double into middle 15 of last row, repeat from * once, then 4 chain, 1 treble into 7th of the 10 chain of last row.

8th row: 7 chain, * 11 double into middle 11 of last row, 5 chain, 1 double into each of next 2 loops, * then 5 chain, and repeat from * to *.

9th row: 2 loops of 5 chain, 1 double, then 5 chain, 7 double, 3 loops of 5 chain, 1 double, then 5 chain, 7

(*Continued on page 28.*)

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PERSONAL APPEARANCE, HOW TO IMPROVE. Wear the "Immovable Scalpette," made only of natural grey hair, from 21s. to 10 guineas. Shaded Grey Pompa Fringes, 21s. to 4 guineas. T. S. BROWN, 3, Leece Street (top of Bold Street), Liverpool.

Myra's Answers on Health and Personal Attention.

C. de V.—The diet should consist of arrowroot. milk puddings, etc., with no meat. A little beef tea may, however, be taken. In the later stages of measles the patient is very liable to take cold from draughts, changes of temperature, etc. These should be carefully guarded against, as serious complications might ensue which would permanently enfeeble the system

Annette.—Yes, undoubtedly; rub the affected parts hard with a rough towel or piece of flannel, using hot water with a few drops of ammonia in it. and a good toilet soap, such as the Albion Milk and Sulphur Soap. You need not fear injuring the skin.

Maid Marian.—At twenty-eight undoubtedly you are too young to acquire the dignity pertaining to grey hairs, and we should advise you to use Mason's Russet Stain, which will just suit the pretty brown tint of your hair. Mr. Mason, Bank Plain, Norwich, sends it post free and under cover to any address on receipt of 4*s.* 6*d.*

Ruby.—You may safely try a course of Dr. Mackenzie's Arsenic Wafers, they are quite harmless and will improve the muddy complexion. Choose your diet carefully, avoid beer and all malt liquors. take plenty of exercise and keep early hours.

A New Reader.—Try turning your hair back and rolling it over a cushion, this is often a very becoming style to women of your age. and if you dress your front hair in this way you will not need so large a coil at the back of the head, and may dispense with the false tails. Quite the best remedy for hair turning grey in streaks is Horn's Acesma, of which many of our readers speak most highly. Send for it to Messrs. Cassie and Company, 49, Newgate Street, E.C. After using it once you will be able to judge how often the application should be repeated to give the hair the desired tinge of colour.

Linda.—Do nottuse soda for the purpose of giving a lighter tint to the hair. To produce any effect in this direction you will have to use it frequently and somewhat strong, and the result will be that your hair will become wretchedly weak and brittle. You will find your combings daily increase and at last you will realize that your hair is irremediably injured. The application which I should recommend is Mason's Peroxide of Hydrogen, of which you will find full particulars in his advertisement in this Journal. It is a preparation which, with perfect safety to the hair, speedily induces beautiful golden and bronzy tints, simply rendering lighter and brighter by oxidation the natural colour of the hair.

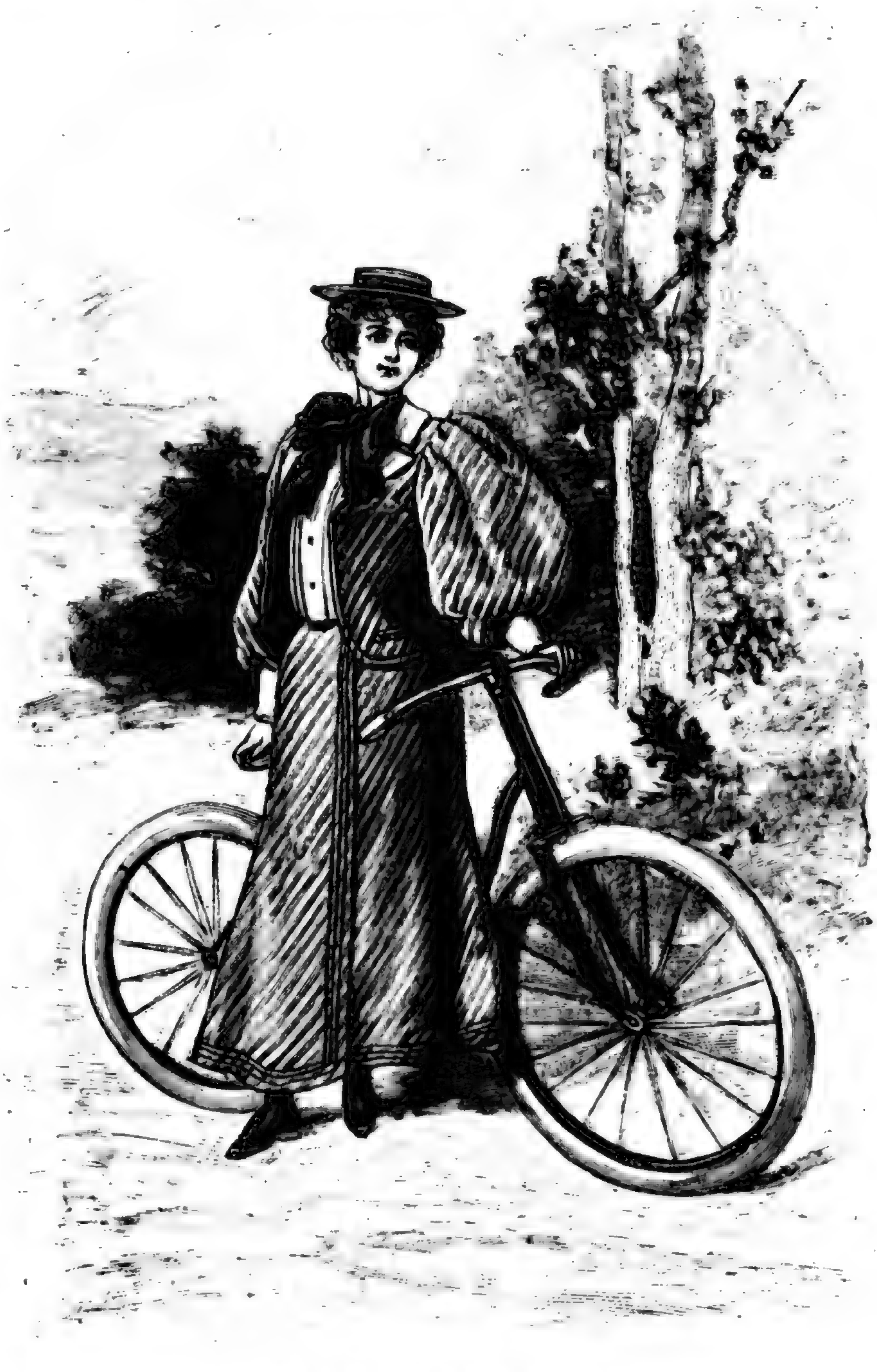
Pink Pearl.—Your friends' views on the danger to your health of cycling seem to be somewhat exaggerated; racing and "record-making" are undoubtedly very bad, but if you only want to ride moderately for enjoyment and convenience you will probably find that your health will rather gain than suffer by the exercise. Why do you not consult the *Family Doctor*, who is such an authority? If you can gain his sanction your difficulties should vanish.

Haltie.—The main reason why a gaslit atmosphere is injurious to weak chests is the presence of sulphurous acid, produced by the burning and consequent oxidation of the sulphur, which is always more or less present in coal gas. Those liable to bronchial irritation should use a lamp burning colza oil, which is free from this impurity. In extreme cases this is often insisted on by physicians.

W. R. E.—You will be fortunate in being able to use the remedy at the first sign of the mischief. To remove the crowsfeet and incipient wrinkles use at once, and perseveringly, the Astringent Skin Tonic prepared by Mr. Mason, Pharmaceutical Chemist, Norwich. He sends it to any address, post free, on receipt of 3*s.* 6*a.* It is a powerful skin-tightening lotion, invaluable for checking and removing these symptoms of advancing age, and perfectly safe to use.

Sea Breezes.—A good preparation that you can use for shampooing once in six weeks is composed of a heaped tablespoonful of powdered borax dissolved in tepid water, to which is added one ounce of tincture of quillaya. Make this up to a pint with boiling water.

Miserable.—Yes, you are using the right methods, but you must also try to soothe your nerves, they will only make matters worse while they are so terribly alive. A very nice lotion for the moist hands is the "Sweete and Drie," which you can obtain from Mrs. Cornelia Gray, 70, Newman Street, Oxford Street.



Cycling Costume for a Young Girl.

Costume of blue diagonal cloth, the skirt crossed in front and ornamented with rows of stitching. Short open jacket with pockets in the rounded fronts and collar and revers of white cloth. Cuffs to match on the bishop sleeves. Blue silk vest with box-pleated front and dark blue surah cravat. Sailor hat trimmed with blue ribbon. Shoes and cloth gaiters. Quantity of cloth required, 5 yards.

Prices of Flat Patterns, Skirt, 6½*d.*, *Bodice,* 6½*d.*, *of* Madame Myra, 95, *Regent Street, W.*

Dainty.—The use of an eyebrow pencil of course necessitates daily renewal. The eyebrows and lashes may be permanently darkened by Mr. Mason's Eyebrow and Eyelash Dye, which does not wash off, and only requires renewal at considerable intervals. This capital preparation seems to have met a very pressing need, and has found great favour. It is quite harmless. Mr. Mason, Pharmaceutical Chemist, Norwich, sends it post free and under cover to any address for 2*s.* 6*d.*

Starlight.—You can make your own toilet powder by pounding six ounces of the best starch in a mortar, reducing it to the finest possible powder; sift this through muslin, then rub in two drachms of powdered orrisroot, and sift again so that the powders may be well mixed and all coarse particles removed. You can tint the powder with rose-pink if you like.

Dora.—You certainly should not be wrinkled and haggard-looking at your age, but your very youth is a point in your favour, for as the wrinkles cannot be due to old age they are in all probability curable. Their cause is undoubtedly the bad health you refer to, and the best thing you can do is to use at once Horn's Skin Food, which, rubbed into the face at night, will plump up the flesh under the skin, and the wrinkles will then disappear. Send to Messrs. Cassie and Co., Newgate Street, for the preparation, and use it persistently for some time. In washing the face be careful to use only soft or distilled water, and little or no soap. Dr. Mackenzie's Arsenical Soap would be a good kind for you to use.

Globe-Trotter.—Yes, a nice lotion is often advisable; you may safely use Calfman's Rose and Jessamine Lotion, a very nice colourless preparation, free from sediment, which you can obtain from Mr. H. M. Calfman, Market Place, Newbury.

Valkyr.—The Garrison Hair Dye, in one solution, safe, certain, and simple, is by far the best you can use. A lady says: "Now that I have had a good trial of the Garrison Dye, I write to thank you for such a remedy against grey hair. I may safely say I have not one left now." Mr. Mason, Pharmaceutical Chemist, Norwich, will send it to you, post free and under cover, for 3*s.* 6*d.*

Somerset.—A change to a more bracing climate seems to be the chief thing needed. Spend a month at Cromer or Lowestoft, or if the East Coast is too far off, go to Great Malvern for the same length of time.

Queenie.—(1.) The air-bath treatment you refer to consists chiefly in abjuring the use of towels after your bath. Let this be either cold or tepid, and walk about the room, with the windows open, until you are dry. Do not begin the treatment in very cold weather. (2.) Yes, but during the hot weather in August, and I found it very pleasant. (3.) The cure for sleeplessness is to sit for a time at an open window with no other clothing on than a night-dress. This also should not be tried first on a cold night.

Miss H. D.—Superfluous hairs should never be clipped, unless you wish to render them much more conspicuous. You should use either tweezers or a good depilatory. As the former involves a very tedious operation, we prefer to recommend the safe and certain depilatory prepared by Mr. Mason, Pharmaceutical Chemist, Norwich. This is a thoroughly good and cheap depilatory, the price being only 2*s.*, post free.

Sinclair.—Ringworm is an obstinate complaint at all times, but the remedy you are now using seems to be ineffectual. Leave it off and try instead Horn's Ringworm Specific. You can have a bottle post free for 2*s.* 9*d.* from Messrs. Cassie and Co., 49, Newgate Street.

Leal.—In the case of a patient suffering from chronic bronchitis the temperature of the living-room should not be allowed to fall below 50 degrees. When the temperature of the bedroom falls to 45 degrees, a fire should always be lit before bed-time. The patient should never go out when the temperature of the outer air is below 40 degrees.

Excelsior.—Claret very often has the effect you describe, and many people cannot take it habitually for that reason. Sherry is of course forbidden in your case, so that the most wholesome beverage would probably be weak whisky and water. Take a little of this after your lunch and dinner and a tumblerful of hot water before every meal.

Mrs. C. L.—Recent weakness is without doubt the cause of the loss of hair. You should look after your hair, as a failure so extensive as yours is frequently permanent when neglected. We advise you to apply, every day, the powerful Jaborandi Hair Tonic, prepared by Mr. Mason, Pharmaceutical Chemist, Norwich, which he sends post free to any address for 3*s.* 6*d.* Nothing is more calculated than this to restore the dilated hair glands to their full vigour.

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DESCRIPTION OF THE NEEDLEWORK DESIGNS.

NO. 1. INFANT'S JACKET IN CROCHET.

MATERIALS required: 2 ozs. pale pink 3-ply fingering wool, a long bone crochet needle, No. 10, ¾ yard white ribbon for neck. The body of this little garment is worked in plain tricot, the yoke and upper part of sleeves in fancy tricot; viz., at regular intervals, picots are made in the return row of tricot. Begin at the lower edge by a chain of 117 stitches.

1st row: plain tricot.

2nd row: tricot with picots; in this row take up the back part of previous row, and in returning make 3 chain for the picot after every 2 stitches.

3rd row: plain tricot.

4th row: take up back part of previous row, and begin decreasing for the waist by drawing together as one stitch the 28th and 29th, and the 89th and 90th stitches.

5th to 18th rows: all plain tricot; reduce in the 6th row, drawing the 51st and 52nd, also the 64th and 65th stitches together.

In the 7th row: draw together the 27th and 28th, also 86th and 87th stitches.

In the 9th row: draw together the 50th and 51st, also 61st and 62nd stitches.

In the 10th row: draw together the 27th and 28th, also 82nd and 83rd stitches.

In the 12th row: draw together the 49th and 50th, also 58th and 59th stitches.

In the 13th row: draw together the 26th and 27th, also 79th and 80th stitches.

In the 16th row: draw together the 26th and 27th, also 77th and 78th stitches.

After these 18 rows, begin the right front by working only on the first 25 stitches of the 18th row; do 12 rows in tricot, making the picots of 3 chain after the 10th, 15th, and 20th stitches, in the 3rd, 5th, 9th, and 11th of these 12 rows. Now begin the slant for the shoulder.

13th row: pick up only 22 stitches.

14th row: pick up only 19 stitches.

15th row: 8 slipstitches in the first 8 stitches to form neck hollow, then 6 tricot in next 6. After this pick up 12 stitches along the slanting side for shoulder and do 2 rows of 12 stitches each; this finishes the right front; the left side must correspond with it. For the back, work 15 tricot rows on the middle 45 stitches of the 18th row—this leaves 3 vacant under each arm; make the picots after the 10th, 15th, 20th, 25th, 30th, and 35th stitches, in the 4th, 6th, 8th, and 10th rows; also picots in 12th and 14th rows in their proper places, above the others; the decreasing for the shoulders is made by leaving 3 stitches unworked at the beginning and end of the 12th and 13th rows, 2 stitches unworked at the beginning and end of 14th and 15th rows. After this pick up 12 along slanting side of each shoulder and do 2 rows. Seam the shoulders together neatly.

The sleeves are made in one piece and stitched together up the seam. On a chain of 30, work 37 rows in tricot; taking the stitches up from the back part of previous row, in doing the 4th, 5th, 8th, 9th, and 12th till 16th rows. In the 16th row also take up 2 stitches out of each of the middle 16, to form extra fulness for the puff. In the 17th and each following uneven numbered row, make 1 picot after each 5 stitches. At the 29th row, begin to reduce for top of sleeve, leaving 1 stitch unworked at beginning and end of each row, till 37th, when break off, gather to size of armhole, and sew neatly in.

For the lower edge: * 1 double into 1st stitch, bring a loop through next stitch, 4 chain, then the 2 loops on needle taken off together; repeat from *.

2nd row: * 1 double into 1st stitch, miss 1, 3 treble (very loose) into next, miss 1, and repeat from *.

3rd row: * 1 double into lower front part of 1st stitch, 3 treble into lower front part of 2nd treble of previous row, and repeat from *.

4th, 5th, and 6th: like the 3rd row.

Down the fronts and round the neck work—

1st row: 1 treble into 1st stitch, miss 1, 1 treble, the 2 treble to be drawn together at the top, * 1 chain, 1 treble with same as last treble, miss 1, 1 treble drawn together with last treble; repeat from *.

2nd row: * 1 double into top of the 2 treble of previous row, 3 chain, 1 double into last double, and repeat from *. Round the cuffs work this last row. Thread the ribbon round the neck through the holes formed by the 1st row of the edge. This makes an infant's first size; 4-ply wool and a coarse needle would make a larger jacket.

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NO. 2. INFANT'S KNITTED VEST.

This little vest is knitted in Lady Betty 2-ply wool, and will fit an infant from a fortnight to five or six months old; it is moderately high at the neck, and has long sleeves. Materials: 1 oz. wool, and a pair of No. 10 bone needles. Cast on 72 stitches. Knit 20 rows of ribbing, 3 purl, 3 plain.

21st row: plain.

22nd row: 3 plain, 3 purl.

Continue these two rows until 80 rows have been knitted; then for the shoulder, on the first 24 stitches, work the same pattern, decreasing 1 by knitting 2 together at the commencement of the plain row, until there are only 15 stitches; work 8 rows upon these 15 stitches and cast off. Fasten the wool to the stitches still upon the needle, and cast off 24 stitches for the middle of the neck. On the 24 remaining stitches work as for the other shoulder, decreasing at the end of the plain row, instead of at the beginning. Take up at the neck 100 stitches; work—

1st row: plain.
2nd row: purl.
3rd row: plain.
4th row: make 1, knit 2 together, knit 1, 33 times.
5th row: plain.
6th row: purl.
7th row: plain.
Cast off.

This forms one half of the vest. Knit the other half in the same way; and sew up the shoulders and sides, leaving 3½ inches open for the armholes.

For the sleeves: cast on 48 stitches. Knit 12 rows of 3 plain, 3 purl.

13th row: plain.

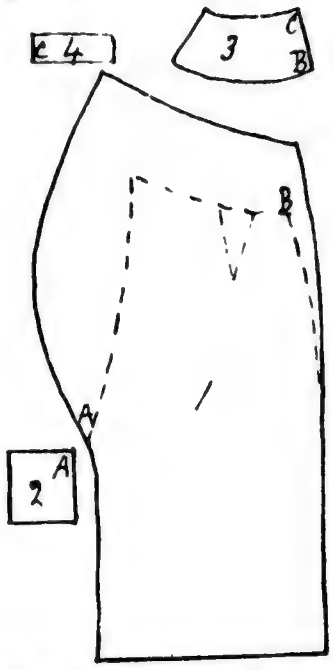

DIAGRAM OF OUR CUT-OUT PAPER PATTERN. DIVIDED SKIRT FOR LADY.

14th row: 3 plain, 3 purl.

Continue these two rows, increasing 2, one at the beginning and one at the end of each 8th row, until 54 rows are worked; then cast off the first 6 stitches of each row, till all are cast off.

Sew the sleeves up, and into the armholes.

With a fine crochet needle work round the neck, 1 double, 2 chain, picot of 3, 2 chain, as a finish; and run through the holes narrow white ribbon, or silk braid, to draw it up.

The size of the vest may be enlarged to suit a growing child either by increasing the number of stitches and rows, or by using 3-ply wool and needles a size larger.

Lady Betty wool is recommended for young children's use, as it is more elastic than most wools, and does not harden in washing; but it is a trifle more expensive than Andalusian, and can only be had in white.

NO. 3. GORED CROCHET PETTICOAT FOR LITTLE GIRL.

This little skirt for a child of 3 or 4 is shaped nicely in the working and fits closely round the hips; it is in stripes of pink and grey, the pink stripes in a variety of tricot stitch, the grey in shell stitch. Materials required: 3 ozs. pink 4-ply fingering, 2 ozs. grey ditto, a long bone crochet needle, No. 10.

Begin in the middle of the back on a foundation chain of 78.

1st row: plain tricot with pink wool.

2nd and 3rd rows: also tricot, but taking the stitches through the back loop instead of the front as in ordinary tricot; this throws the stitches of previous row forward, and forms ridges.

4th row: in shell stitch with the grey wool, viz., 3 chain, draw up loop through first 2 of these, and also up through the back part of next stitch of previous row, wool over the needle, and draw through all. For the next and all following rows work 1 chain, draw the wool through the round loop that gathers all the strands of the previous stitch together, make another loop through the lower portion of the same stitch, another through each of the next two stitches of previous row, wool over needle, and draw all through 1 chain to hold it firm. Work each shell thus, taking up 2 tricot stitches; there must be 29 shells.

5th row: pink wool, plain tricot. Repeat rows 2 to 5 twice.

14th row (begins the gore): only 68 tricot stitches to be taken up.

15th row: 63 stitches.

16th row: this is a shell stitch row, and only 29 shells long. The next 8 rows each to be shortened by 5 stitches.

25th row: pink, 78 stitches, going right to the top.

From 2nd to 25th rows to be repeated 6 times, making 7 gores, then join neatly up the back, leaving open enough for a placket hole, round which work 1 row of firm double crochet.

For the edge:—

1st row: pink, 1 double into point of shell, 5 treble into middle of next stripe (pink), and repeat all round.

2nd row: grey, 1 double into 3rd treble of group, 1 chain, 5 treble into next double, 1 chain, and repeat all round.

3rd row: pink, 1 double into double of last row, then 5 times, 1 chain, 1 treble into 3rd treble of group, 1 chain, and repeat all round.

4th row: grey, 1 single, 2 chain into each loop of last row, only missing the 2 chain between each two shells.

For the band, make 1st and 2nd rows in pink plain tricot, taking the front part of stitches to make it flatter.

3rd row: grey, shell stitch.

4th and 5th rows: pink, plain tricot.

6th and 7th rows: grey, all double. The skirt being well gored it requires no reducing for the band, though the last few rows are better if worked tighter than the rest of the skirt.

The button and button-hole are preferred to tapes. Make the button-hole by working 5 chain in place of 5 tricot, towards the end of 5th row of band, and returning draw the wool through each of these chain as if they were tricot stitches. This makes the hole, which must then be made firm by button-holing round. A pearl button stitched on the other end completes the garment.

NO. 4. CROCHET EDGING.

This makes an excellent trimming for cloths or household linen, worked with rather fine linen thread and a steel hook to correspond.

Work backwards and forwards on a foundation of 50 chain.

1st row: miss 7, 1 double into 8th, 5 chain, miss 3, 1 double, 5 chain, miss 3, 7 double, four loops of 5 chain, miss 3, 1 double, then 6 double, 3 chain, miss 5, 1 treble.

2nd row: turn, 8 chain, 1 double treble into 4th double of last row, 6 chain, 1 double into next loop, 5 chain, 1 double into each of next 3 loops, 6 chain, 1 double into 4th double, 6 chain, 1 double into next loop, 5 chain, 1 double into next 2 loops.

3rd row: 5 chain, 1 double into next 2 loops, * 5 chain, 3 double into next loop, 1 double into the double treble, 3 double round next loop,* 5 chain, 1 double into next 3 loops, and repeat from * to * once, then 5 chain, 1 treble into 2nd of the 8 chain of last row.

4th row: 8 chain, * 2 double into next loop, 7 double into the 7 double of last row, 2 more double into next loop, 5 chain, 1 double into next 2 loops,* then 5 chain, and repeat from * to *.

5th row: turn, * 5 chain, 1 double into 1st loop, 5 chain, 2 double into next, 11 double into 11 double of last row, 2 double round next chain, repeat from *, and then 5 chain, 1 treble into 3rd of the 8 chain of last row.

6th row: 10 chain, * 2 double into next loop, 15 double into the 15 double, 2 double into next loop, 5 chain, and repeat from * once, then 1 double into last loop.

7th row: * 5 chain, 1 double into 1st loop, 5 chain, 15 double into middle 15 of last row, repeat from * once, then 4 chain, 1 treble into 7th of the 10 chain of last row.

8th row: 7 chain, * 11 double into middle 11 of last row, 5 chain, 1 double into each of next 2 loops, * then 5 chain, and repeat from * to *.

9th row: 2 loops of 5 chain, 1 double, then 5 chain, 7 double, 3 loops of 5 chain, 1 double, then 5 chain, 7

(*Continued on page 28.*)

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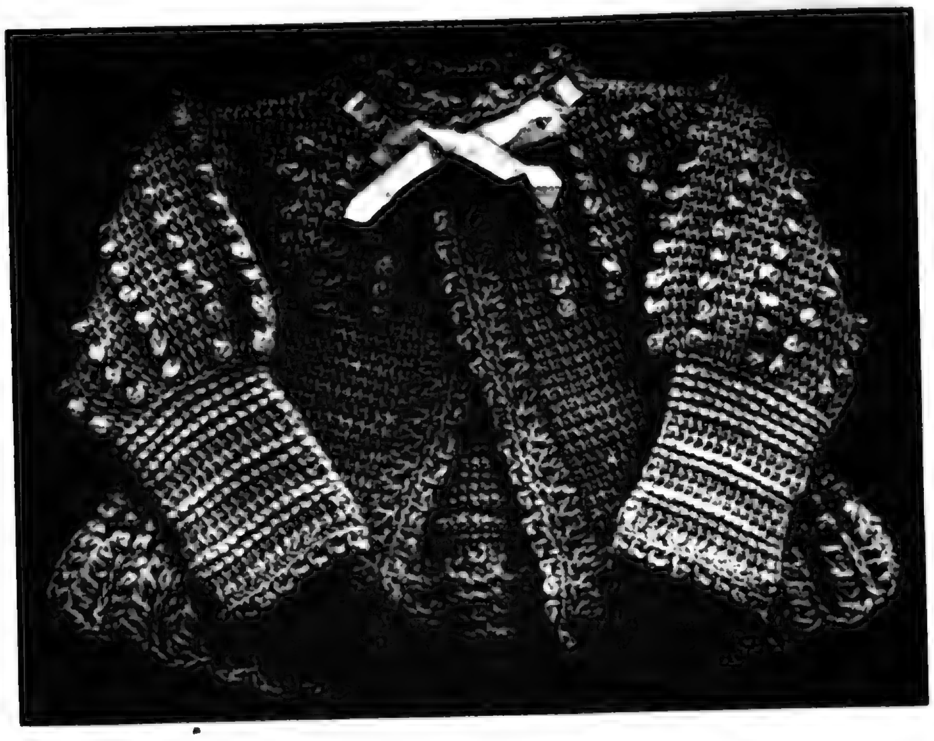
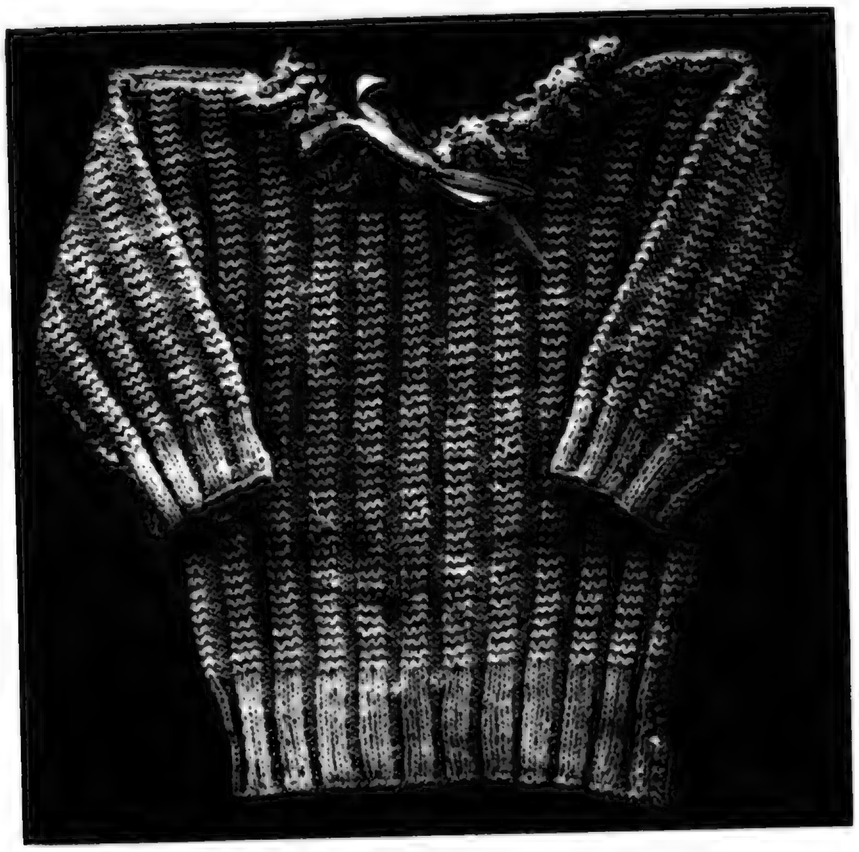
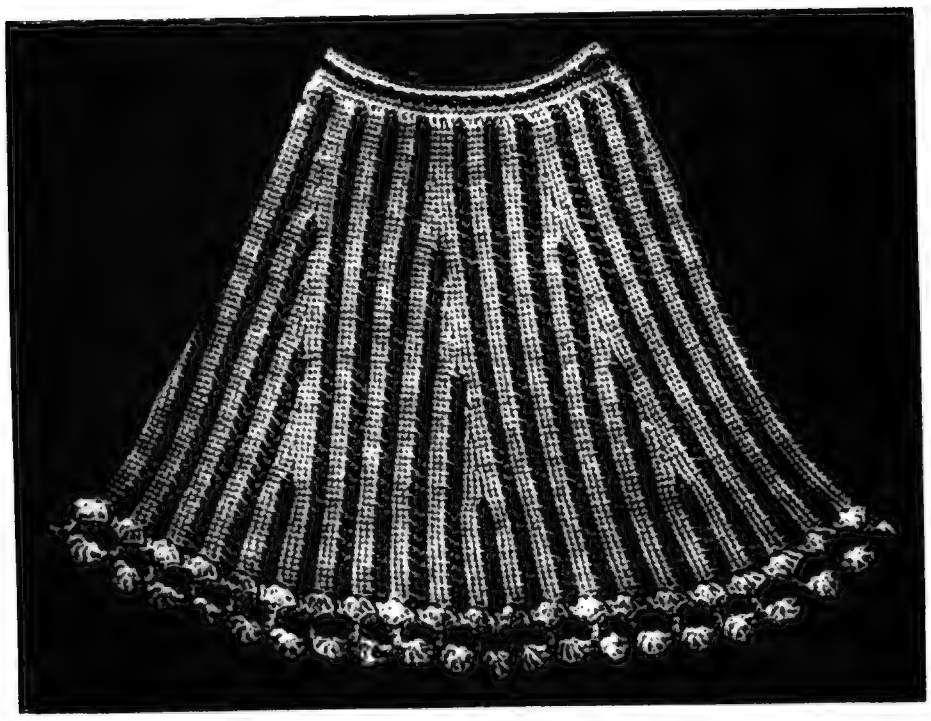
NOVELTIES IN NEEDLEWORK.



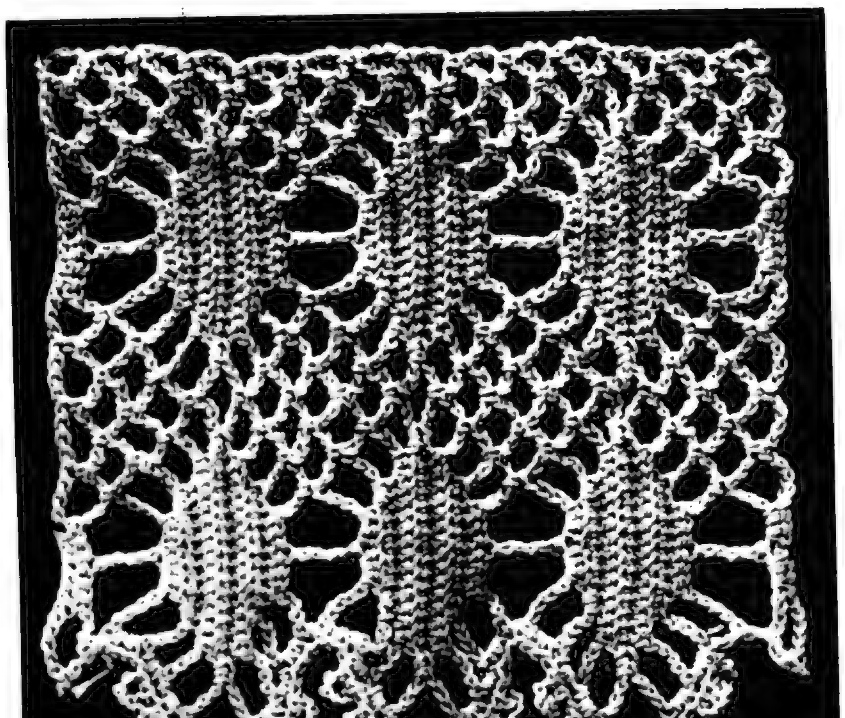
No. 1. Infant's Jacket in Crochet.



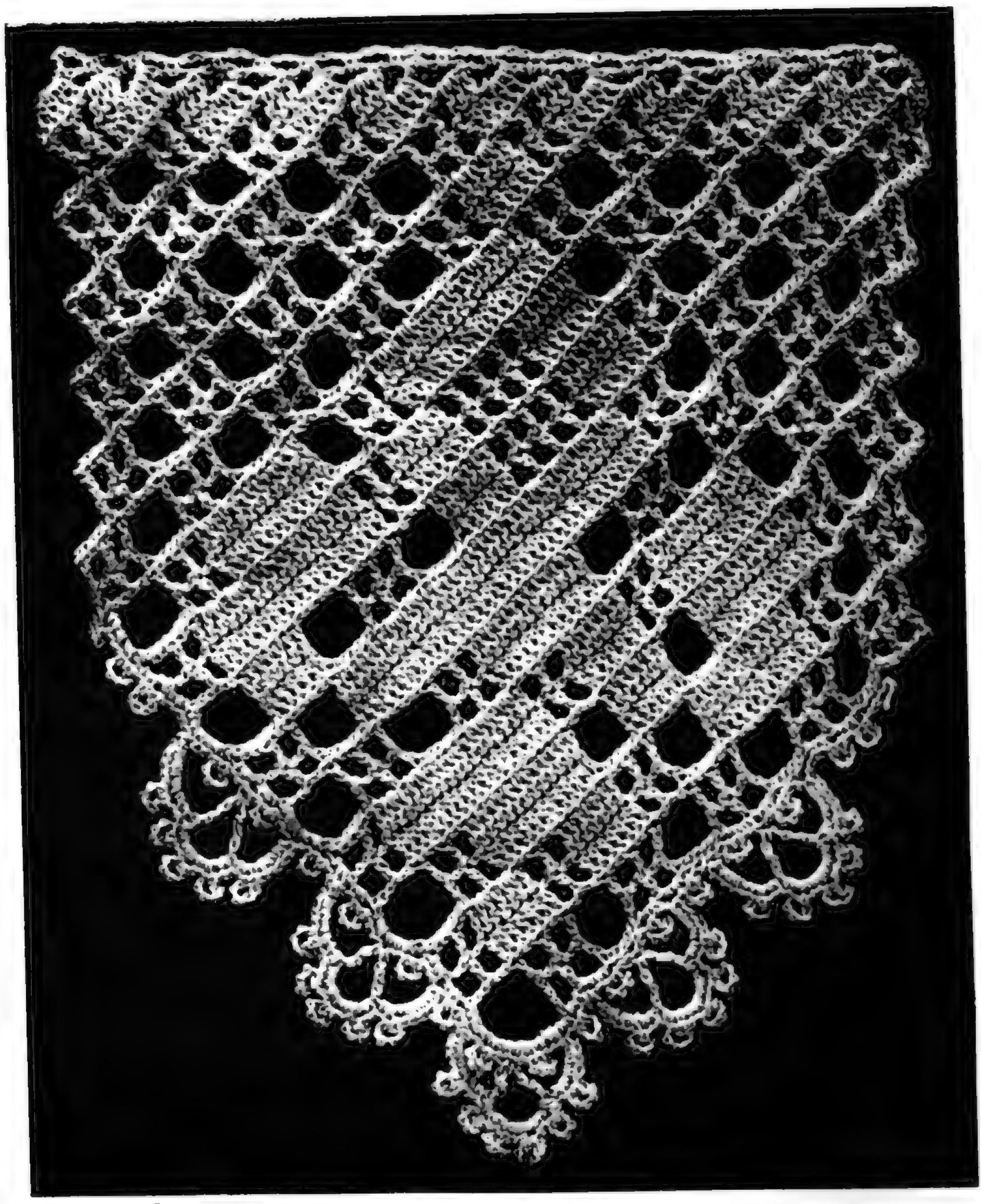
No. 2. Infant's Knitted Vest.



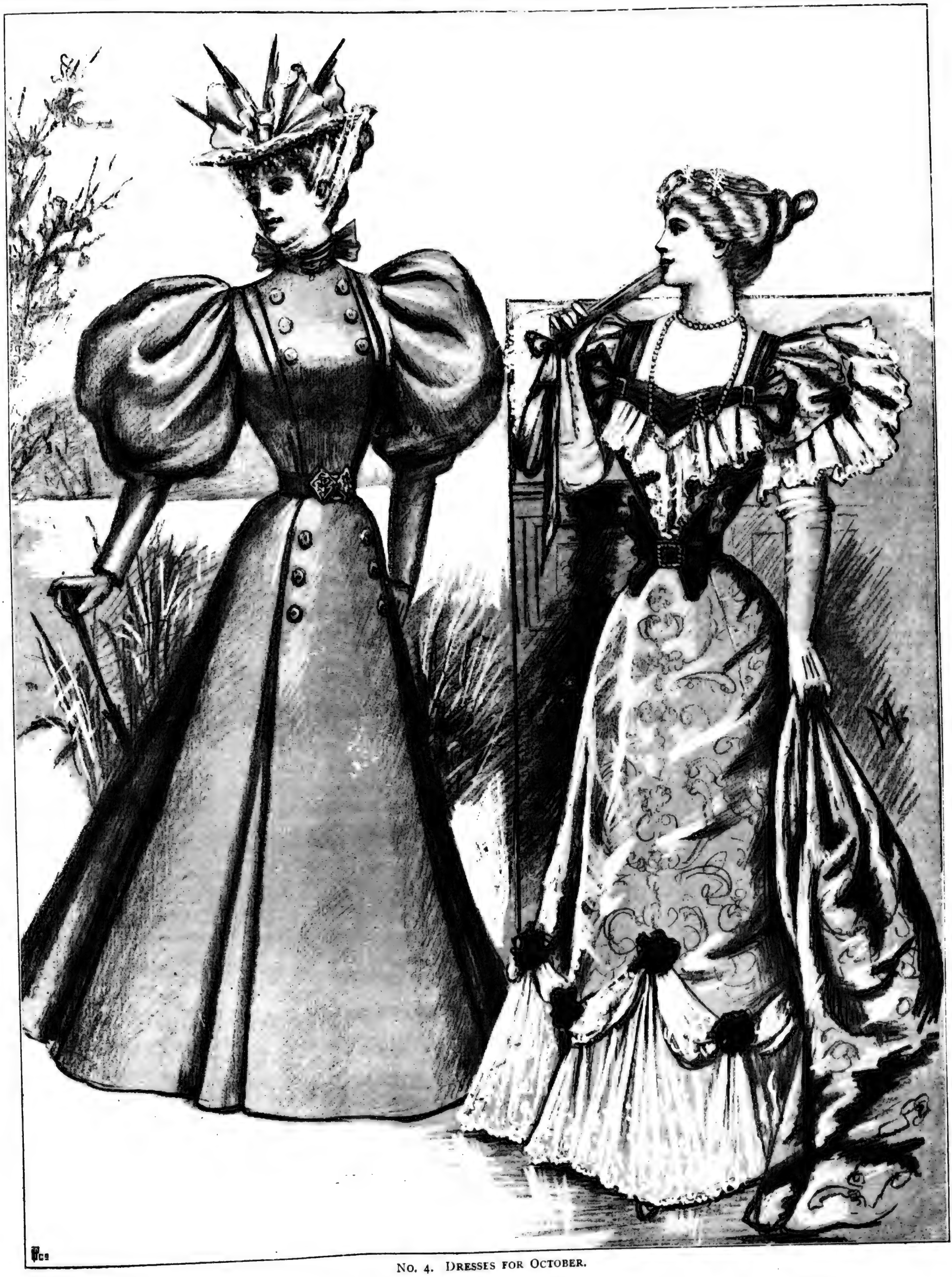
No. 3. Gored Crochet Petticoat.



No. 4. Crochet Edging.



No. 5. Wide Ivory Lace.



NO. 4. DRESSES FOR OCTOBER.

For Descriptions see page 29.

Prices of Flat Patterns, Skirts, 6½*d., Bodices,* 6½*d., of* MADAME MYRA, 95, *Regent Street, W.*

Description of the Needlework Designs (continued).

double, and 3 chain, 1 treble into 3rd of the 7 chain of last row. Repeat from 2nd to 9th rows.

For the edge: * 1 double into the loop between 2 patterns, 2 double into next loop, 2 double, 1 picot (of 5 chain, 1 double into last double) into next loop, 3 double, 1 picot into next; into the loop of point of vandyke 3 double, 1 picot, 2 double, 1 picot, 3 double, 1 picot, then 3 double, 1 picot into next loop, and 2 double each into next 2 loops, and repeat from *.

No. 5. Wide Ivory Lace.

This handsome lace is suitable for blinds, or would make a pretty mantel border. The pattern is worked with ivory cotton, No. 30, and a steel hook.

Begin with 3 chain, 1 treble into the 1st, then 7 chain, 3 treble round the 1st treble made, 2 chain, 1 double treble into 1st chain of the row.

2nd row: 7 chain, 1 treble into the double treble, 2 chain, 3 treble on the 3 treble, 3 treble round the next chain, 2 chain, 1 double treble into same loop.

3rd row: 7 chain, 1 treble into the double treble, 2 treble round the next 2 chain, * 2 chain, miss 2, 1 treble, 2 chain, miss 2, 1 treble, 9 chain, miss 5, 1 treble, * then 2 chain, 1 double treble into same stitch as last treble.

4th row: 7 chain, 1 treble into the double treble, 2 chain, 1 slipstitch in each of the middle 7 chain, 2 chain, 1 treble into 2nd treble, 2 chain, 3 treble into next 3 treble, 3 treble round the next loop, 2 chain 1 double treble into same loop.

Rows 5, 6, 7, 8, 9, and 10 are worked like rows 3 and 4, increasing each row by being careful to follow directions at each end.

11th row: 7 chain, 1 treble into the double treble, 2 treble round next chain, 2 chain, 1 treble, 2 chain, 7 treble, 4 ground work patterns as between stars in 3rd row (this saves constant repetition), 2 chain, 1 double treble into same loop as last stitch.

12th row: all the even numbered rows are simply to complete the previous rows, as the description so far shows, so they will not be further described, to avoid repetition.

13th row: 7 chain, 3 treble into 1st loop, 1 ground pattern, 2 chain, 1 treble, 2 chain, 19 treble, 1 ground pattern, 12 treble, 2 chain, 1 treble, 2 chain, 1 treble, 8 chain, 1 double treble into the 3rd of the first 7 chain of last row.

14th row: 1 chain, then 1 slipstitch in each of the first 7 chain, and then as before directed.

15th row: 7 chain, 3 treble, 2 ground patterns, 6 treble, 2 chain, 1 treble, 2 chain, 1 treble, 2 chain, 1 treble, 2 chain, 7 treble, 2 chain, 1 treble, 2 chain, 19 treble, 2 chain, 1 treble, 2 chain, 1 treble.

16th row: 5 chain, 1 treble in the 2nd treble, 2 chain, 19 treble, and as before.

17th row: 7 chain, 3 treble, 2 ground patterns, 2 chain, 1 treble, 2 chain, 7 treble, 2 chain, 1 treble, 2 chain, 1 treble, 2 chain, 1 treble, 2 chain, 7 treble, 9 chain, 1 treble into the 6th stitch, 1 ground pattern, 6 treble, 8 chain, 1 double treble.

19th row: 7 chain, 3 treble, 3 ground patterns, 2 chain, 1 treble, 2 chain, 37 treble, 9 chain, 1 treble into the 6th following stitch, 2 chain, 1 treble, 2 chain, 1 treble.

21st row: 7 chain, 3 treble, 5 ground patterns, 12 treble, 1 ground pattern, 2 chain, 1 treble, 2 chain, 1 treble, 8 chain, 1 double treble.

23rd row: 7 chain, 3 treble, 4 ground patterns, 12 treble, 2 chain, 1 treble, 2 chain, 7 treble, 2 chain, 1 treble, 2 chain, 19 treble, 2 chain, 1 treble, 2 chain, 1 treble.

25th row: 7 chain, 3 treble, 4 ground patterns, 2 chain, 1 treble, 2 chain, 13 treble, 9 chain, 7 treble, 9 chain, 13 treble, 2 chain, 1 treble, 2 chain, 1 treble, 8 chain, 1 double treble.

27th row: 7 chain, 3 treble, 5 ground patterns, 2 chain, 1 treble, 2 chain, 13 treble, 9 chain, 1 treble into 6th following stitch, * 2 chain, 1 treble, 2 chain, 7 treble; repeat from * once, then 2 chain, 1 treble, 2 chain, 1 treble, to finish.

29th row: 7 chain, 3 treble, 2 chain, 1 treble, 2 chain, 7 treble, 8 ground patterns, 2 chain, 1 treble, 2 chain, 1 treble, 3 chain, 1 sixfold treble in the 3rd of the first 5 chain of 28th row.

30th row: 2 chain, 1 treble in the 2nd treble, 2 chain, 7 slipstitches, and so on.

31st row: 7 chain, 3 treble, 1 ground pattern, 2 chain, 1 treble, 2 chain, 19 treble, 1 ground pattern. 12 treble, 2 chain, 1 treble, 2 chain, 1 treble, then 8 chain, 1 double treble.

This row makes the 1st row of the second pattern; repeat from 14th row.

For the edge: 4 double into square at junction of patterns, picot (5 chain, 1 double into last double), 2 double into next hole, picot, 2 double into next, 6 double into next, picot, 2 double into next, 1 chain, 2 double into next, picot, 3 double into next, 5 chain, turn the work, 1 double treble, 5 chain, 1 double treble into the single chain, 5 chain, 1 single into the 5th double, turn again, 1 chain, 5 double, 1 picot, 2 double into 1st loop, 2 double, 1 picot, 3 double, 1 picot, 3 double, 1 picot, 2 double into middle loop, 2 double, 1 picot, 5 double into 3rd loop, then 3 double to finish square, 1 picot, 2 double into next, 1 chain, 2 double into next, 1 picot, 6 double into next, 1 picot, 2 double into next, turn, 5 chain, 1 double treble, 5 chain, 1 double treble into 5th double, 5 chain, single into next chain and finish the point as above; then 2 double into next small square, 1 picot, 4 double, picot, 5 double, picot, 3 double into loop at point of vandyke, turn, and make another point as above and continue the other side to correspond. Along the upper edge work a heading of 1 double into end stitch of each row, 3 chain, and repeat.

DESCRIPTION OF THE COLOURED FASHION PLATE.

Dress of coarse-grained mohair, the godet skirt trimmed with two bands piped at the edge, and two tabs to correspond from the waist on either side. Vest with a centre pleat ornamented with small buttons, and jacket with folded revers falling in points and edged with a piped band. Similar bands on the sleeves. Felt hat trimmed with wide ribbon and quill feathers.

DESCRIPTION OF THE CUT OUT PAPER PATTERN.

The pattern is that of a divided skirt, to be made of silk lined with flannel, or of woollen material with silk lining. The pattern consists of four pieces: 1, the skirt, with a pricked line showing the front, which is fitted at the top by a dart and mounted on the rounded band 3. The square gusset, 2, is fitted in at the fork, and adds largely to the comfort of the garment. The back part of the band, 4, is straight, and the skirt is fastened at the sides. The legs are finished off with frills or flounces, like a petticoat.

DESCRIPTION OF OUR ARTIST'S SKETCHES.

Fig. 1. Dress of new bouclé plaid woollen; cape of dark grey English cloth lined with fancy silk and stitched at the edge. Deep turned-down collar of the cloth bordered with dark grey fur. Straw hat trimmed with ribbon.

Fig. 2. Short jacket of fawn cloth with straight double-breasted fronts ornamented with large pearl buttons. Deep turned-down collar covered with black velvet. Felt hat trimmed with ribbon and wings.

Fig. 3. Dress of coarse-grained alpaca; the front breadth of the godet skirt piped with suède kid. Seamless bodice open in front over a silk chemisette and black velvet waistcoat joined on the chest by a large bow. Revers of alpaca with border of suède kid. Gigot sleeve.

Fig. 4. Long pelisse in black gros-grain with double-breasted front, marked by bands of black fur, the bodice part overhanging the belt a little in front. Deep square collar bordered with fur, and turned-down collar of fur. Large, loose sleeves, gathered in above the wrist and edged with fur. Hat with velvet crown and felt brim; a ruche of shot silk round the crown, and black wings.

Fig. 5. Dress of plain woollen; godet skirt and seamless bodice fastened on one side. Sleeves puffed to the elbow and buttoned from elbow to wrist. Collar and belt of plaid ribbon, and half bretelles of the same starting under rosette bows near the arms and ending under the belt. Bows to match on the sleeves, concealing the gathers at the elbow.

Fig. 6. Skirt of fawn diagonal, the front cut to the knees in a narrow square panel over an underskirt of dark brown velvet. Band of stitching round the edges. Seamless corselet bodice cut in square tabs at the top over a yoke of dark brown velvet, with collar to match. Velvet belt with bows at the back. Rolled collar of white lawn.

The Decoration of Book-covers.

Those of us who take a delight in pretty needlework and embroidery will find a most interesting occupation ready to their hands in the making and ornamentation of loose covers for books.

Nearly everyone must have by them some old and, perhaps, valuable books which have been in such constant use that their outsides have become very much rubbed and shabby, so that, although we love to have them by us for the sake of their contents, yet they are rather the contrary to ornamental if left on the drawing-room table. Nothing gets to look so untidy as a treasured novel in a yellow paper cover when that has become detached and torn away from the back. A very simple means for remedying this untidy look is to cover the book with a piece of Japanese leather paper, of which short lengths can often be picked up at Liberty's for very small prices. These are made in charming colourings, deep red and gold, green, or white and gold, and one of these scraps is generally quite large enough to make into a book-cover, and has quite a rich and handsome effect. The book should be laid, with both its covers open, upon the wrong side of the piece of Japanese paper of which the cover is to be made. Then cut it out, leaving very deep margins round each cover, and only a little piece beyond the back. This should be turned in on itself, exactly the height of the back. The deep margins should be folded tightly in, over

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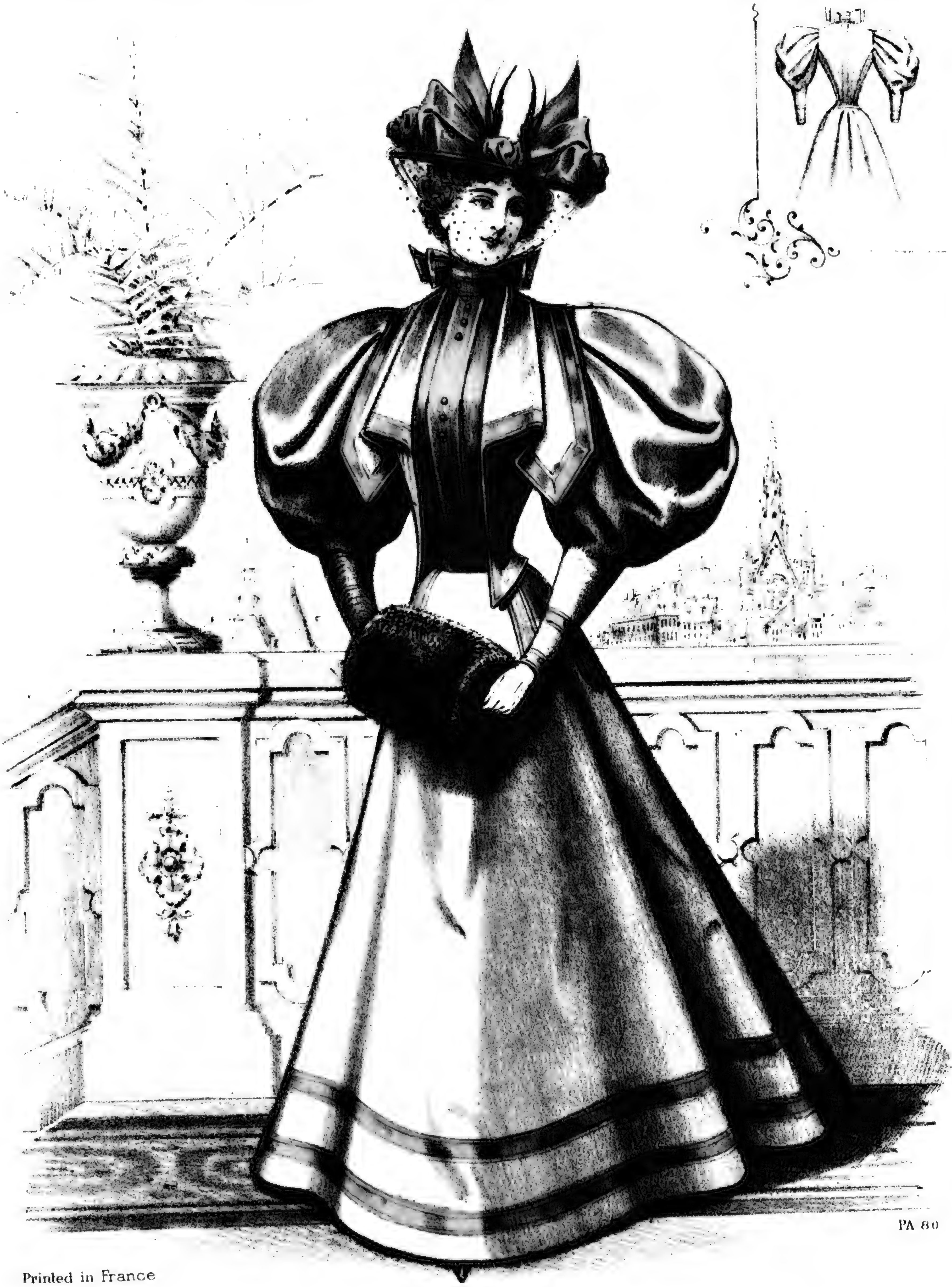

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the covers only, and the superfluous paper cut away from the corners. The paper should just be fastened down in its place inside by a touch of sealing-wax, care being taken to allow space enough for the book to open and shut easily. A cover of good thick paper will last for years, and always look pretty. For small, thick books, such as the bijou dictionaries, which are often so useful upon a writing-table, very dainty little covers can be made of white vellum with a spray of blue forget-me-not, or pink carnations, worked in the centre of each side, and smaller sprigs of the same flower, up the back. The flowers should be worked in silk, either floss or tussore, and the stems put in with Japanese gold. A *very* small needle should be used in working on vellum, so that the holes made through it should show as little as possible.

A very pretty cover that I saw the other day, for a little book, was made of the "butcher-blue" linen from Belfast, which makes such a charming background for embroidery, just powdered over with white stars in filoselle, one stitch making a ray. This was made quite loose, with a straight piece of the linen going half-way across the inside of each cover, and sewn on to the front piece, so that the book could easily be slipped in and out of it. Nearly every shade of silk, or flax thread, the leaves in yellow-green, and the stems in thick Japanese gold, would be a pretty design for another cover. Or a geometrical design, worked entirely in white and cream silk, has an excellent effect.

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DETAILED DESCRIPTIONS OF OUR ILLUSTRATIONS.

NO. 1. AUTUMN DRESS WITH BLOUSE. (*Page* 7)

THIS useful dress may be made of any plain or fancy woollen material. The skirt is cut in the fashionable godet shape, fitting rather closely over the hips and about five yards round at the edge. The top is made without darts and is eased on to the band. The blouse bodice consists of a single piece, with the fastening under the left arm and on the left shoulder; the low rounded top is finished off with a piping, and the blouse requires no lining. A well fitted lining or under-bodice fastened down the centre forms the foundation on which the silk chemisette is mounted. This has a box-pleat down the centre, and the silk must be carried well below the line of the top of the blouse. The sleeve is an easily made and economical model in coat shape, both material and lining being cut alike; the puff is an addition, and is gathered on the shoulder, and open and turned under in front. This turned under part is secured to the sleeve, and the back hangs below the elbow in a loose bag. The cuff, cut with the sleeve, is turned back and lined with silk. The draped belt and the draped collar with cravat ends are in black satin. Quantity of double width material required, 6½ yards.

NO. 2. TEA-GOWNS AND TEA-JACKETS. (*Page* 14)

Fig. 1. Empire tea-gown in soft vieux rose woollen. The long, narrow trained skirt is mounted with scanty gathers on a low Empire bodice, cut in a low rounded shape over a full chemisette of soft white silk. The skirt is lined with soft silk, and the dress should be worn over a Khiva corselet. The tight long sleeves open out in slightly stiffened cuffs at the wrist and are finished off at the shoulder with wheel-shaped epaulets or oversleeves. The low bodice and the sleeves are trimmed with silver gauze ribbon, striped with black satin; a belt of the ribbon is knotted with long loops and ends on the left side of the waist. The embroidered designs on the bodice and sleeves are worked in black and white silk. Quantity of double width woollen required, 6 yards.

Fig. 2. This is a pretty tea-jacket in mauve surah, shaped like a Russian blouse with a deep basque, fastened down the right side, and with seams only on the shoulder and under the arm. A deep gored collar of the surah is bordered with a frill of embroidered mauve chiffon, and a frill to match marks the opening and is carried round the edge of the jacket. The sleeves are in large full puffs set into a plain sleeve below the elbow with a frill of chiffon falling over the hand. Quantity of surah required, 6 yards.

Fig. 3. This elegant corsage is in black satin merveilleux, and is simply a blouse bodice cut low at the neck and with a deep basque. The deep square yoke is of sequin embroidered black gauze over rose-pink satin, and the belt, collar, sleeve bands, rosettes and bows are all in the same material and colour. The ruches marking the top of the low bodice and the edge of the basque are of pinked out glacé silk in shades of rose-pink, while the sleeves of black chiffon in waved accordion-pleating are arranged in one deep and one narrow puff over a pink satin lining. This pretty symphony in black and pink may also be carried out in black and white, black and pale green, black and pale blue, etc. Quantity of satin required, 3¼ yards.

Fig. 4. Elegant tea-gown in pale green and white shot silk; it consists of a plain, half low bodice and long trained skirt, lined with mauve silk, but not stiffened. The bishop sleeves are of unlined green chiffon with wristbands of silk. Over this gown is a pleated bodice of mauve chiffon, passed under the mauve belt and covering the front and left side of the skirt. On the right this over-skirt falls in coquillé folds from the end of a long bretelle of mauve satin embroidered with appliqués of lace, pearl beads and silver sequins. The bretelle on the left side is longer and reaches the edge of the skirt. Epaulets of the embroidery on mauve satin cover the top of the pleated wing sleeves of mauve chiffon that merge in the blouse bodice under the bretelles. Quantity of silk required, 16 yards.

NO. 3. FUR-TRIMMED COSTUMES AND MANTLES. (*Page* 15.)

Fig. 1. Costume in dark green cloth and black astrakan. Godet skirt of green cloth, the pleats kept in place by an elastic strap at the back, the edge cut up in a point in front over a wide band of astrakan, a narrower band of the fur showing below the skirt all round. The bodice is of cloth, and has a plain back and draped fronts crossed over a plastron of the fur, to which are attached flat epaulets of fur. The left side of the bodice crosses over to the right, is secured with a buckle and falls in a coquillé end. Gigot sleeves, very tight below the elbow. Fur collar, felt hat trimmed with ribbon and feathers, and a gauze veil. Quantity of cloth required, 7½ yards.

Fig. 2. This stylish cape is of tobacco-brown cloth cut in wheel-shape. The fronts are ornamented with graduated pointed tabs of Persian lamb bordered with a band of the cloth. Narrow tabs of cloth are secured to the cloth band on one side with buttons, and button across on the other side down the front. Fur collar with rolled points at the top. Felt hat trimmed with striped ribbon. Quantity of cloth required, 2¼ yards.

Fig. 3. Cape in fawn-coloured cloth, cut with a slight point in front and with fluted pleats formed on each side of the front below the shoulder and spreading out towards the edge. Two rows of sable trim the edge of the cape and two sables form bretelles over the shoulders, the heads covering the top of the pleats in front. Sable collar, fastened in front with three tails. The lining is of blue and gold shot satin merveilleux. Felt toque trimmed with plaid ribbon and a fur aigrette. Quantity of cloth required, 2½ yards.

Fig. 4. This useful and stylish dress is in electric-blue cloth; the godet skirt falling in fluted pleats all round is bordered with a bias band of darker blue velveteen headed by a band of brown fur. The bodice is a full-fronted low blouse mounted on a yoke of velveteen, with the fastening down the left shoulder and under the fur on the same side, the lining being fastened down the centre of the front. Bands of fur frame the yoke and form bretelles, and a band trims the front of the blouse sleeves with large puffs, the lower part tight and buttoned at the wrist. Velvet hat trimmed with fancy ribbon and autumn foliage. Quantity of cloth required, 7½ yards.

NO. 4. DRESSES FOR OCTOBER. (*Page* 27.)

Fig 1. Costume in tan-coloured cheviot, cloth or tweed. The front of the skirt is cut like that of the Cycling Costume described in the Dressmaking Lesson in the September No. of the JOURNAL, but there is more fulness at the back to give the regulation width, 4½ to 5 yards, and the skirt is of full length for walking purposes. The pleats are secured below the waist by buttons; the back is mounted in two box-pleats, very narrow at the top, but spreading out at the edge. The whole skirt is lined with silk and interlined about a third of the way up at the sides and to the waist at the back. The front requires less interlining on account of the pleat, but a little stiffening may be used for the hem. The tight-fitting bodice fastens down the centre in front, and the box-pleated plastron is secured to it on the right side, and fastens over on the left side, hiding the centre fastening. The back is stretched and seamless. The sleeve is a full gigot, the puff being stiffened with canvas or Fibre Chamois. A ribbon collar and suède leather belt complete the costume. Quantity of cheviot required, 8 yards.

Fig. 2. This is a charming evening dress in chiné or broché silk. The skirt is made with a demi-train, and is gored and lined throughout with plain glacé silk. Across the front a flounce of fine white or pale yellow lace is arranged in festoons headed by a drapery of the lace secured with rosettes of velvet in a contrasting colour. The bodice is quite plain and cut in a very low square framed by draperies of velvet. The front drapery forms a point in the centre and fan-pleated ends on either side secured by buckles. A similar buckle fastens the pleated ends of the waist-belt. The sleeves consist first of a puff of net, over this is a short open sleeve of the silk with a lace flounce following its outline. A lace berthe falls from the velvet drapery in front. Quantity of silk required, 18 yards.

NO. 5. DRESSES FOR MIDDLE-AGED LADIES. (*Fashion Supplement.*)

Fig. 1. Autumn cloak in tobacco-brown cloth; the cloak is a long redingote, sleeveless and with slightly crossed fronts over a plastron of white cloth. An open cape of the brown cloth is partially covered by a stiffened shoulder cape or deep collar of white cloth braided with black, and the front is finished off with white cloth revers braided at the edge. A black velvet belt and black velvet draped collar complete the cloak. The bonnet is of velvet with jet and lisse motifs in front and pink chrysanthemums and pink strings.

Fig. 2. Dinner dress; the skirt of shot mauve and fawn satin, made quite plain with nine gored breadths lined with mave silk and interlined with Fibre Chamois. The bodice is of violet velvet, pointed back and front, cut low and straight at the top, and laced at the back. The galon trimming the top and the waist is of green and mauve paillette embroidery on white net laid over mauve satin. The puffed sleeves are of net lightly worked with paillettes over mauve satin, and a white lisse fichu edged with lace, or with embroidered lisse, is draped over the shoulders, and caught in by diamond clasps in front on either side, with the lace or embroidered lisse falling from the clasps.

Fig. 3. Afternoon dress of slate blue gros-grain. The skirt consists of seven gored breadths lined with silk and interlined to the waist at the back, and one third of the way up at the front and sides. Down the left side falls a double end of the silk, stiffened with muslin and ornamented with large silver buttons. This end is a continuation of the right side of the draped bodice, pleated in round the armhole and crossing at the waist the left side, arranged in the same way. The outer folds of the bodice are ornamented with buttons, and two similar buttons secure the belt. The fastening is on the right side, but the lining on which the left side of the plastron is fixed fastens down the centre. The full gigot sleeves and the plastron are of fancy shot silk in any harmonizing colours. At the wrists are draped cuffs and ends of chiffon.

NO. 6. FASHIONS FOR OCTOBER. (*Fashion Supplement.*)

Fig. 1. This simple and useful costume is made of covert coating in a pretty shade of green. The full bell skirt is ornamented on each side of the front with straps cut into points and buttoned down with cloth buttons. The well-fitting open jacket is secured by two straps joining the fronts at the waist and a little above the waist. Higher up the fronts are decorated with short buttoned straps, three on each side, and longer straps ornament the lower part of the sleeves. The upper part is a full puff turned under at the elbow. The vest is of white silk with a double frilled jabot and turned over collar. Hat of straw with a velvet crown and bunches of autumn leaves and berries and a group of quill feathers. Quantity of covert coating required, 8 yards.

Fig. 2. This dress is a combination of plain and plaid woollens. The skirt of the plaid is in bell shape and about 5 yards round. The tight bodice of plain material has double basques of the same, and is open to the chest to show a chemisette of soft silk. The sleeves are of the plain material, the collar, revers and cuffs of the plaid. The hat is of rough straw trimmed with ribbon and wings. Quantity of material required, plaid 5½ yards, plain 2½ yards.

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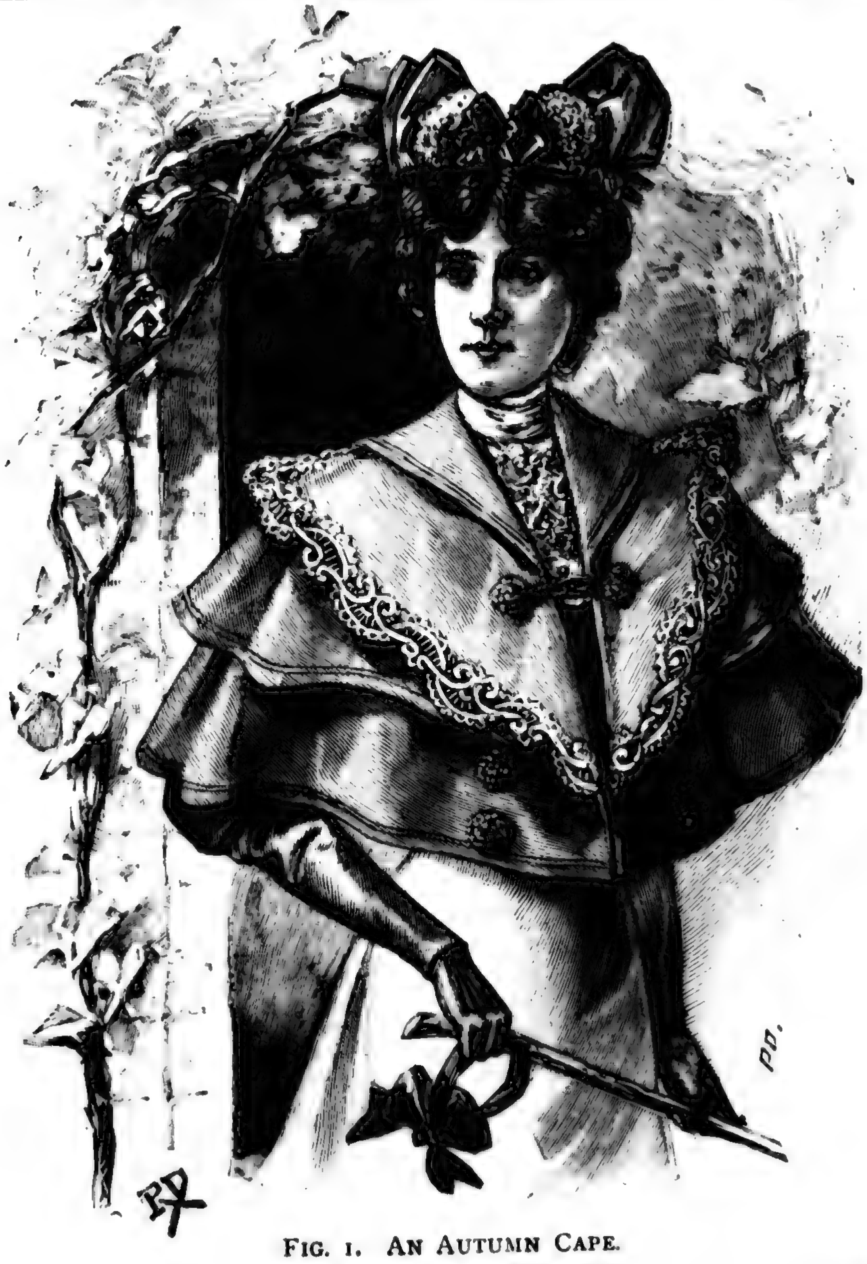


FIG. 1. AN AUTUMN CAPE.

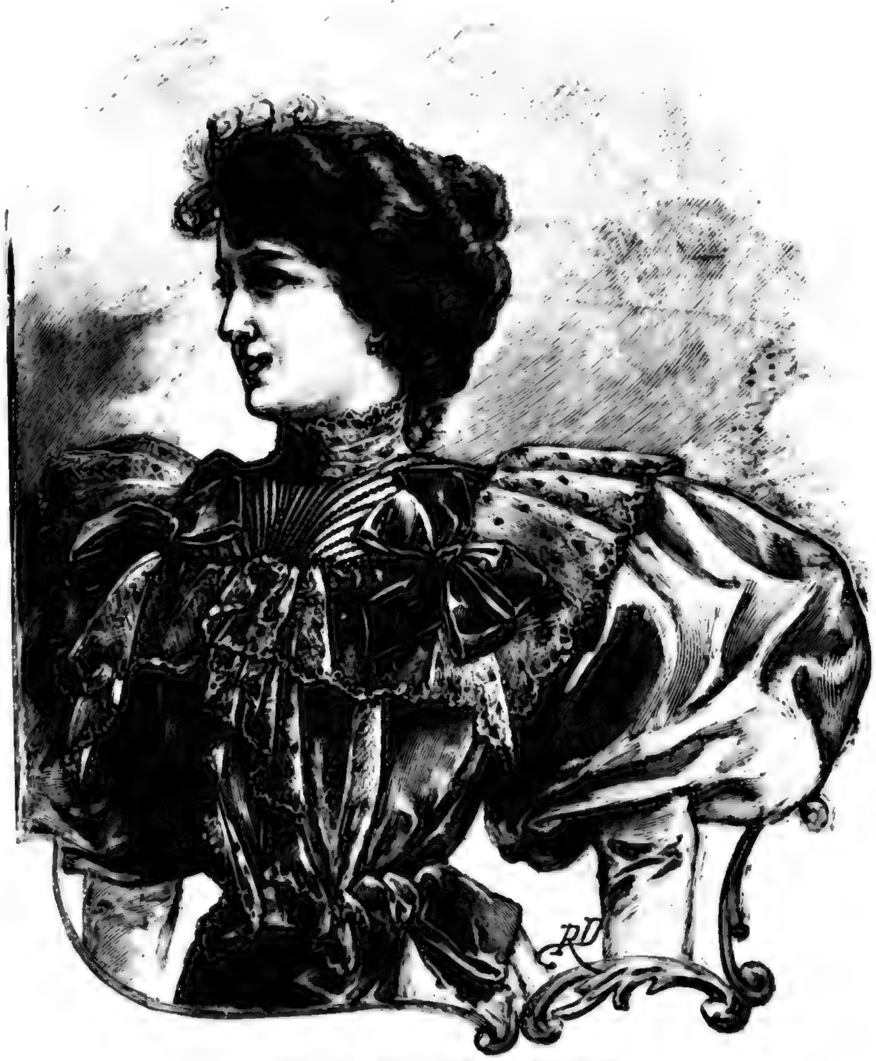


FIG. 2. SHOT SILK BLOUSE.

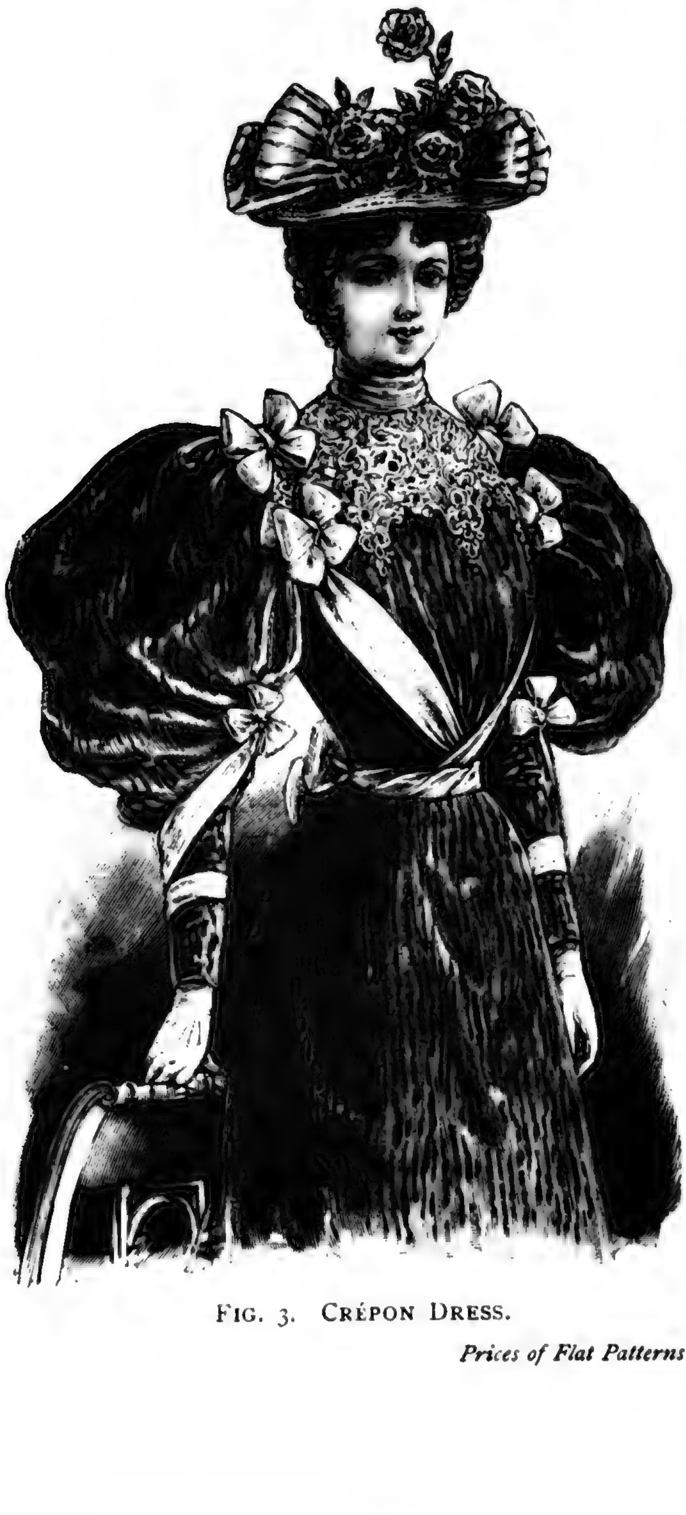


FIG. 3. CRÉPON DRESS.

FIG. 1. AN AUTUMN CAPE.

Double shoulder-cape of grey-blue cloth stitched at the edge, and ornamented with an open shawl collar of white cloth, and revers of the same edged with open embroidery worked on the cloth. The fronts show a yoke of embroidered white cloth and draped collar. Fastenings of embroidered buttons and cord, and similar buttons on the lower cape. Straw capote trimmed with bows of shot silk and bunches of violets. Quantity of cloth required, 2¼ yards.

FIG. 2. SHOT SILK BLOUSE.

Blouse in shot green and pink silk, the fronts gathered at the waist, the upper part cut low over a square white satin yoke striped with rays of green sequins. A flounce of spangled net frames the yoke, the ends in front being continued to the waist and gathered in there. Collar of the net. Bows of black satin ribbon at the corners of the yoke, and black satin ribbon belt with a bow on the left side. Sleeve with a puff at the top. Quantity of silk required, 5 yards.

FIG. 3. CRÉPON DRESS.

This pretty dress for a young lady is made in green crépon trimmed with cream lace and white ribbon. The skirt is in the usual godet shape, lined with silk; the bodice is a plain blouse ornamented with a deep yoke of lace and bretelles and bows of ribbon. The sleeve is novel and pretty. The top part is pleated up at the bend of the arm, the under part being comparatively flat. A bow of ribbon covers the pleats, and bands are crossed round the arm. The collar and folded belt are of the ribbon, the latter fastens at the back with a bow of four loops. Quantity of crépon required, 6 yards.

FIG. 4. BAZAAR COSTUME.

The dress is of shot silk; the skirt is full and mounted in front with a series of fine tucks, and these supply a little doubled flounce or coquillé continued in the form of a basque round the waist at the back. The blouse is of lace cut half low and open over a chemisette of the silk or of silk muslin, and with a broad hem of velvet beyond the edges and under the turned-back revers. A similar velvet hem forms a kind of epaulet above the sleeve, which is very wide and tucked from elbow to wrist; at the wrist the tucks end and the silk beyond is doubled and forms a frill. Velvet belt fastened with a bow in front. Quantity of silk required, 17 yards.

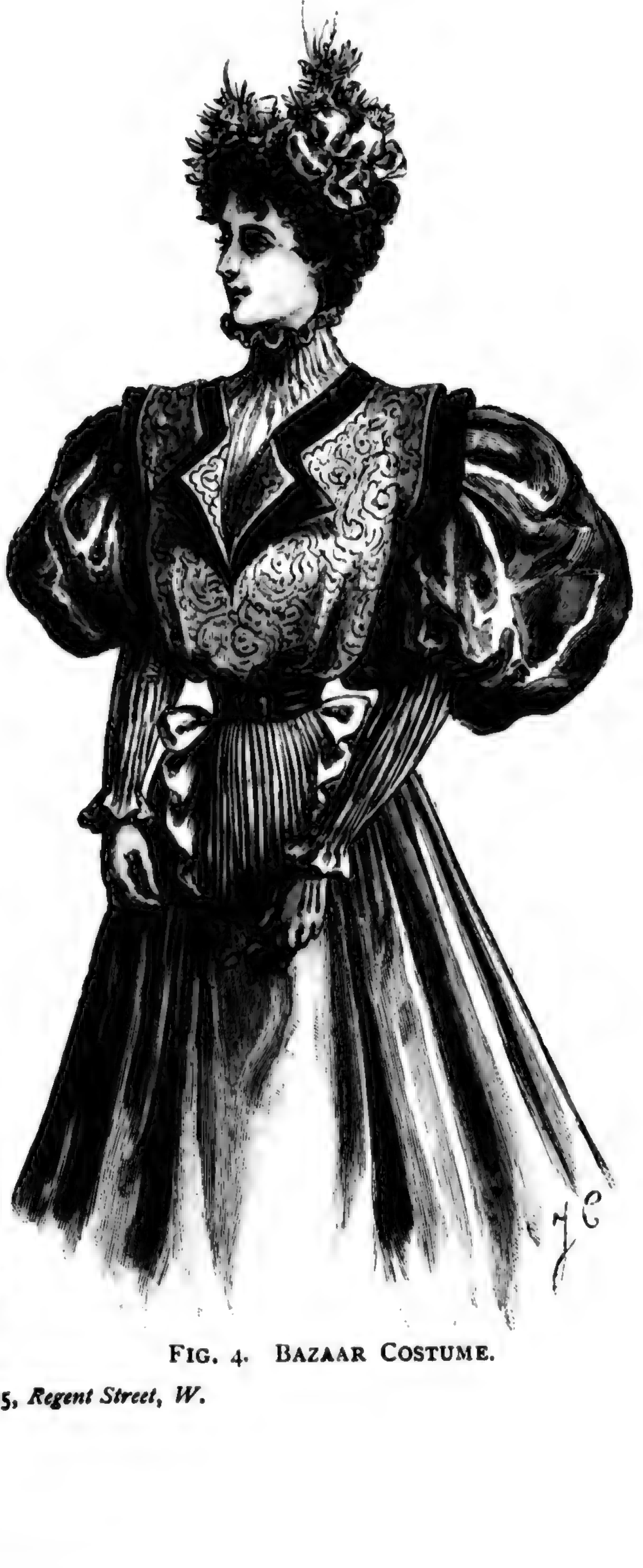


FIG. 4. BAZAAR COSTUME.

Prices of Flat Patterns, Skirts, Bodices, Cape, 6½*d. each, of* MADAME MYRA, 95, *Regent Street, W.*

Our Lesson in Dressmaking No. 110

NEW AUTUMN COATS.

A VERY smart little coat for bright autumn weather is illustrated at fig. 10. It can be made of the same material as the skirt, or of face cloth or covert coating in a soft shade of fawn or biscuit. It looks remarkably well in biscuit cloth trimmed with white suède kid by way of collar. This coat is also made in the new autumn materials with fancy loop or "astrachan" surface, many of which are only 32 inches wide.

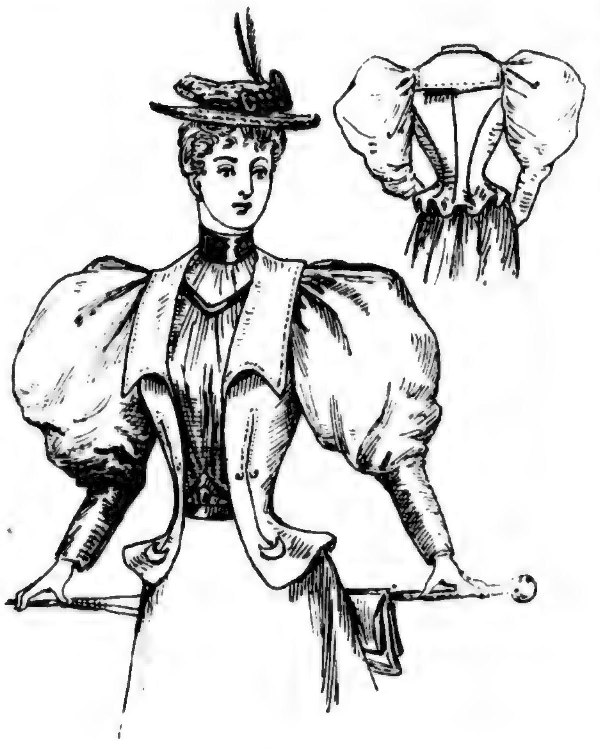


FIG. 10.

The diagram figs. 1 to 8 shows how to lay the pieces for half the coat on two yards of material 32 inches wide. This width is economical, for one sees at a glance that there is absolutely no waste. So, for economy's sake, this width of material is the best. There is a great drawback, however. The large sleeve (fig. 9) requires over 40-inch material if it is to be cut (as it should be) in one piece. In our diagram, figs. 7 show that the sleeve has to be cut in two pieces, seamed together on the straight of the material so as to show as little as possible.

The collar (cut with the revers of the fronts) laid out as in fig. 5 has a seam in the centre. This does not matter if it is to be covered with suède or cloth of another colour. But a collar should be in one piece when possible, and it can be managed here by allowing an additional length of material, which must be doubled in half, selvedge to selvedge, and the centre of the collar laid on the fold. The whole collar in one piece can thus be cut out of material 32 inches wide. The collar, if preferred, can be cut in a square sailor shape at the back.

Fig. 4 gives the front, with a dotted line to show where the revers is turned back, these revers being the lining of the lower part of the revers-collar, fig. 5. The dotted line on the basque shows where the little pocket, fig. 8, is placed. Fig. 6 is the under part of the collar which joins the revers (fig. 4) at the double notch, and thus finishes the lining for the entire revers-collar, fig. 5.

The basques of the front (fig. 4), the back (fig. 1), and the two side pieces (figs. 2 and 3) are sharply curved to give sufficient fulness for the neat little fluted basques which are a pretty feature of this smart little coat.

By the by, there is one advantage besides economy in cutting the revers-collar, fig. 5, with a seam down the centre. As laid on the material in our diagram it is exactly on the cross, a circumstance which makes the collar much more elastic, and therefore more easily adjusted.

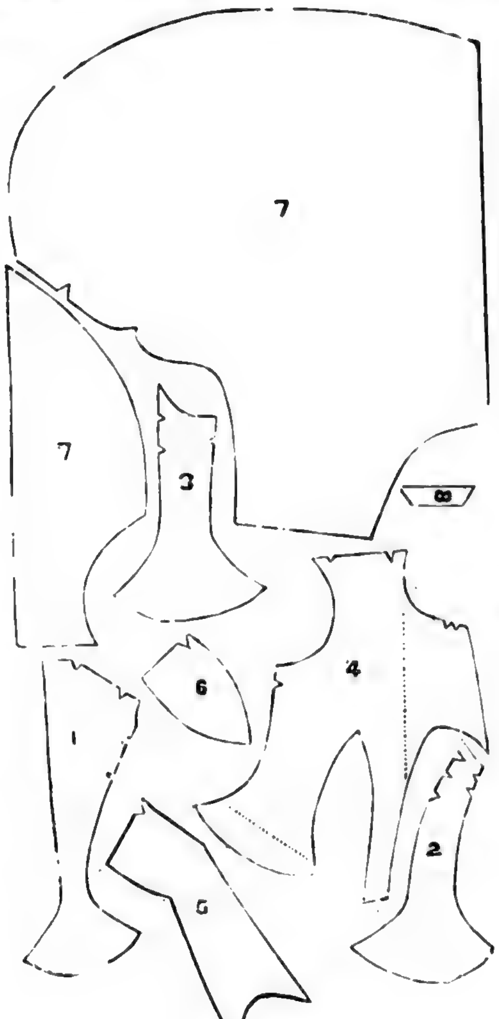
If the coat is cut from material 32 inches wide, the pieces placed as illustrated by figs. 1 to 7, 4 yards are sufficient for it. Almost as much 40-inch material will be required, but there will be much more waste. The coat could be cut from 3 yards of 54-inch cloth with some waste.

The top of the sleeve is mounted on an ordinary lining with deep pleats. It is a very stylish draped gigot, full at the top but fitting closely to the arm below the elbow. The two notches on the left of fig. 7 show where the upper of the sleeve is closely pleated to fit into the shorter under part on the right.

The basques, being fluted and short, must be as well lined as the open fronts with shot silk, with the collar material or with the same material as the jacket.

Another elegant little autumn coat with the pretty short fluted basques is illustrated at fig. 11. There are no breast seams in this model, and the back is entirely in one piece. To shape the waist the slight fulness is held by a belt of the coat material or of leather, which passes under the box-pleat (edging the open fronts instead of a revers) and buckles in front over the under-bodice. Instead of a revers-collar, as in the coat No. 10, there is a hood of the coat material lined with velvet. The large cuffs are of velvet. The large buttons of smoked pearl keep the loose pleat in place on each side. The coat is lined with silk. Three yards and a half of cloth will be required. The coat can be worn over a blouse, a flannel shirt, or over any dress bodice not made in the open coat style.

A similar coat to fig. 10, but double-breasted instead of open, is being made in caracul or seal for winter wear. The back is precisely similar. If an economical subscriber prefers she might make the front of her coat double-breasted and have the large collar and sleeves replaced with fur later in the season. Here is a good opportunity of using up portions of a half-worn fur garment. A fur cape and coat will doubtless supply sufficient good pieces which a working furrier would model into the required collar, and would apply to the jacket. Few women know how to sew fur properly—neatly and firmly—on a cloth garment.



FIGS. 1 TO 8.

The coat, fig. 11, could have the hood lined with fur; the cuffs should be of fur, and your working furrier would doubtless make you a fitted vest of seal or caracul if you would supply him with the correct pattern. Some very *chic* coats this winter will have open fronts falling loosely over the vest of caracul, or seal, or any short-haired fur. If liked (and there is sufficient fur) the sleeves could be striped with the seal or caracul.

The renaissance of the stripe is already embodied in some of the new fur capes, which, in alternate strips of caracul and sealskin, some six inches wide at the edge and tapering up to the throat, are set forth for the coveting of customers at a smart furrier's in town, and have at once won the suffrages of our transatlantic visitors, who, as some perverter of his mother tongue declares, are "great kernoozers in furs."

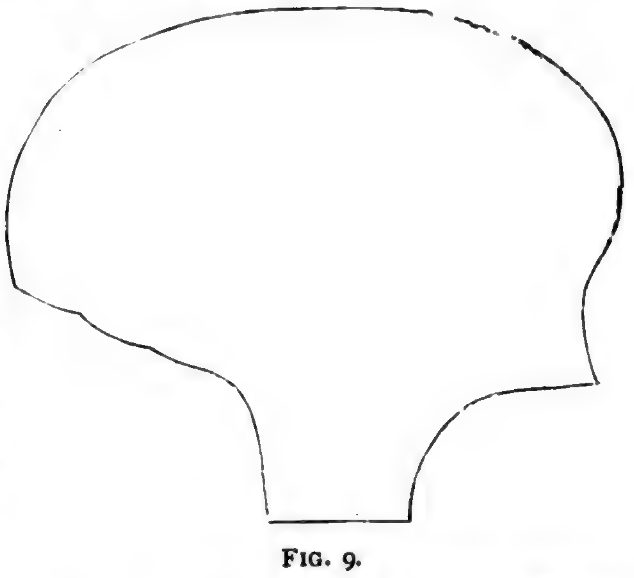


FIG. 9.

This novel notion in pelts should appeal especially to the possessors of sealskin coats and capes that have seen better days, and are hopelessly *démodé*. How easy to consign the same to an ingenious and skilled master of fur-cutting intricacies for transformation into an up-to-date garment in the most approved fashion.

To such a perfection is this gentle art of re-modelling brought in these modern times, that "new capes—or coats, as the case may be—for old," might well be emblazoned on the portals. Nor does the renovating process leave the merest hint to the uncharitable that the garment which has renewed its youth is not absolutely new. When will some benefactor of womankind discover some such alembic for la belle femme passée?

But everybody has not got a complete fur garment; while fur *garnitures* are cut up, as a rule, long before the whole is getting frowsy, because the altered shape demands it. So for the majority a combination of cloth and fur is the more economical and possible than a re-modelled fur possesses.

There is no trimming at the edge of coat basques this year, probably because they are so full and none of the longest. Some smart models in velours du Nord are edged with a mere line of feather. Even this is rare, though it matches agreeably enough with the line of feather round the Medici collar.

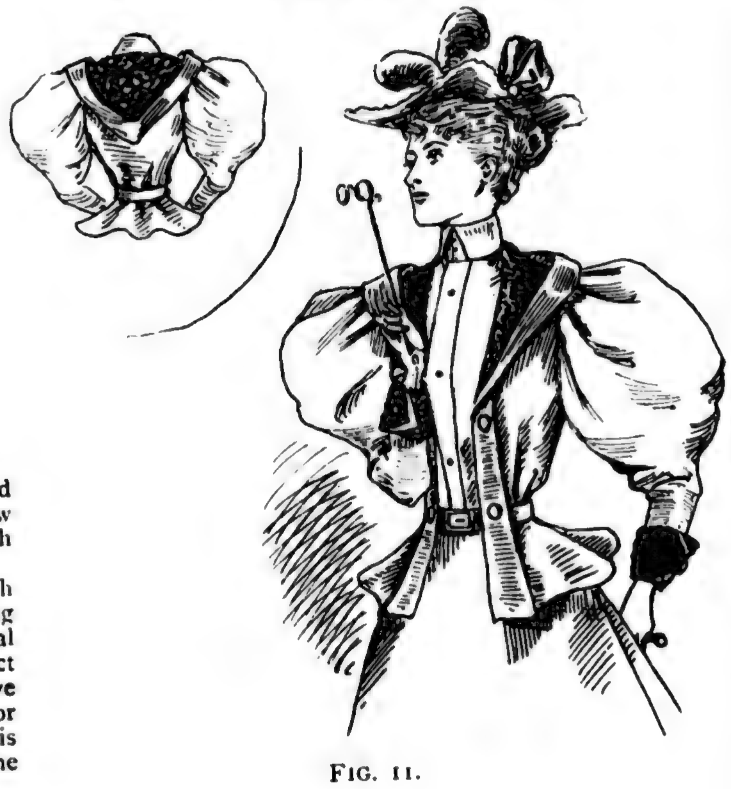


FIG. 11.

BYWAYS OF FASHION.

MANY and various are the uses of the fichu; all through the summer it has appeared in different guises as an outdoor addition to a smart costume; now that it is no longer serviceable in that capacity the fichu serves as a charming decoration for indoor dresses for morning wear, and for demi-toilette evening gowns.

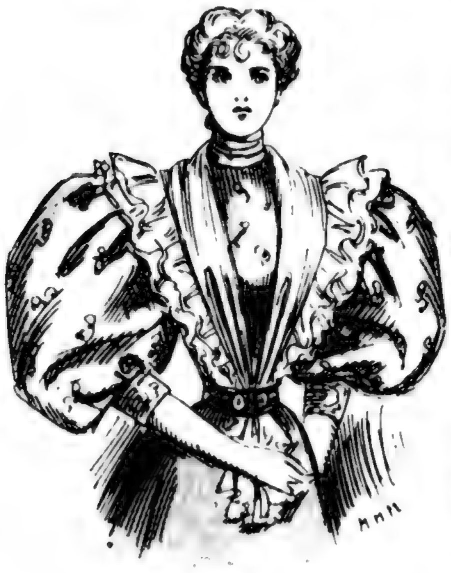


FIG. 1.

Fig. 1 shows a pretty adaptation of the fichu over a blouse of light-coloured fancy silk, with sleeves cut off at the elbow, for home dinner wear. The fichu is in chiffon, cream, pink, blue, etc., edged with a double frill, and with the ends drawn under the black satin belt, which is fastened with two diamond buttons. The fichu is rounded at the back, and the draped collar is of the chiffon.

Fig. 2 is a quaint and artistic afternoon tea-dress in flowered muslin or in soft silk. The short Empire bodice is quite plain and open a little at the neck. The fichu, of muslin or printed chiffon bordered with double frills, is crossed in front and fastened on one side with a bunch of real flowers. The sleeves are puffed to the elbow and end in a frill, the lower part is of the same material as the fichu and gathered up to lie in soft folds round the arm.

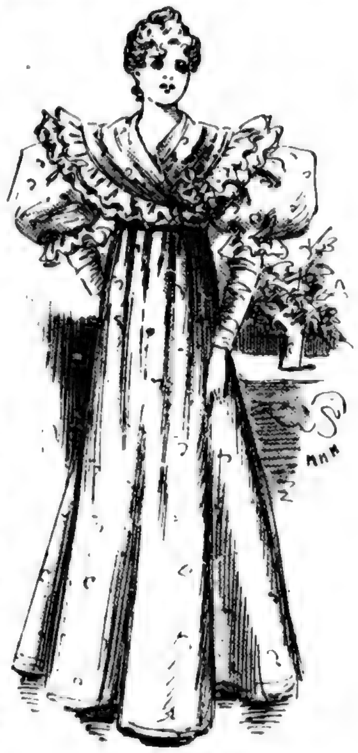


FIG. 2.

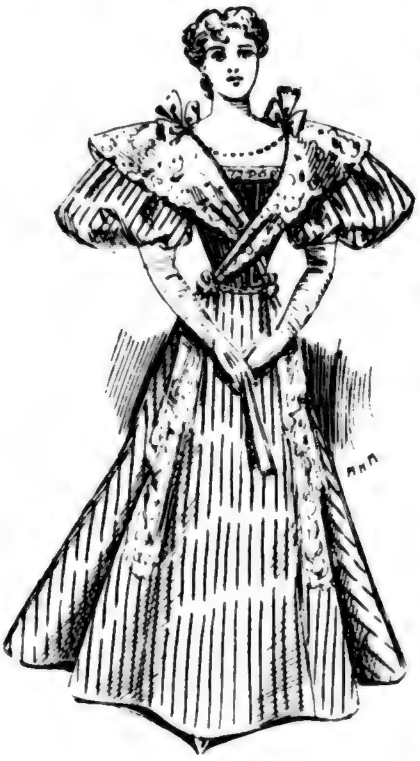


FIG. 3.

Fig. 3 gives another aspect of the fichu; this time it is in white or cream, and serves to adorn a simple evening gown of plain, striped, or fancy silk. In this particular case the skirt and sleeves are of black and white striped silk, the bodice of black chiffon outlined with white lace, and the fichu also of white lace with the long ends crossed below the bust, secured at the waist with black satin ribbon rosettes, and falling in long ends on the skirt. Black satin bows on the shoulders and a belt of jet complete a very pretty half-mourning dress.

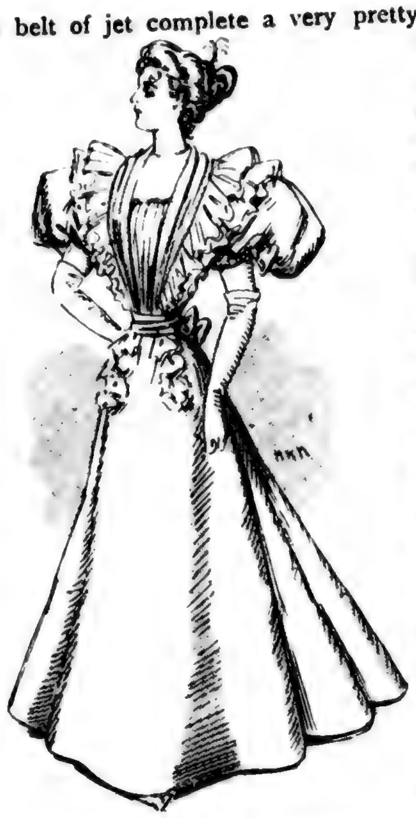


FIG 4.

Fig. 4 illustrates a rearrangement of a half-worn evening dress of white silk; the skirt and sleeves cleaned and lined with pale green satin, are accompanied by a bodice of white mousseline de soie over green satin, and a fichu of the muslin with frills edged with baby ribbon. The frills fall in short coquillé ends below the white ribbon sash, which is tied in a bow with long ends at the back.

Fig. 5 illustrates one of the crossed draped bodices that are charming on slight figures, but that should never be adopted by the stout. The right side of the bodice wraps over and is fastened under the left arm, the draped fronts disclosing a yoke of embroidered lawn over silk. The back of the bodice is of the dress material and seamless; the basque, although not a recent mode, is one that may still be adopted, and that makes a short-waisted bodice wearable on figures that would not look well in it without a basque. The yoke is pretty in cream lace over white satin, the dress being either black or coloured.

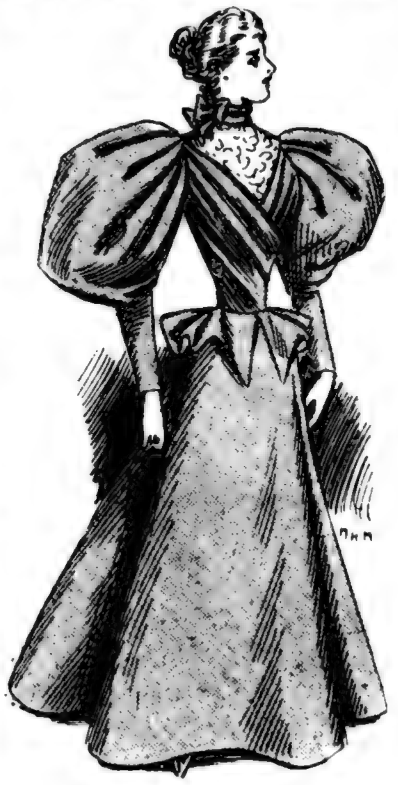


FIG. 5.

Fig. 6 is principally useful as showing a way in which either chiné ribbon or lace insertion may be employed in doing up a half-worn summer dress of silk, alpaca, or crépon for home evening wear. The dress is very pretty in pale grey or fawn, with a tucked chemisette of mauve chiffon, a collar to match, and the bands of cream lace lined with mauve satin ribbon to correspond. The sleeves could be made to end at the elbow, and finished off there with a band of lace over ribbon or a drapery of chiffon.

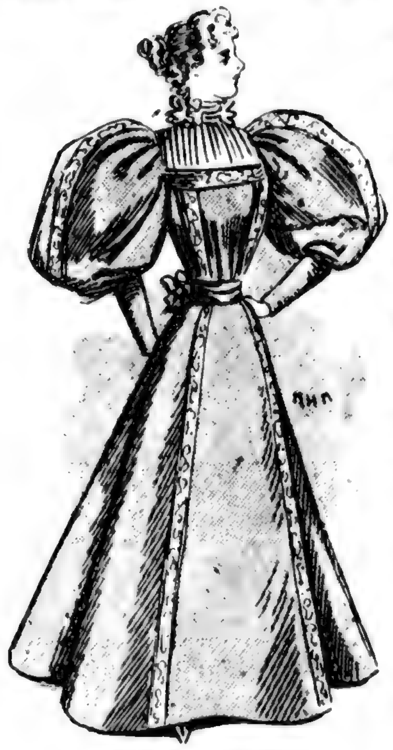


FIG. 6.

Fig. 7 is another renovation of a silk dress, for home evening wear. The fronts are in the form of a short square jacket; the box-pleated vest between these may be of the same silk, or of some other material and colour; the top is cut in a small V over a point of lace. Narrow lace is turned back on the jacket fronts and continued down the skirt on each side of the front breadth. Lace epaulets decorated with chiffon rosettes matching the collar, and gathered chiffon sleeves below the puff, make an easy and effective transformation.

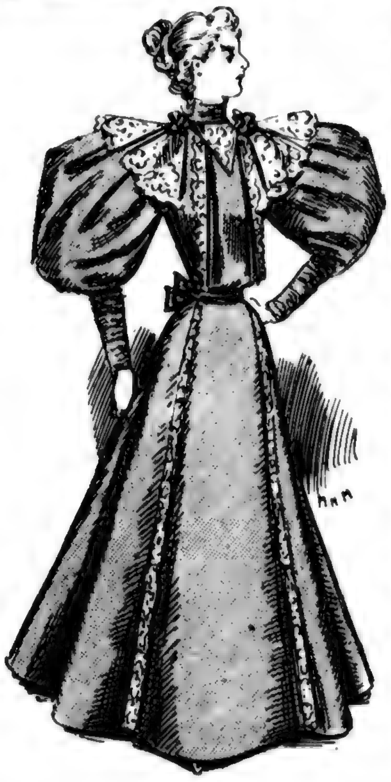


FIG. 7.

Fig. 8 shows the blouse bodice of a light coloured crépon dress, open in a pretty curved line from shoulder to waist over a chemisette of lace or of any pretty gauzy fabric. A narrow paillette galon trims the open fronts, and bows of ribbon decorate the collar, the belt, and the sleeves, that have had the lower part cut off. This is again neither an expensive nor a difficult alteration, and the effect is excellent.

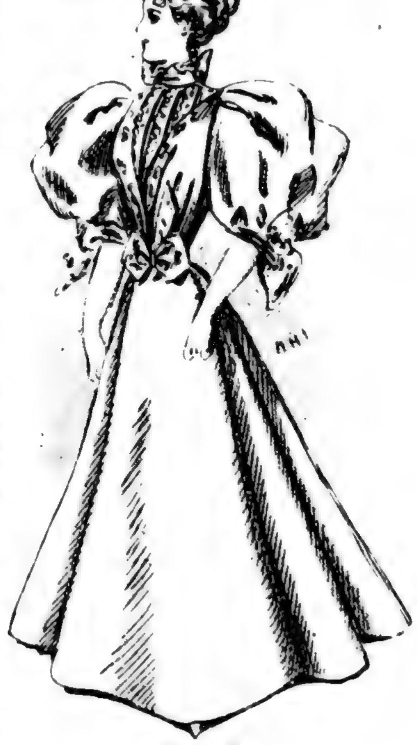


FIG. 8.

Fig. 9 is a stylish evening gown for a young matron. It is made in black satin or in black or coloured Louis velveteen, the bodice and sleeves covered with accordion-pleated flounces of chiffon to match. Straps of jet with fringed ends form bretelles over the shoulders.

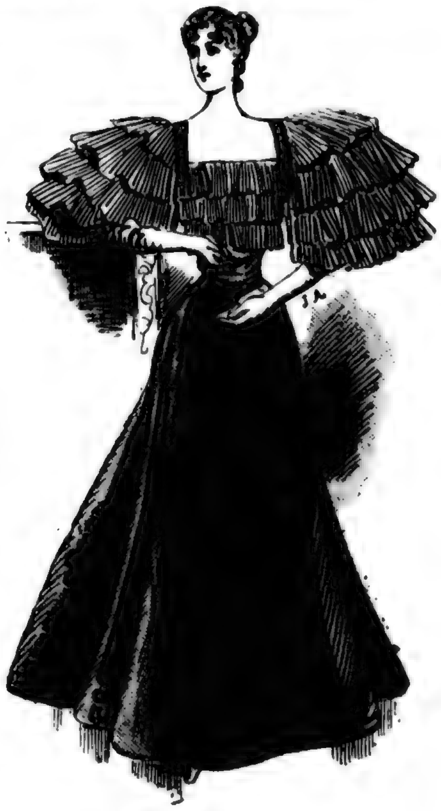


FIG. 9.

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FRECKLE CURE, THE NEW.—This is a preparation of great power for the entire removal of freckles, however obstinate. It is the prescription of one of our most eminent modern dermatologists, combined with the new Skin-fat, which has recently been isolated from sheep's wool. A trial of it is urgently solicited. 4s. 6d.

WALNUT JUICE AND NUTGALLS.—Having often been required to prepare Walnut Juice for ladies, I have found that it is not perfectly successful by itself as a hair stain. After many experiments I am at last able to introduce a combination of Walnut Bark and Nutgalls, which is perfectly effective in giving to grey hair various shades of rich natural brown, very different to the dull metallic black of lead restorers. It is at the same time perfectly safe (Walnut Juice has been used for centuries as a hair dye). Price 3s. 6d. per case, post free, with full directions.

DEPILATORY (POWDER).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. Science cannot achieve more. With directions, 2s. per packet.

"Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M D.

EYEBROW AND EYELASH DYE.—A simple and instantaneous application, requiring renewal only at long intervals. Has been much approved, and seems to have met a pressing want. Black or brown, 2s. 6d. per case.

"Nothing will darken the eyelashes permanently except a dye. Mr. Mason sells an eyebrow and eyelash dye at half-a-crown the case, black or brown."—Anna Kingsford, M.D.

SPECIAL EYEBROW AND EYELASH TONIC.—For promoting growth and luxuriance of Brows and Lashes, and improving their appearance. Though a powerful tonic, this is absolutely harmless and safe, and so bland and emollient that it may even be used for young children. 3s. 6d.

"Brush the eyebrows daily and nightly with a soft brush, moistened with Mason's Eyebrow Tonic."—Anna Kingsford, M.D.

GANTS GRAS POMADE.—A novel form of the well-known Gants Gras of the French and Italian perfumers of the last century. By its use (with soiled white kid gloves) the hands may be rendered beautifully white and soft in a few nights. 1s. 6d. per jar.

"The best cure for red arms is the use of a paste made of emollients, and worn all night. Mr. Mason has a 'Gants Gras Pomade' which will suit the purpose. Sleep in kid gloves smeared inside with Gants Gras Pomade. It is far more efficacious than cream rubbed in in the day time."—Anna Kingsford, M.D.

PEROXIDE OF HYDROGEN, OR BLEACHING FLUID.—For giving a bright golden tint to the hair. The only agent that will do this without injury to the hair, or to the skin, is Peroxide of Hydrogen, which is the base of most, if not all, of the expensive golden washes which are sold under attractive and high-sounding names. Mr. Mason will forward a supply with full directions, post free, 4s.

"Peroxide of Hydrogen is the only safe and convenient hair bleacher known."—Anna Kingsford, M.D.

FOR OTHER HAIR DYES AND COLOUR RESTORERS SEE THE ENTIRE LIST.

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PRETTY CURLS

Are a great addition in many cases to a pretty woman. The difficulty of how to keep the hair in curl has at last been solved by the discovery of "CURLETTA." A marvellous preparation, free from grease or sticky substances. Guaranteed to keep the hair in curl in all weather, or in the hottest room. 6 Of all Chemists and Hair Dressers.

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We guarantee that for Quality and Beauty of Shades our Flannelettes are unapproachable. We also supply Calicos, Shirtings, Dress Goods, Velveteens, and in fact almost anything necessary for ladies' wear, at about 25% cheaper than London Houses. How is it done? Because you buy from the source of Manufacture. Please give us a trial; you will not regret it. Patterns post free.

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One Box of Dr. Mackenzie's Improved Harmless Arsenic Wafers

THE SECRET

will produce the most lovely Complexion that the imagination could desire. Clear, Fresh, Free from Blotch, Blemish, Coarseness, Redness, Freckles, or Pimples. Sent post free for **4/6.**

Use **Dr. Mackenzie's Arsenical Toilet Soap.** 1/- per tablet, 3 for 2/6, postage 3*d.*

Beware of injurious imitations.

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DOES NOT CORRODE THE SKIN; KEEPS IT SMOOTH and VELVETY.

SOAP (for Sensitive Skins), Premier Vinolia Soap, **4d.** per Tablet.
CREAM (for Itching, Eczema, Face Spots). 1/1½, 1/9.
POWDER (for Nursery, Redness, Roughness, etc.) 1/-, 1/9.

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YOU WILL LOOK NEAT IN ONE OF OUR DRESSES.

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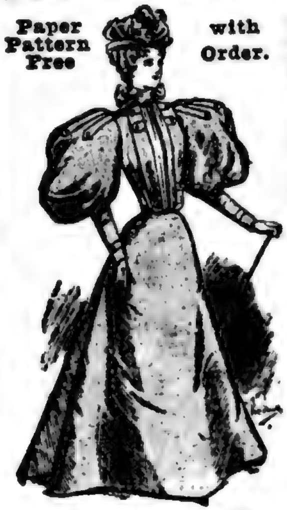

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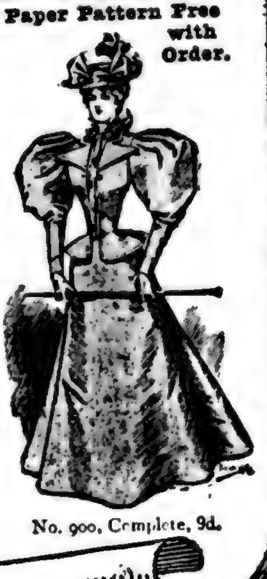
CHARMING NEW "FLAKE" TWEEDS, 1/6

per yard, 42 inches wide; they are well worth 2/- per yard, and are as thoroughly good as they are attractive. We have won a name for cheapness and good value by our Flake Tweeds during the past, and these are better than ever. Our Novelties for the season comprise Unchangeable Dye Serges, New Bouclé Tweeds, Habit Cloths, Spiral Serges, Fancy Cheviots, New Mohair Figures, Plain and Fancy Soleils, Black and Coloured Merinos, from 1/- to 3/- per yard, &c., &c., by the best designers and most reliable dyers, guaranteed British manufacture. We shall be pleased to send you our patterns and catalogue of New Winter Costumes by special Fashion Artist free, and to present you with a paper pattern with each Dress Length you may order. **5/6 Remnant Bundles.**

Please mention this paper.

HARTLEY & Co.,
The Warehouse,
Canal Road,
LEEDS.

Paper Pattern Free with Order.



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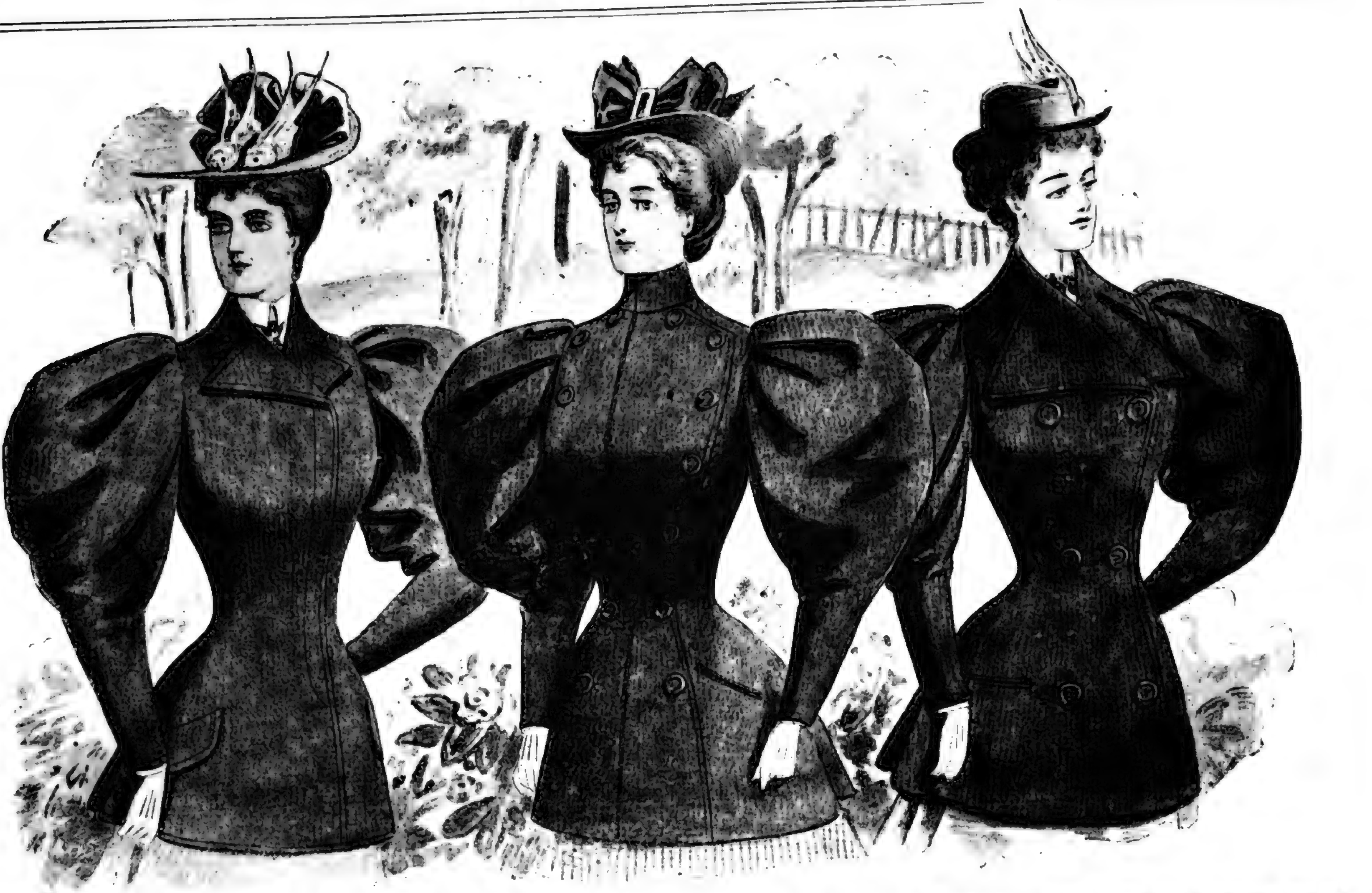

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PETER ROBINSON, OXFORD ST.

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INDISPENSABLE IN EVERY HOUSEHOLD!

It supersedes Raw Suet, Lard and Cooking Butter, for Puddings, Cakes, Pie-Crust, Frying and Cooking. It is made from best English Beef Suet only. Saves trouble of Chopping. Always ready for use. One pound goes as far as two pounds of Raw Suet. It is always sweet.

It is particularly DIGESTIBLE & WHOLESOME.
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IT IS ABSOLUTELY PURE.
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OF ALL GROCERS AND PROVISION DEALERS.

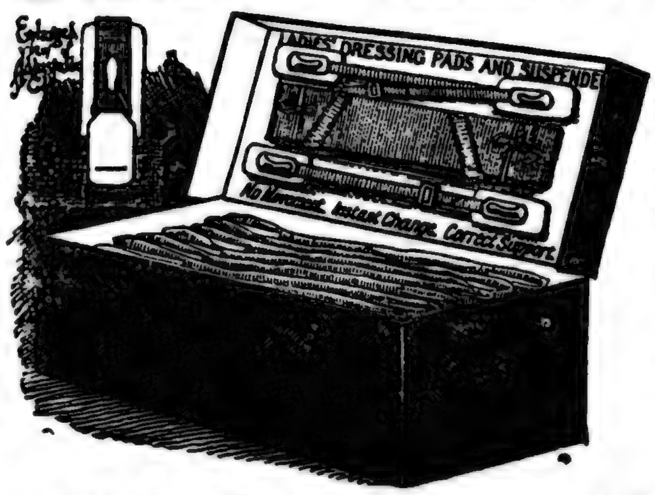
On receipt of 8d. (stamps) a sample 1lb. box will be forwarded, or address of nearest retailer will be sent on application to the Sole Manufacturers—

HUGON & CO., Ltd., PENDLETON, MANCHESTER.

BEEF SUET

"ATORA" BRAND

LADIES' DRESSING PADS.



LADIES' DRESSING PADS AND SUSPENDE
No Movement. Instant Change. Correct Support.

(The "PAZO," Regd.)

Unlike goods advertised as Towels, Towelettes, &c., these are absolutely frictionless.

They are made throughout of Absorbent Material, and are adjusted to the Belt in a few seconds.

Should be worn with the P.P.C. Belt, which will carry any kind of Towel.

Belt with Suspender and 12 Pads in Box, 2/6.

Send waist measure with order.

30 Pads sent post free, 2/-.

Illustrated Pamphlet and Sample free, 1d. stamp.

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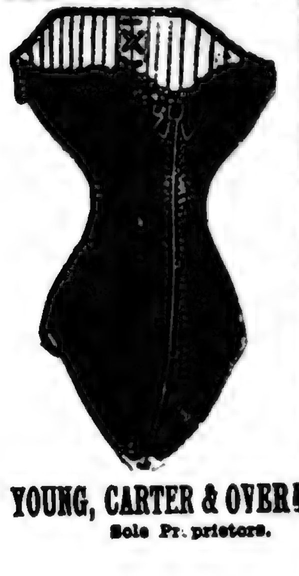
THE "DUCHESS" CORSET

THOMAS'S PATENT.



Is constructed on a graceful model for the present style of dress. The shape being permanently retained by a series of narrow whalebones placed diagonally across the front, gradually curving in and contracting the Corset at the bottom of the busk, whereby the size of the figure is reduced, the outline improved, a permanent support afforded, and a fashionable and elegant appearance secured.

Made in Black, White, and Dove. Prices, 10*s*.6*d*. and 14*s*.6*d*. Black Satin, 15*s*.6*d*.

Super Long Waist, 21*s*. Black Satin ditto, 21*s*.

The Celebrated Taper Busk used in these Corsets is the **most supple and comfortable of all Busks and absolutely unbreakable.** In purchasing, it is necessary to see that the name **"W. THOMAS"** is stamped on the Corset. Of all Drapers and Ladies' Outfitters. If any difficulty in procuring, please write for address of nearest retailer to

YOUNG, CARTER & OVERALL, 117 & 118, Wood Street.

Sole Proprietors. Wholesale only.

13/6 FASHIONABLE DRESSES.

Made to Measure. Lined Throughout.

FANCY AUTUMN TWEEDS and FINE HABIT CLOTHS (in the latest shades) made up in the latest fashion, at a price never before equalled.

FASHIONABLE TIGHT-FITTING DRESS, made to measurement, lined throughout, and fit guaranteed for **13/6**, carriage paid.

We hold nearly 5000 testimonials for the fit, cut, and workmanship of our goods.

Send stamp for new Autumn and Winter Patterns, styles, and instructions for measurement to

FRANK MURGATROYD & CO.,
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This famed Serge in Black, Navy, and Red.

Unsurpassed for Wear, Fast Dye, and Shrunk.

THE PERTH SERGE.

46-in **3/6** per yard

Patterns Post Free.
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JAS. McEWEN & CO., PERTH

LUXURIANT HAIR.

Long flowing Eyelashes, Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE; it is invaluable for the production of Whiskers, Beard, and Moustachois; it causes the Hair to grow on Bald Places and Scanty Partings like magic. To be had of most Chemists, 1s., or a box of it sent (with directions for use) free from observation, post free, for 15 stamps.

Mrs. C. JAMES, 268, Caledonian Road, London, N.

HAIR DESTROYER.

Mrs. JAMES'S DEPILATORY instantly and permanently REMOVES SUPERFLUOUS HAIRS from the Face, Neck, or Arms, without injury to the Skin. No lady should be without it. To be had of most Chemists, 1s., or a box of it sent (with directions for use) free from observation, post free, for 15 stamps.

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Sold Retail
Everywhere.

CHOCOLAT MENIER

Awarded
Prize Medals
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DAILY CONSUMPTION
EXCEEDS 50 TONS.

"FIBERINE"

The Most Practical Interlining!

Puffed Sleeves and Skirts with folds retain their beauty and shape when interlined with "FIBERINE." Packing or Crushing cannot affect it.

WHITE'S REGISTERED
PES DOUBLE WOVEN FEET.
DUPLEX STOCKINGS.

The entire foot and ankle is **WOVEN** Double toroughout, greatly strengthening every part which comes into contact with the boot or shoe, without a material increase of thickness.

THE MOST DURABLE AND COMFORTABLE STOCKINGS MADE.

Ask your Draper for them, and see that the REGISTERED LABEL is attached to each pair.

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WHOLESALE ONLY FROM
F. & W. E. WHITE, *Hosiery Manufacturers,* **Loughborough.**
Established 1790.

TRADE MARK.

PRIZE MEDALS
WHEREVER
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TRADE MARK.

Dewhurst's Sewing Cotton.

STRONG
EVEN
ELASTIC.

Ask for the "THREE SHELLS" Brand.

DEWHURST'S COTTONS are the BEST
FOR HAND OR MACHINE USE.

LATEST AWARDS:—
FIRST ORDER OF MERIT: Melbourne, 1888-9.
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Mitchell's CASTOR OIL

As manufactured in England by the British Castor Company, Ltd., is guaranteed pure, cold drawn, and Tasteless, and free from any bleaching, or other chemical treatment.

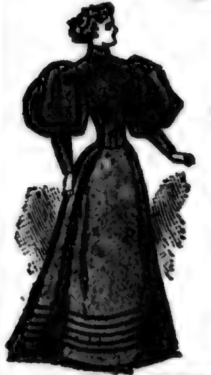
The *FAMILY DOCTOR*, 6th July, 1895, says: "'The taste is simply pleasantly nutty . . . another advantage which the oil manufactured by Mitchell's process possesses is that only half the ordinary dose is necessary, on account of its purity. We have a very high opinion of this cold drawn Castor Oil, and recommend it with confidence to nurses, mothers, and other household authorities."

Ladies who object to Castor Oil on account of its nauseous taste, should try Mitchell's, when the objection will immediately cease.

In Bottles at 6d., 9d. & 1s. Of all Chemist and Druggists. Or a **9d.** bottle will be sent post ree on receipt of **1s.** postal order direct from

The BRITISH CASTOR CO., Ltd.,
47. VICTORIA ST., LONDON, S.W.

G. S. MORGAN'S
"Tailor Made" 14/6 Costumes.



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COAT and SKIRT, and a variety of other styles in COATING SERGES, COVERT COATINGS, SCOTCH SUITINGS, and FANCY MATERIALS, from **25/-** to **£4/4/-**

Guaranteed Fit and Finish.

All Costumes are Carriage Paid.

Send for Patterns and Instructions.

GEORGE S. MORGAN, Ladies' Tailor,
MALPAS, CREWE.

COOK'S

"RIVIERA" SOAP,
GUARANTEED PURE
(SUPERFATTED),
FOR
Preserving the Complexion.

"HYGIENIC" TOOTH SOAP.
PRESCRIBED BY LEADING DENTISTS.

TRY ONE. **THREE GREAT HOUSEKEEPERS' BOONS** TRY ALL.

Once tried 2 Always used

Get them **MACK'S** DOUBLE STARCH Try them

CONTAINS IN PROPER PROPORTIONS GLOSS, BORAX, GUM, WAX, & &.

REQUIRES no addition or preparation. **SAVES** time, labour, and uncertainty. **PRODUCES** beautiful white glossy linen. **UNIQUE.** No other like it. **UNRIVALLED.** Sold in 1d. Packets, or 3d. and 6d. Boxes.

Rules for Starching and Ironing, a valuable Little Book. Post free 2 stamps.

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EASIEST, QUICKEST, CHEAPEST & BEST BLACKLEAD IN THE WORLD

In **HALF** the **TIME** with **HALF** the **LABOUR** you can produce **MORE POLISH** with **TWO** Penny Packets of **RISING SUN** than with **HALF-DOZEN** of ordinary Blacklead. Sold in ½d., 1d. & 2d. Packets.

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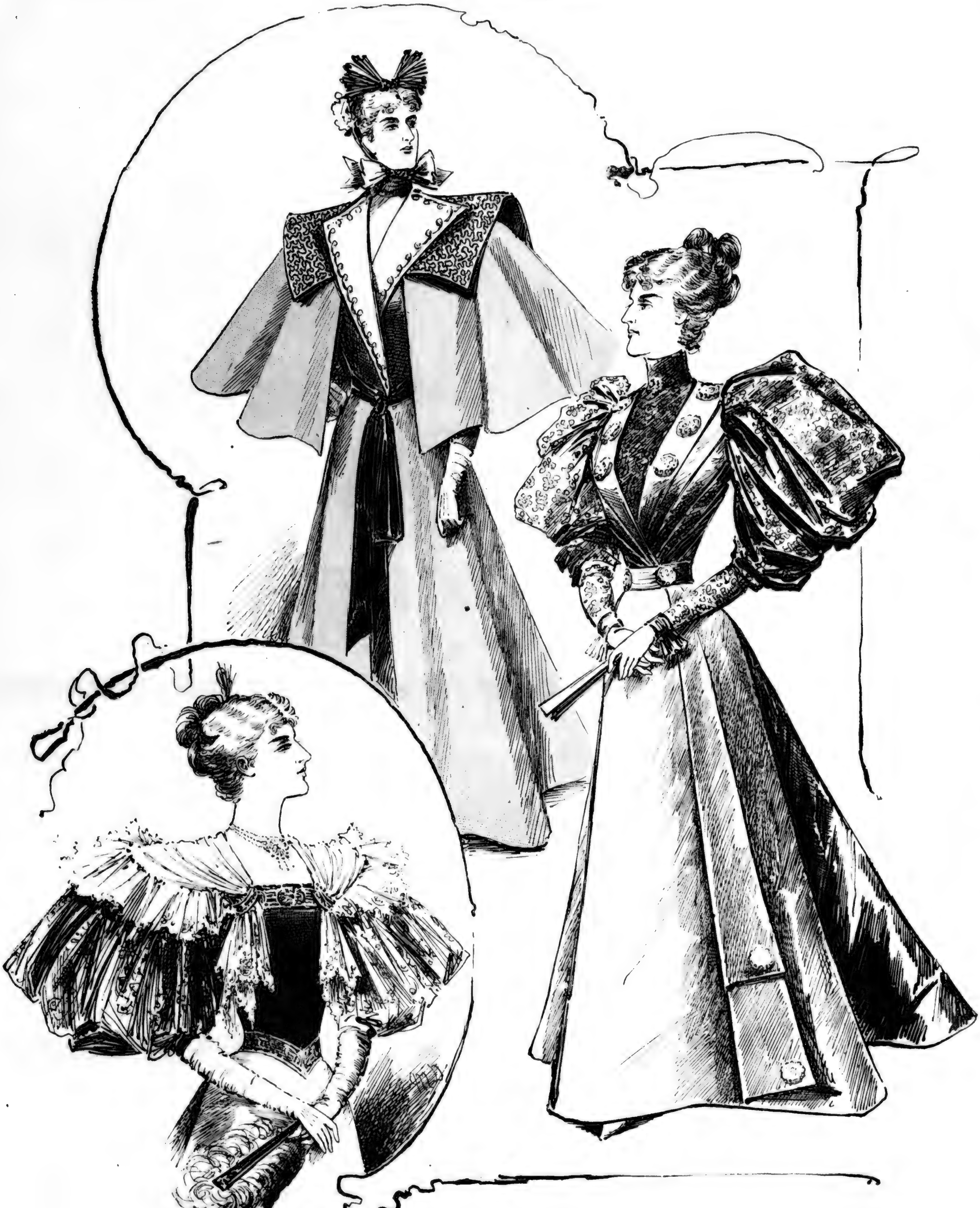
C. CHANCELLOR & CO., LONDON, E.C.

FASHION SUPPLEMENT.



No. 5. DRESSES FOR MIDDLE-AGED LADIES.

(*For Descriptions see Page* 29.)

Prices of Flat Patterns, Skirts and Bodices, 6½*d. each, of* MADAME MYRA, 95, *Regent Street, W.*

FASHION SUPPLEMENT.

COSTUMES FOR OCTOBER.

Fig. 1. Smart walking costume in grey mohair; the jacket bodice open over a white silk waistcoat with a coquillé of lace down each side.

Fig. 2. Evening dress in shot green and white satin; the bodice of white chiffon over pale green. Bretelles and sash of mauve ribbon.

Fig. 3. Tweed bodice buttoned on the chest over a suède kid waistcoat. The basque rounded and rather full. White collar and tie.

Fig. 4. Smart house dress in old rose crêpon, the seamless bodice open with revers over a shirt of white surah. Black tie and black belt fastened with a silver buckle.

Fig. 5. Child's frock in white veiling; the bodice front pleated, the sides covered with a little lace jacket. Lace cuffs. Blue ribbon braces.

Fig. 6. Cloth jacket matching the skirt; made with a deep full basque and novel collar and revers, the points crossing near the arm. Silk vest and collar. New felt hat trimmed with black ribbon.

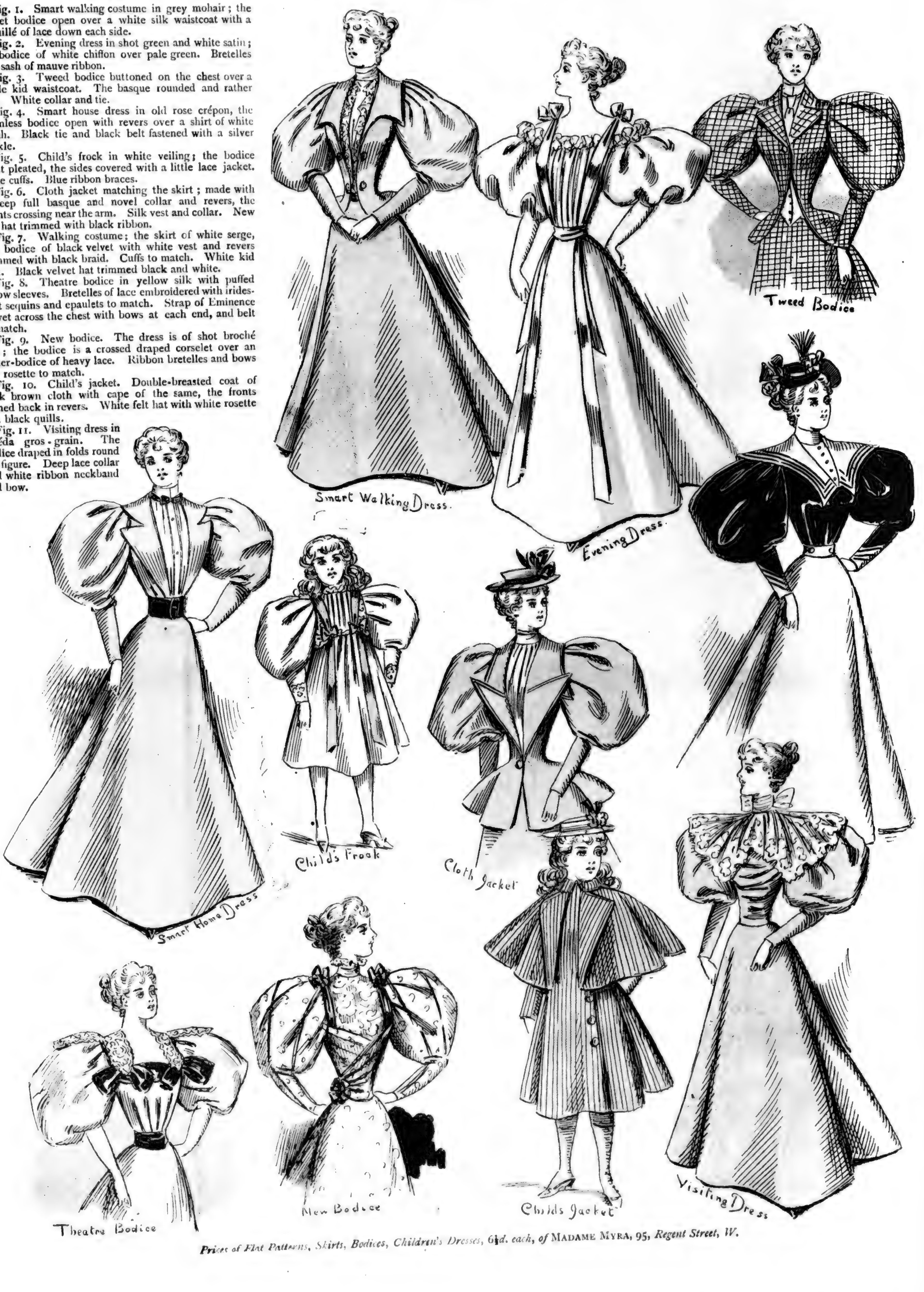
Fig. 7. Walking costume; the skirt of white serge, the bodice of black velvet with white vest and revers trimmed with black braid. Cuffs to match. White kid belt. Black velvet hat trimmed black and white.

Fig. 8. Theatre bodice in yellow silk with puffed elbow sleeves. Bretelles of lace embroidered with iridescent sequins and epaulets to match. Strap of Eminence velvet across the chest with bows at each end, and belt to match.

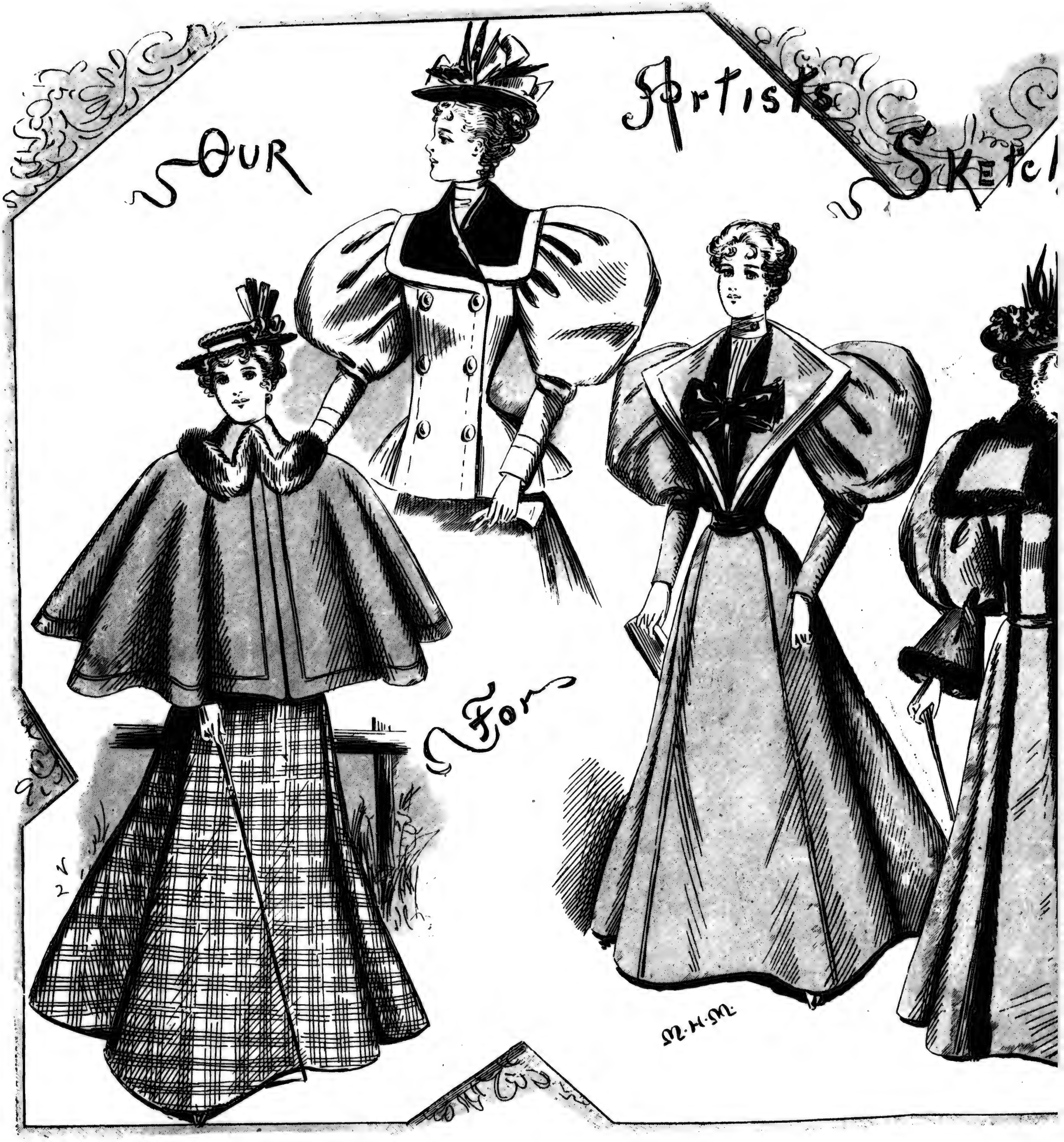
Fig. 9. New bodice. The dress is of shot broché silk; the bodice is a crossed draped corselet over an under-bodice of heavy lace. Ribbon bretelles and bows and rosette to match.

Fig. 10. Child's jacket. Double-breasted coat of dark brown cloth with cape of the same, the fronts turned back in revers. White felt hat with white rosette and black quills.

Fig. 11. Visiting dress in réséda gros-grain. The bodice draped in folds round the figure. Deep lace collar and white ribbon neckband and bow.

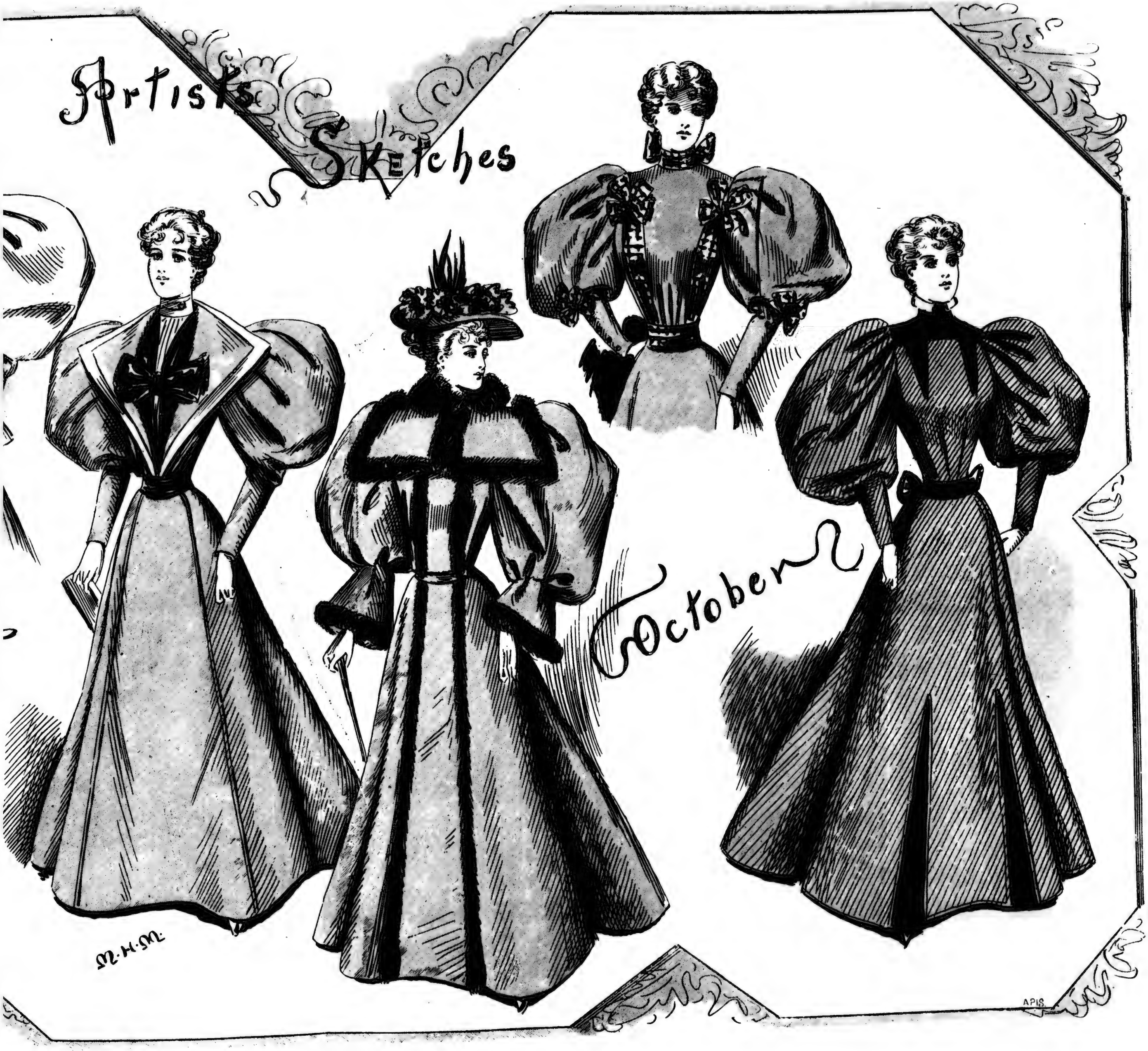


Prices of Flat Patterns, Skirts, Bodices, Children's Dresses, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*


Our
Artists'
Sketc
For
M.H.M.

COSTUMES AND MANTLES FOR AUT

SUPPLEMENT TO "MYRA'S JOURNAL," OCTOBER 1, 1895.


Artists Sketches
October
M.H.M.
APIS

COSTUMES AND MANTLES FOR AUTUMN WEAR.

FASHION SUPPLEMENT.

AUTUMN FASHIONS.

Fig. 1. Smart tea-jacket in pink broché silk with puffed elbow sleeves. Fichu of pink silk muslin edged with cream lace knotted on the chest over a narrow plastron to match.

Fig. 2. Home dress of beige alpaca, the skirt bordered with a band of black silk. Alpaca blouse with pleated front and centre pleat, and belt of black silk. Small gold buttons on the pleat and fastening the sleeves.

Fig. 3. Tea-gown in black silk or satin. The top cut square over a pleated chemisette of pale blue silk, and light under-sleeves of cream lace over blue silk. Bretelles of black and blue fancy galon ending in knots of blue ribbon and pleated ends of cream lace.

Fig. 4. New costume in mohair, the skirt open on each side in front over narrow panels of Lister's printed silk plush. Front of bodice of the plush with pleats of mohair; the back and sleeves of mohair. Silk collar.

Fig. 5. Novel evening gown in white silk crêpe with bodice of satin draped with crêpe. Large epaulets of satin embroidered with silver sequins. Scarfs of rose-pink silk muslin gathered up in puffs on the shoulders, the long ends falling on the skirt.

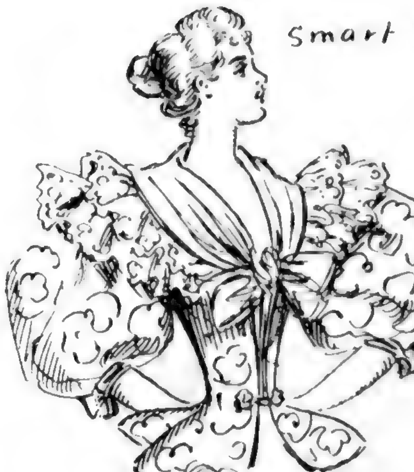
Fig. 6. Tweed costume, consisting of skirt and loose double-breasted jacket. Very effective also in red serge. Cream felt hat.

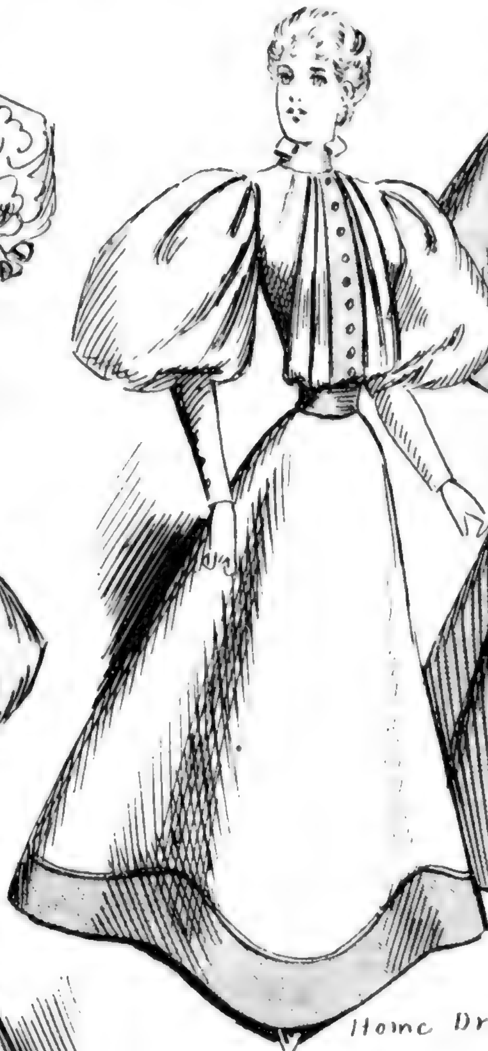
Fig. 7. Afternoon costume. Skirt of red woollen with black silk blouse mounted on a square yoke of red silk embroidered with black sequins. Red silk collar. Black silk sash with bow and ends on the right side.

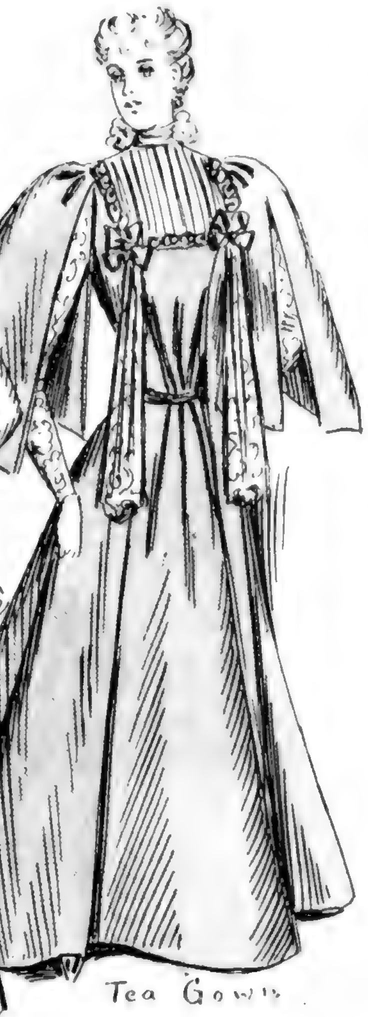
Fig. 8. Travelling pelisse in fancy tweed. Tight-fitting coat with stole pleat in front, epaulets and short cape over the sleeves. Bretelles of black passementerie. Rolled collar divided in tabs.

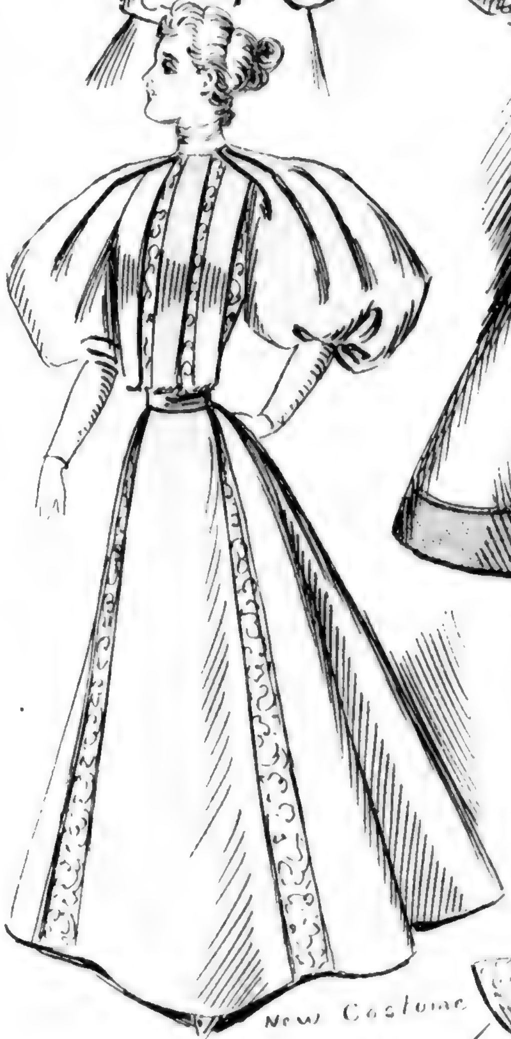
Fig. 9. Evening cape. Double cape in lavender grey cloth, the upper cape cut in deep points stitched at the edge. Fur collar. Silk lining.

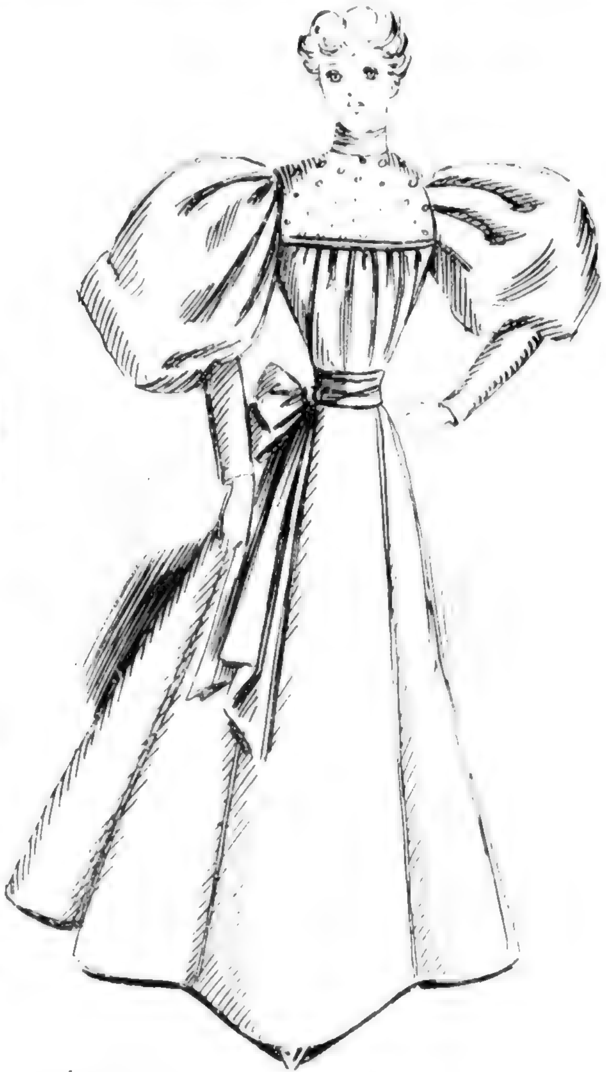
Fig. 10. Evening blouse in pale mauve silk with puffed elbow sleeves slashed over petunia mirror velvet. Plastron and belt of velvet. Lace collar forming bretelles.

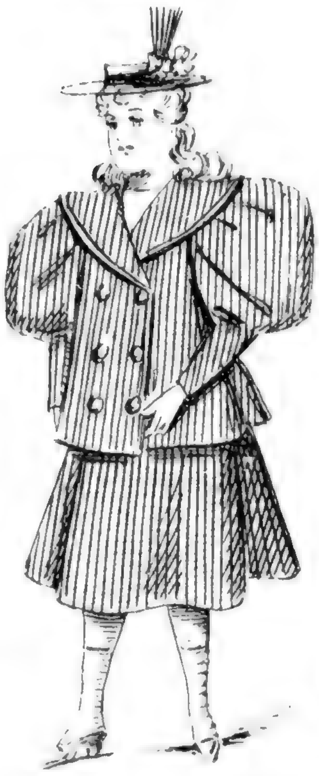

Smart Tea Jacket

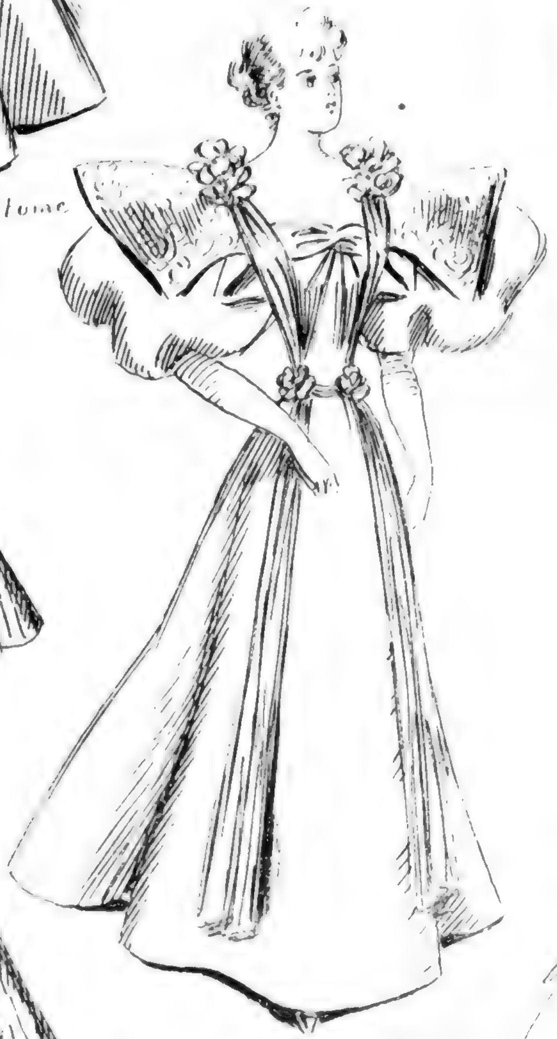

Home Dress

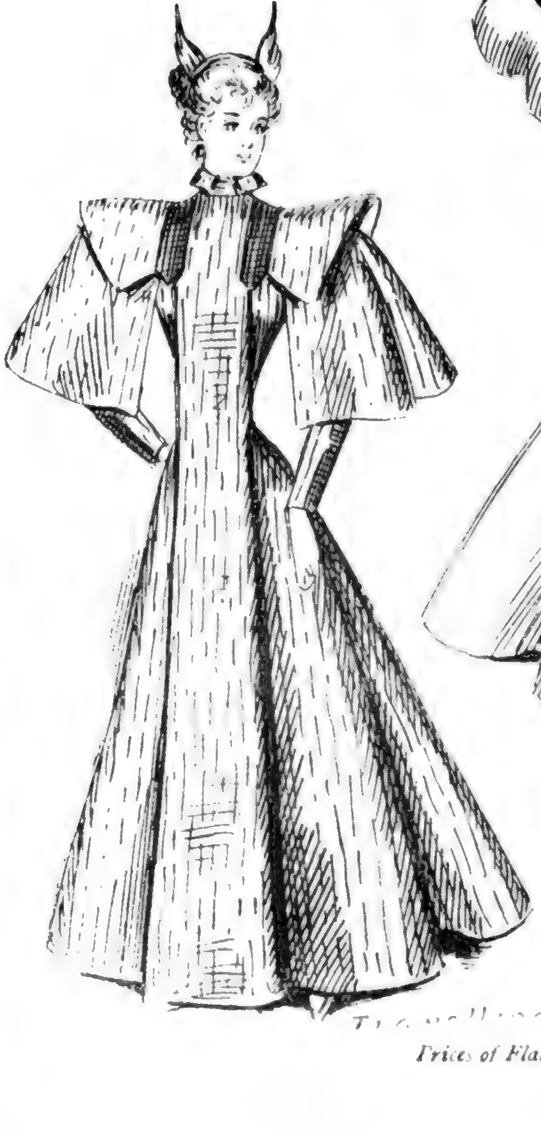

Tea Gowns

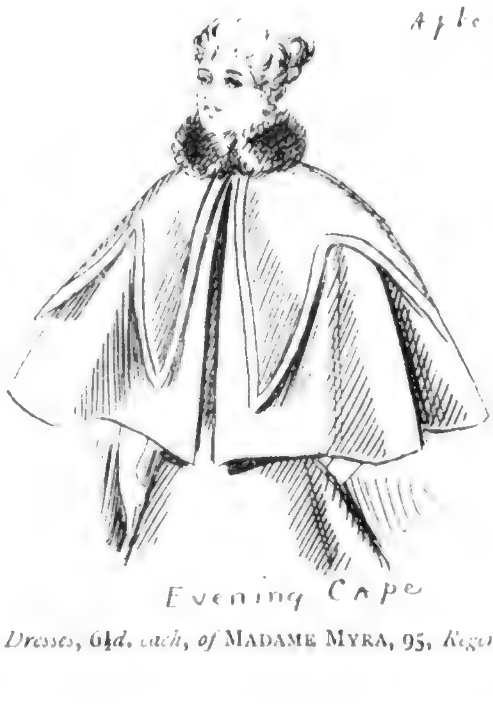

New Costume

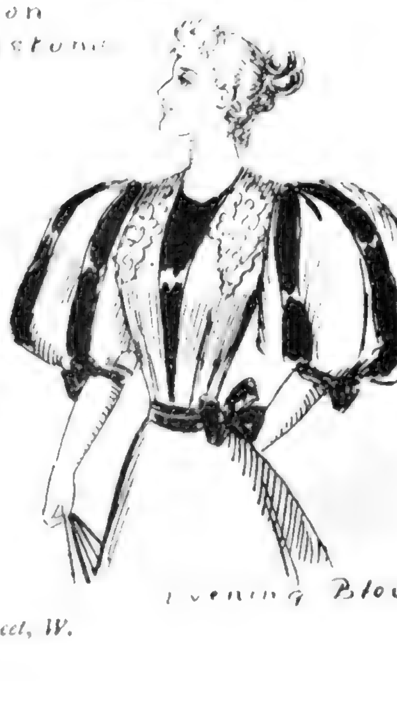

Afternoon Costume


Tweed costume


Novel Evening Gown

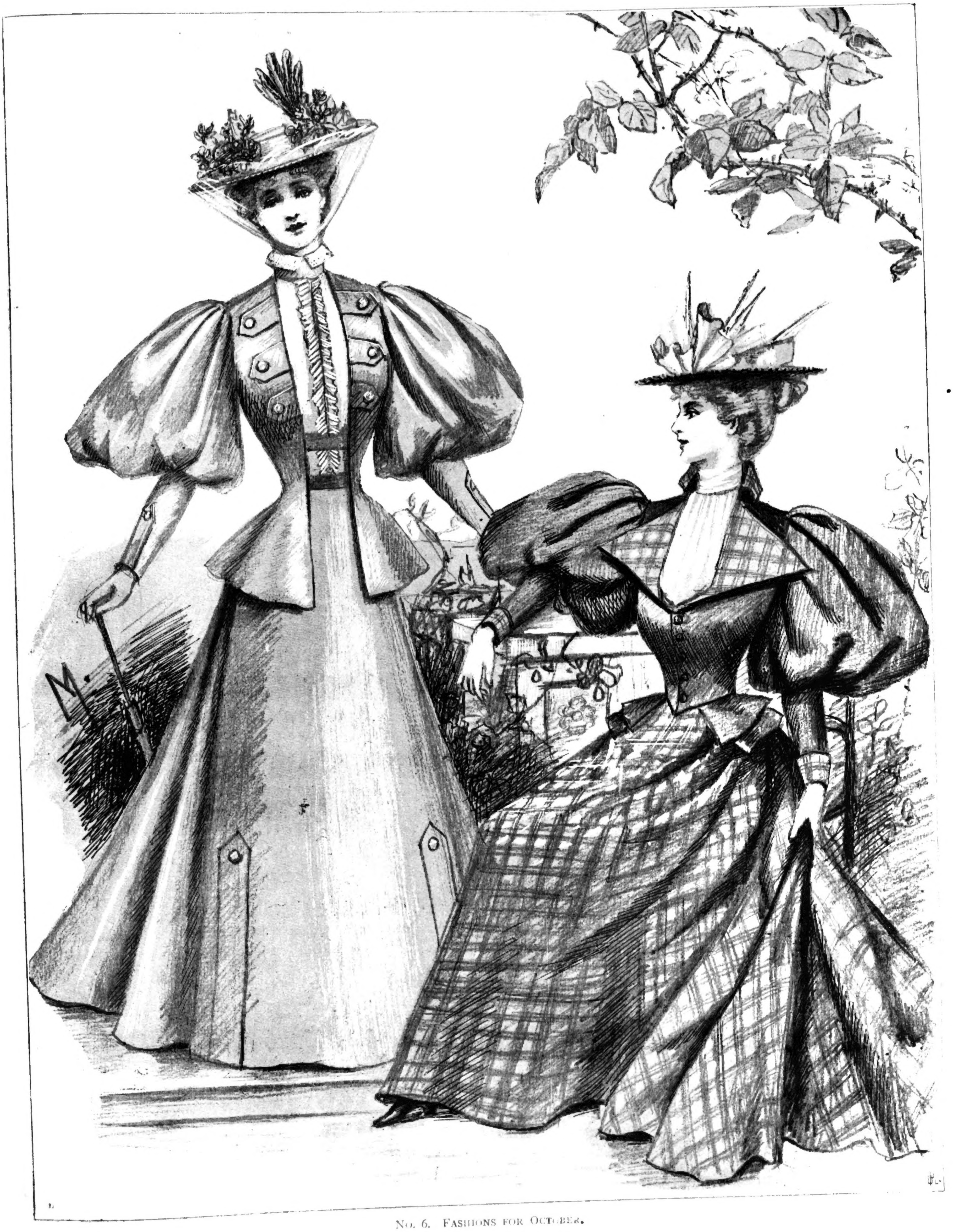

Travelling Pelisse


Evening Cape


Evening Blouse

Prices of Flat Patterns, Skirts, Bodices, Children's Dresses, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*

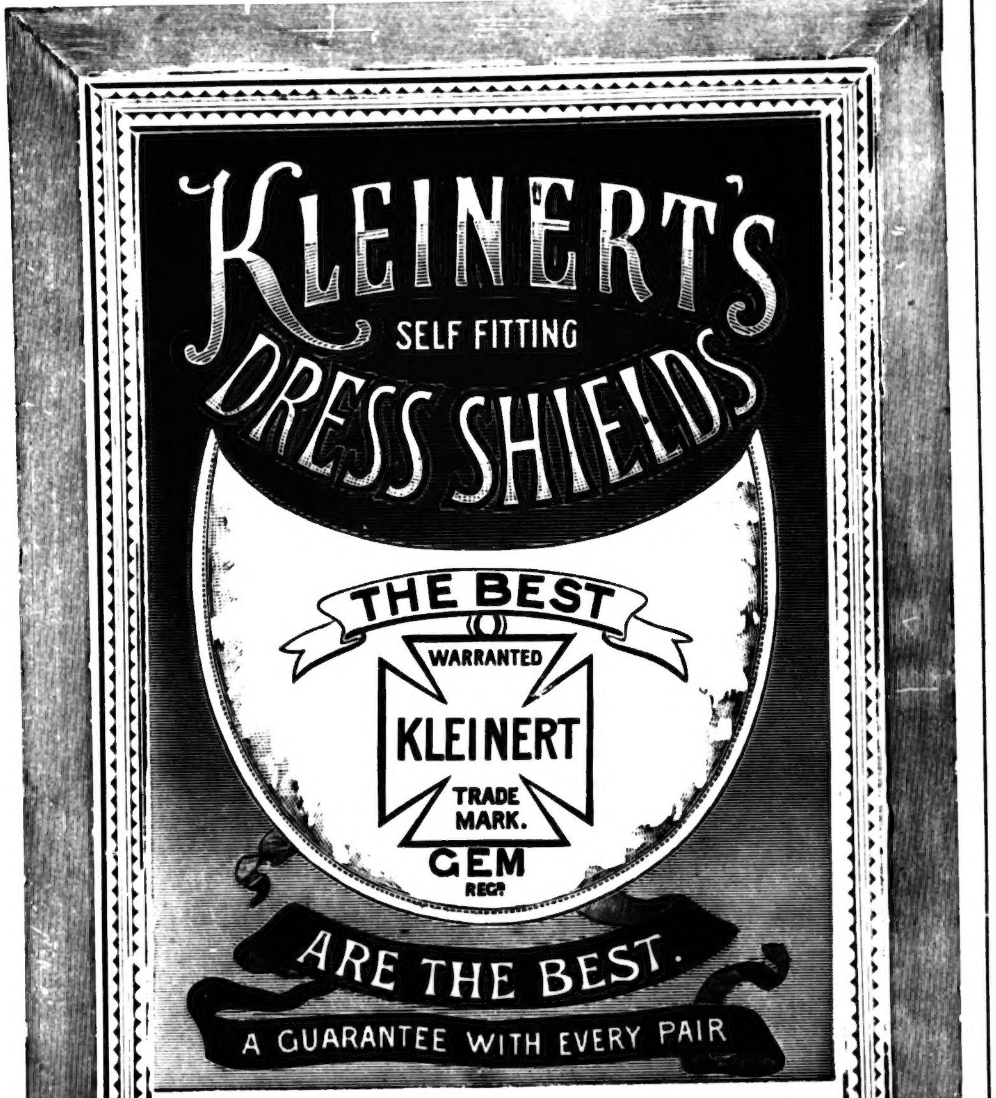
FASHION SUPPLEMENT.



No. 6. FASHIONS FOR OCTOBER.

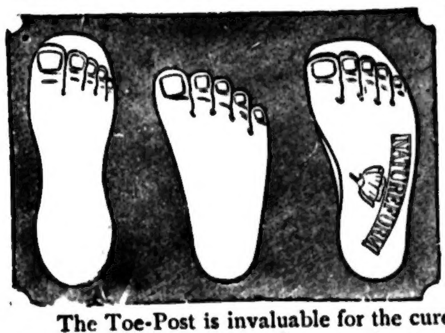
(*For Descriptions see Page 29.*)

Prices of Flat Patterns, Skirts and Bodices, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*



PURE RUBBER VELVET FINISH
COVERED WITH NAINSOOK, SATEEN, OR SILK.
Best for Blouses. **SOLD BY ALL DRAPERS**
May be seen and obtained at Madame MYRA'S SHOW-ROOM, 95, REGENT ST., W.

CHILDREN ARE BORN RIGHT.



Therefore preserve their feet from infancy by the true form of Shoe—

"NATUREFORM."

Adults need assistance in regaining healthy and true feet. They need—

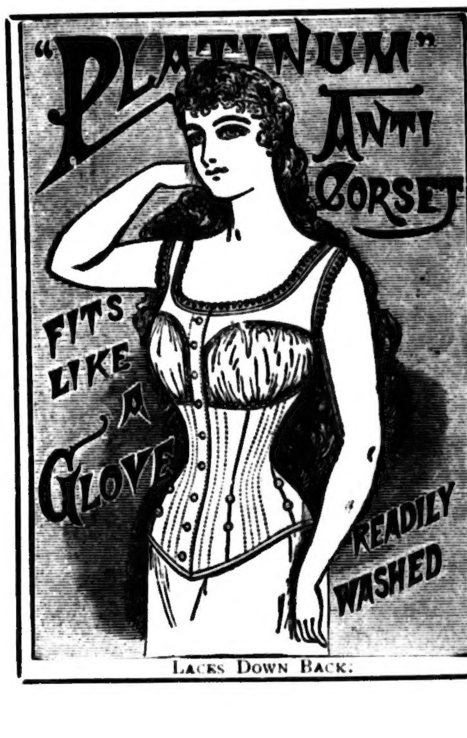
1. The NATUREFORM SHOES
2. A TOE-POST.
3. The DIVIDED SOCK.

The Toe-Post is invaluable for the cure of bunions, corns, stiff toe-joints, varicose veins, flat feet, overlapping toes, hammer toes, paralysed toes, gout, rheumatic gout, feebleness of knees, infalling ankles, weak back, stooping habits.

THESE HORRORS WILL GO { **IF—YOU TRY A TOE-POST.**

Write for full particulars to—

HOLDEN'S, 223, Regent St., LONDON, W.



LACKS DOWN BACK.

THE SUBSTITUTE FOR STAYS.

A More Perfect Figure than with Ordinary Corsets.

HIGH & LOW NECK,

6/11, *8/6, 12/9, &c.

* Specially recommended. Elegantly finished.

Lower Nos. at 3/11, 4/11, 5/11, &c.

Can also be had with Platinum Busks instead of Buttons, 1s. extra.

Explanatory Pamphlet Free, or Samples sent on APPROVAL through a Draper.

HERTS, SON & CO., Ltd.,
Wood Street, London, E.C.
Factory—Ridgmount Street, W.C.

FIBRE CHAMOIS

"The Ideal Interlining" for Ladies' Dresses.

A Gown lined with Fibre Chamois has about it a witchery of charm which is hopelessly unattainable by any other means. The properties of this material are such that no amount of crushing has a deleterious effect upon it. A slight shake of the garment, no matter how badly creased, will restore it to its original condition.

The Gentlewoman says: "Fibre Chamois *has no rival*, but stands alone as one of the most astonishing inventions ever introduced into the 'World of Fashion.'"

Made in three weights, Nos. 10, 20, and 30; Light, Medium, and Heavy; 64 inches wide. Price 1/6 per yard.

SOLD BY ALL LEADING DRAPERS.

MANUFACTURED BY

THE INTERNATIONAL FIBRE CHAMOIS CO.
18, ALDERSGATE STREET, LONDON, E.C.

CAUTION.—Imitations of Fibre Chamois are being foisted upon the public by certain unscrupulous traders. Beware of them. See that your counter bill reads "FIBRE CHAMOIS," and avoid substitutes.

SPECIAL TO LADIES.

Wedding and Bridesmaids' Dresses specially designed by our own Artistes.
Court, Dinner, Evening, Reception, and Promenade Dresses.
Tailor-made Gowns, Bicycling Costumes, &c., by our own Tailors.
Mantles specially designed. Original Designers in Millinery.
Ladies' Materials Made and Furnished, from 25/.

MOURNING ORDERS at one day's Notice.

Artistic, Elegant, Original, Unique. No fitting required if good fitting bodice is sent.

DURING OUR SUMMER SALE, EXCEPTIONAL BARGAINS.
Tea Gowns from £1 1s. Garden Party Dresses from £1 1s. Silk Blouses from 17/6. Muslin Blouses from 10/6. We offer exceptional facilities in Price and Quality to ladies studying Economy. Application invited for Estimates and Patterns for every Department of Ladies' Dress.

AN EARLY APPLICATION IS REQUESTED.

ARTISTIC DRESS CO., Ltd.,
Court Dressmakers, Mantles, and Millinery,
28, CONDUIT ST., BOND ST., LONDON, W.
(Ring second bell)

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Softer with every Wash

UNSHRINKABLE FLANNELS

FOR Garments of every kind

ENDLESS WEAR.

FOR NEAREST AGENT APPLY TO

BARKER & MOODY, PERSEVERANCE MILLS, LEEDS.

RAPID CLEANSER

FADED and SOILED ARTICLES of WEARING APPAREL, FURNITURE CARPETS, RUGS, &c., INSTANTLY CLEANED and the COLOURS RESTORED to their ORIGINAL BRILLIANCY by this SOAP.

FRESH INK, GREASE, and other STAINS REMOVED at ONCE with this SOAP, Cold Water and Sponge.

INVALUABLE for FLOORCLOTHS and PAINT-WORK. Soap to be applied with a Sponge, or Flannel, and Water.

RAPID AND EFFICIENT.
ONE TRIAL WILL CONVINCE.

OBTAINABLE FROM ALL GROCERS AND OILMEN.

See that "BARNES SOAP CO." is on every wrapper.

If any difficulty is experienced apply to the makers, and if 3*d*. in stamps is enclosed a sample bar will be sent by post. Sole Proprietors—

BARNES SOAP CO., Ld., 8, Great Winchester St., London, E.C.

Only a strong skin can stand strong soap with strong scents.

VINOLIA SOAP agrees with the most Delicate, Sensitive, Irritable Skin.

PREMIER VINOLIA SOAP, 4d.

Is a Complexion Soap.

HOLLOWAY'S OINTMENT

Mr. J. T. COOPER,

in his celebrated *TRAVELS IN CHINA*, published in 1871, says:—

"I had with me in my travels a quantity of Holloway's Ointment. I gave some to the people and nothing could exceed their gratitude and, in consequence milk, fowls, butter, and horse-feed poured in upon us, until at last, a teaspoonful of Ointment was worth a fowl and any quantity of peas, and the demand became so great that I was obliged to lock up the small remaining stock."

This unrivalled OINTMENT cures BAD LEGS, BAD BREASTS, OLD SORES, wounds, ulcers, stiff joints, gout, rheumatism, bronchitis, diphtheria, coughs, colds and all skin diseases.

MADAME FRAIN'S
FAMOUS FEMALE MIXTURE.

The most powerful and effective on earth. For the most obstinate cases. Will not injure the most delicate. Price 7s. 6d. (strongest 11s.) per bottle. Post free, 6d. extra.

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Send at once stamped directed envelope for particulars and proofs. I will forfeit £100 for every testimonial that is not genuine, and they can be seen at any time.

A BOON to LADIES.

COLLINS' FAMOUS REMEDY.

Never Fails to quickly relieve all distressing symptoms so prevalent with the sex. Free by post, 5/- per bottle.

Full particulars and testimonials sent on receipt of address

D. COLLINS, Gothic House, 9, Erskine Street, LIVERPOOL.

LADIES! LADIES!! LADIES!!!

DASMAIL'S MAGICAL SPECIFIC.

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Never fails in the most obstinate and LONG-STANDING CASES of IRREGULARITIES, &c. Before sending elsewhere apply for our Price List and Testimonials.

Don't be led away by Imitators and others who have no Medical Experience whatever.

THE ONLY EFFECTUAL AND NEVER-FAILING GUARANTEED REMEDY ON EARTH.

A. DASMAIL, Specialist. 183, LANGDALE, WALTHAMSTOW. Established 50 Years.

In majority of Cases acts in 24 hours.

A CLEAR COMPLEXION!

PIMPLES, BLACK SPECKS, and Unsightly BLOTCHES on the Face, Neck, Arms and Hands can be INSTANTLY REMOVED by using Mrs. JAMES'S HERBAL OINTMENT, made from herbs only, and warranted free from anything injurious. It possesses a most delightful fragrance, and the lovely clearness it imparts to the skin is perfectly astonishing. Ladies at the seaside derive wonderful benefit from the use of this, as it entirely eradicates freckles, sunburns, and roughness occasioned by the winds and prevents the approach of wrinkles. Mrs. James solicits a trial from those who have not used it, when she feels confident they will have nothing else. *Sold by all Chemists*, in boxes, 1s. 1½d., 2s. 9d., and 4s. 6d. (bearing the Government Stamp), or it will be sent with directions for use, post free, and free from observation, to any address on receipt of 15, 35, or 57 stamps.

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ROGERS' "NURSERY" HAIR LOTION

Destroys all NITS and PARASITES in Children's Heads, and immediately allays the Irritation. Perfectly Harmless.

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COUPON.—October 1st, 1895.

BEST SET OF SIX EMBROIDERED DESSERT D'OYLEYS.

Name

Address

(This Coupon must be used by all who join in the Competition.)
Form to be filled and sent to Editor, MYRA'S JOURNAL, 6, Fetter Lane, E.C.

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THE "LOUIS" VELVETEEN

For its rich, handsome appearance, lovely artistic draperies, and sterling good wearing qualities, we recommend for seasonable and fashionable Outdoor Dresses, Dinner and Reception Gowns, Tea Gowns, Children's Dresses, and all Trimming purposes, &c., at a very moderate cost.

THE CELEBRATED "LOUIS" VELVETEEN.

The New Colours and Art Shades are unequalled for variety, brilliancy, and depth of tone, while the lustrous bloom and soft, rich texture of the Blue-Black has altogether the appearance of a beautiful Silk Velvet.

NOTE WELL—Every Yard of the Genuine bears the Name (spelled "**L-O-U-I-S**"), and is guaranteed.

Ladies are specially requested to see that the name "LOUIS," with a guarantee of wear, is stamped at the back of each yard, as without this none is genuine.

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CHOCOLAT
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COCOA

70 YEARS REPUTATION

CHOCOLAT (SANTÉ and VANILLÉ) in ¼ and ½ lb. PACKETS.
PURE SOLUBLE COCOA in ¼, ½, and 1 lb. TINS.
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FOR
Infants & Invalids.

VERY NOURISHING and PALATABLE.

Does not Curdle in the Stomach.

ALSO
INVALUABLE for BABIES in the time of WEANING.

Sample Tin and Pamphlet, with Testimony of the Highest Medical Authorities sent free on application to
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"First-rate quality"
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DIRECT FROM THE MANUFACTURERS

LADIES are invited to WRITE FOR PATTERNS (sent POST FREE) of the NEW AUTUMN DRESSES in **Friezes, Meltons, Zibiline Cloth, Serges, &c.**

INVINCIBLE
8/9 TWEEDS 8/9

Universally admitted the **Best Wearing Tweeds** ever offered, can only be obtained direct from the Westmorland Woollen Co.

TRAVELLING RUGS, HORSE CLOTHING, &c.

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Use only

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Ladies' Dresses

in the light, soft materials worn during the past summer, French-cleaned, without unpicking, or dyed the darker shades so fashionable this season.

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in Damask or other woollen, silk, or mixed fabrics, dyed and finished as when new, or dry cleaned whole. Starched Curtains cleaned or dyed any colour.

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